

Bellefonte, Pa., July 12, 1901.

FARM NOTES.

Green manurial crops are now considered essential to good farming for several reasons, the principal being that certain kinds draw nitrogen from the atmosphere and thus add to the fertility of the land.

FERTILIZERS FOR GREEN CROPS.

When the farmer desires to improve his soil with green crops he does not expect to invest largely in commercial fertilizers, but he can assist his green crops by the use of one substance that is not costly and which is also a plant food.

ADVANTAGES OF GREEN CROPS.

Green manurial crops give good results on all soils. Whether a farm is fertile or impoverished the farmer cannot add too much fertility to his land, and the cheapest method of improvement, except loss of time in some cases is by plowing under green crops.

Manure should be considered as one of the crops, and its quality should be maintained more than the quantity, as bulk may add nothing to its value.

The first pound, or 100 pounds of mutton, beef or pork is where the profit is made, as the young animals grow and gain rapidly.

Late cucumbers for pickling may now be planted, and a few vines will furnish a supply for a family.

Subscribe for the WATCHMAN.

FOR AND ABOUT WOMEN.

Let us suppose you wish to give a little dinner for six.

The table cloth should be of the best damask you can afford. Underneath should be the "silence cloth," which may be of thick cotton flannel or a felt pad.

The large napkins should be folded four times when they are ironed. When placed upon the table, fold once more by hand, placing within the fold a dinner roll or a piece of bread two inches by one and a half thick.

The new stocks are very chic. Those of white pique have tiny bows of colored lawn, dotted with white, or white dotted with color.

How much more comfortable women are going to be because of Dame Fashion's decree in regard to the neck of gowns.

Very long waisted effects are extremely fashionable, both for little girls and boys.

Quite the quaintest feature of dress this summer is the abbreviated sleeve!

Now that July heat has arrived a little ahead of schedule time they have shown their hands, or rather their arms.

It's astonishing how becoming are these plain dresses of lawn or organdy in white, coral, turquoise, maize or mauve.

White Man Turned Yellow.—Great consternation was felt by the friends of M. A. Hogarty, of Lexington, Ky., when they saw he was turning yellow.

Small rooms should not be covered with paper of a large design.

Into such rooms, very large pictures should not be introduced; they should be small ones in narrow frames.

A large room can either have a wall paper of bold design and plain stuff, silk or during the winter velvet curtains, or the paper can be plain, with an ornate frieze, and the draperies as fantastic as you please.

If you are only making a simple little morning gown don't think it will not matter how you build it.

Man An Interesting Study.

Psycho-Physical Research is Revealing Some Curious Results.

The efforts in favor of the establishment of a psycho-physical laboratory in the department of the interior at Washington, have brought to light a vast fund of information on the subject.

Large children make their most rapid growth at an earlier age than small ones.

The relatively large size of head as compared with that of the body in children may be due to the fact that from birth on the child needs its brains and senses as much as when it is grown.

Boys grow more regularly than girls, but the growth of girls during school years is greater than that of boys.

Delicate, slender people are much more subject to typhoid fever than to consumption.

Women students who have infectious diseases are superior in weight, height, strength and lung capacity to those having hereditary diseases.

One-half of the world's supply brought to the United States.

One-half of the world's production of coffee berries is brought to the United States.

More than a million dollars is sent out of the United States every week in payment for coffee.

George Thompson, of Mouesens, Westmoreland county, was struck by lightning last Thursday and his right arm and side are paralyzed.

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TO THE PUBLIC

TO THE PUBLIC

TO THE PUBLIC

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