

FARM NOTES.

There are not many farmers who would be willing to spread 40 or 50 loads of stable manure over the apple orchard; yet if they would do so they would find out that apples are profitable, as the manure would increase the yield, improve the quality and make them more salable in the market. If the manure is not obtainable a fertilizer consisting of 400 pounds of bone meal, 300 pounds sulphate of potash and 100 pounds of nitrate of soda will not be too large an application for one acre.

Late cabbage laid in shallow trenches roots up will keep well if not placed too close together in the trench. Dig a trench about 8 or 10 inches deep and 24 or 3 feet wide, putting some cross pieces of wood in the bottom of the trench for some odd and end boards to rest upon, making a rough kind of platform, leaving a space of two or three inches beneath. A little straw is spread over the boards and the cabbages are packed in head down in two layers, the upper layer being placed between the angles formed by the cabbages of the lower one. A coping is placed over to keep them dry and attention paid that they do not get frozen.—Cor. American Gardening.

A good practical farm gate is one of the handiest conveniences a farmer can have on his farm to save time and unnecessary labor. Its usefulness will pay for all time and expense of constructing it and the worth adds a good percentage to the valuation of a farm. As a general rule, farmers overlook the simple conveniences about their farms, while in reality such things would increase greatly the appearance of their property.

In making a gate of any kind see that it is wide enough to admit all kinds of machinery. In constructing a gate use two eight inch boards and one 12 inch, to make the main strips, each strip being four inches wide, except the bottom strip, for this use an eight inch piece, to add strength to the gate. For cleats use the same four inch stuff, nailing one on each side of the gate. The main piece on which the gate rests is four by four, extending about four feet above the top of the gate. Mortise the strip into the four by four to hold the gate when swinging. The gate will swing either way which is a strong point in favor of this kind of a hanger.—Leo C. Reynolds, in Ohio Farmer.

Some New Ideas in Raising Cattle.—Exercise promotes heart action, lung action, more perfect aeration and circulation of the blood; develops vigor, promotes the more perfect functions of all the bodily organs. The general result to our domestic animals of these natural requirements are health, vigor, strength, all favoring increase and perfection of the special products of the different species of our domestic animals.

Compare the beef of the stall fed steer at two or three years of age with that of the animal increased by exercise in the rolling pasture, or under the humane yoke, or better suited harness of the active and vigorous Devon, even at seven years old. Feed on beef of the latter, the soldier can march more miles, the sailor can endure more fatigue and longer vigil, the athlete performs greater feats of strength and marvels of agility, the honest and willing miner can produce more coal, the workman can easily put up his two and a half cords of wood daily. These are positive assertions. Therefore, experience and scientific proof are here furnished.

The present high prices of meat, here and in Europe, have caused thoughtful breeders and feeders of meat animals to seek and practice the best methods of meat production of the best quality.

The French, who have had large experience with the shorthorn cross for early production of beef, now improve their own more slowly maturing cattle by selection and by moderate labor up to full maturity. They have thus improved their beef stock, by longer and better feeding during period of activity under the yoke or in harness, of their specially good meat cattle. The result has been that more tons of beef have been produced by a smaller number of animals than under the former hury system of the slaughter of younger animals. They maintain that animals reared up to the age of five or six years with good food and healthy exercise will make better meat than those got up at two years old to the weight of a full grown animal. Whoever has watched the young fat stock at the fairs and at the abattoirs must have seen the crippled gait of those young beef cattle as they limped and hobbled along from sheer overweight of fat; for muscles well developed, by proper exercise they do not have, and these muscles form the lean meat of all beef stock. I have no doubt that if these young cattle were worked like the French beef cattle, after generations of breeding and training they, too, would produce good beef.

The learned English expert, Dr. Chalmers, in his valuable manual of diet, makes the following pertinent statement: "What is the worth of this hypertrophied muscle and adipose tissue? Breeders, if they give a thought to the subject, must be conscious that the heart and arteries do not grow at the same morbid pace with the rest of the body, and the animal, imperfectly supplied with blood, is in a state of extreme anaemia. Premature development of size and puberty are, on the breeder's side, a virtue both in those destined for the butcher and those he selects as breeders. It is a saving of time, and time is money, but saving is not always the best economy. I fear that our agricultural societies are not free from blame of this, inducing competition in bulk by their system of prizes, and I do not see how they can counteract the evil that has been wrought, unless by instituting rewards for prime joints, to be adjudged at the table as well as in the larder."

The French are experts in economy. They gently work many pairs of steers to do the work of a few mature oxen, thus paying for their keeping up to maturity, when they feed and fatten them for the meat market.

As I shall have frequent occasion to write of the essential value of exercise, I shall at present further quote from expert authority, to which authority I shall further give due credit.

"The locomotive organs were given for exercise is necessary to maintain their strength and perfection. So of the lungs in all locomotive animals; their size and power, and the quantity and purity of the blood, are a consequence of and nearly proportioned to activity. So there can not be full, vigorous health or good handling qualities in cattle unless they are permitted or compelled to take at least a moderate extent of exercise daily in pure air and comfortable surroundings."—Dr. A. S. Heath.

FOR AND ABOUT WOMEN.

"A fresh mind keeps the body fresh. Take in the ideas of the day, drain off those of yesterday; as to the morrow, time enough to consider it when it becomes today."—Bulwer.

In furnishing a small room two necessary points must be considered; first, that space is gained by making things as flat as possible against the wall; and second, the stiffness is prevented then by introducing plants and breaking the lines by pulling out a table or turning a chair. A low seat sixteen inches in height running around a corner and along one side of the room to some break of door or window saves space and furniture, and adds a charming effect. It should be upholstered, and have only an occasional rather small and carefully selected pillow. Low bookshelves, too, built against the wall furnish without furniture, but care must be taken that they are not extended in too continuous a straight line. A carpet of a solid color greatly increases the effect of space.

The idea that a dining room should be treated in a somewhat heavy and subdued style dies hard. Thus it is that a white and yellow dining room is still something of a novelty. When the windows open on a green and shady prospect the effect of the yellow dining room is really quite enchanting. An apartment of this description in a most charming cottage has the walls paneled to within seven inches of the top of the doors, and all the woodwork is painted ivory white. Above the paneling is a stenciled frieze in shades of daffodil, orange and chestnut.

The rug is in shades of brown and dull, soft blues. The tiled fireplace is in yellowish brown. The chair seats are of chestnut brown leather. The window hangings are of daffodil yellow and white. Speaking of dining rooms, lovely old silver lamps are to be seen in the antique department of some of the big shops. These lamps are adapted for electric lights, and are suspended by silver chains above the dinner table.—The House Beautiful.

The pouching of a lady's waist has assumed a new aspect. The middle of the back of the waist is now cut somewhat longer than the tight fitting lining and is matted down so it will sag below the actual belt line. We are all familiar with the look of a modern blouse which pouches in front, but the same blousing applied to the back is decidedly new. This fashioning is becoming to this girls because it gives more fullness to the garment. It is also supposed to lend a more graceful outline to the figure, and to waste and stout women. The flat back either plain, or trimmed with flat bands or cords, is more becoming as a rule, than the new pouched blouse back.

The soft woolen textures prepared for autumn and winter wear are specially adapted for pleated skirts, and these are quite popular, while they are varied in style, some having pleats only at the back and others being pleated all round into a plain skirt. On a few skirts the pleats are stitched in grouped lines, or box pleats are stitched each side, quite at the edge. Gored skirts, with the seams strapped, or trimmed at the foot with shaped straps or tabs of velvet, are fashionable and also very graceful, as the unbroken lines give height to the wearer. The new woollens are in subdued and broken tints, the solid colorings being used in silk and velvet for trimmings.

A Wonderful Religious Revival.

Seven Thousand Converts are Claimed in Australia.

W. E. Geil, an American evangelist, recently organized in Melbourne, what is believed to have been the greatest religious revival ever held in Australia. No less than 214 churches took part in the great simultaneous "mission," and the campaign was preceded by a large number of home meetings in which some 100,000 people participated. The whole cost of the movement was about \$15,000, which was more than raised by collections and over 7,000 converts are claimed, Says the Chicago "Standard" (Baptist):

"Nearly 50 Australian ministers and evangelists served as 'missioners,' conducting meetings in Melbourne, Sidney, and the country districts. Not a few clergy-men of the church of England co-operated with the 'Dissenters' in the movement—which would be impossible in England and in most parts of the United States. In the Melbourne meetings Dr. R. A. Torrey, superintendent of the Bible institute, at Chicago, was the most conspicuous figure, assisted by Charles Alexander, a gospel singer, also of Chicago, and Mr. Geil led business men's meetings, addressed railroad laborers at their shops, and in many ways won great popularity and achieved large results. Dr. Torrey's strict theology and aggressive methods and Mr. Geil's free use of American slang were criticised by those who stood on the outside and in some of the daily papers. But many of the Australian papers gave generous space to the meetings, and the "Southern Cross," a leading religious weekly, devoted several entire numbers to verbatim reports of the addresses, descriptions of the meetings and portraits of the workers. It was the sort of revival that has not been witnessed on a large scale in American cities for at least 15 or 20 years. The emotional element was less conspicuous, however, than used to be the case in large revivals. It was confined chiefly to the singing—a few popular songs by Gabriel and other American song-writers having acquired immense popularity as sung and conducted by Mr. Alexander. Dr. Torrey and many other evangelists insist that the day of large non-evangelistic meetings is not over, and the success of the Australian effort will be taken as evidence of this. Whether the preaching of men even so able and experienced as Dr. Torrey and Mr. Geil would draw large audiences of unconverted persons in Chicago or New York to-day is another question. In Australia their style, their methods, were novel. Here they are better known and for this reason less attractive to the indifferent classes. The stress that has been laid on thorough preparation in the local churches by prayer and the training of workers is probably a leading cause of the success in Australia."

A correspondent quoted in the Philadelphia "Presbyterian" declares that this revival has established, as never before, "how deep and strong is the religious instinct in the Australian character," and "how overwhelming is its response to any adequate appeal." Australia, he says, has proportionately more churches than any other country, the number being 6,103, or 210 to every 100,000. England has 144 churches to every 100,000, and Russia only 55 to the same number."

New Games of Table Bill.

Pleasant Novelties for Whiling away Winter Evenings.

Ping-pong raged all summer. With long winter evenings large numbers of us is no wonder that new games of tablehall have evolved. One of these games just opened in a toy store is a direct descendant of ping-pong. It is played on the same sort of table, only instead of the tennis net-like strip to divide the table there's a dividing rod, to which are hung six pouches. This four players, who stand on opposite sides of and a foot away from the table. One player bats the ball, serving it over the pouches to his opponent, who by one batting tries to get it into one of the pouches opening on his side of the table. A player may bat the ball as long as it stays on his side of the table. A ball in the pouch at the first bounce means the doubling of the player's score.

This little game is said to be quite as enjoyable as ping-pong, not to mention that very important fact, its novelty. One name for it is improved table tennis. It costs \$3. Another novelty, very clever for children especially, is a little affair on the hip-hop order. There's lots of fun to be had in playing it, though the whole outfit does come in a little flat cardboard box. It has a raised false bottom in which there are 17 holes, and two of them have a spring underneath. There are three little balls, with which as many people may play. You press one on one of the springs and it pops. If it fails to stick in any hole there's no count. If it sticks on counts according to the figure beside the hole; the counts are from 1 to 10.

The Bill of Fare for Consumptives.

Robin advises a large glass of milk on waking, with a dash of Vichy water. Breakfast at eight, with a piece of fat steak or a cutlet, two soft eggs, a little toast, oatmeal with abundance of cream, but little sugar, and two glasses of milk or a cup of coffee. At nine, cod liver oil and a little milk or a glass of milk with the yolk of an egg. At ten, a large cup of beef tea made from raw meat, after which the patient lies down until noon. Dinner at 12.30, with fish, rice, chicken, cauliflower, and a slice of well buttered bread, one or two glasses of milk, and baked apples and cream. At two, cod liver oil or milk, with the yolk of an egg. At four, a sandwich of scraped raw beef and rest or sleep till six, when the supper can consist of beef, fish, mutton, or raw beef, with spinach cooked in cream, and blanc mange or vanilla ice cream. At eight, cod liver oil or milk and yolk, and at nine or ten a glass of ice cream or very hot milk or a cup of good beef tea. At night, if wakeful, a glass of milk at one or two. This regimen is tolerated by nearly all patients, and has given the best results in his extensive experience. Milk is the constant beverage.—International Medical Journal.

The Pennsylvania State College.

The Scientific Association, at its last meeting, November 11, elected the following officers: President, Dr. E. W. Runkle; vice presidents, Dr. M. E. Wadsworth, Prof. I. L. Foster, Prof. E. D. Walker, secretary, Prof. J. A. Hunter.

President George W. Atherton has secured leave of absence for several months, a rest from his many duties seeming advisable. He sailed November 15th on the Hamburg American steamer Auguste Victoria, for Europe. Though his itinerary was not definitely planned when he sailed, the most of his time will be spent in the Mediterranean countries.

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