

Democrat Watchman

FARM NOTES.

Every breeder of thoroughbred stock who aims to make a reputation never fails to cull from the flock or herd any animal that has the least blemish.

Potatoes grown on land upon which rye or clover has remained during the winter and plowed under in spring, according to experiments made, were free from disease.

Under favorable circumstances four tons of clover hay should be taken from an acre. Some farmers report as many as five tons, but such yields are not often obtained.

Any method of conserving moisture will prove of assistance later in the year. The amount of moisture absorbed by the various plants is enormous.

Gardens should be ornamental as well as useful, but especially should the soil of the garden be very rich.

The sunflower is overlooked as a crop in this country. It will produce as many bushels of seed as corn, and a bushel of seed will produce about a gallon of oil.

Farm implements do not wear out so much as they are supposed to. The plow, the harrow, etc., that are left in the open air usually and their usefulness in one season instead of lasting for several years.

The application of fertilizers should be made under the most favorable circumstances, if possible, the loss from rains and snows is less when the fertilizer is incorporated with the soil.

Land plaster is an excellent fertilizer for all kinds of leguminous crops, being a special fertilizer for clover. One hundred pounds per acre will show excellent results, but twice that quantity may be used.

It has long been an expression in England that the best way to increase the size of a farm was by going down deeper, instead of widening out from the sides.

When selecting trees give the small ones the preference. The majority of growers seem to prefer large trees, but the small tree will make a better start and in a few years be fully as large as the others.

When you run across a lace collar going at a bargain pick up one. The newest show several circular collars one above the other, and by the famous name of "Nell Gwynne."

FOR AND ABOUT WOMEN.

Skirts for summer, which have their gorges set together with insertion, will be all the prettier if butter-fly bows mark the spot where the insertion ends and the flounce begins.

To cure a corn tie a tiny pad of cotton wool that has been dipped in linseed oil over the corn every night after washing and kept on all night. A bit of oiled silk tied over the pad will prevent the oil soaking the sheets.

To reduce your double chin take away your pillow at night, skip your mid-day luncheon and massage the throat with firm upward strokes fifteen minutes each day. It will take months.

As aids to flesh building potatoes taken at each meal, especially when milk and butter are added, cannot be rivaled. Liquids are excellent flesh formers.

The girl with ugly hollows and deep shadows around her collar-bone should take the arm gymnastics. Outward and upward, four times, then to her side. Singing lessons have often worked magic upon a seemingly impossible throat.

The ungraceful carriage of nine-tenths of the stout women adds about ten pounds to their avoirdupoise in appearance. It seems very singular in these days that any self-respecting woman should throw out her abdomen, when by a slight forward poise she might keep it in line.

Cocoa butter is only a degree less fattening than German lanoline, and many persons prefer it. For increasing the bust or arms the best physicians commend it highly.

Let the lean girl who sits in judgment upon her own physique take courage. She can have all the candy, creams, sweets and good things she wants, and, if she will, acquire a rounded figure by "reading up" the list of flesh building edibles.

Obesity is a stubborn disease, and needs heroic treatment, beginning from within. Stopping certain foods alone will never cure "fat." The liver and the blood must be brought new workings. A little too much flesh is not obesity, and is easily remedied.

Hats worn over the face are exceedingly popular. There is a never-ending discussion as to whether this is or is not a becoming fashion. If a woman is tired and consequently not looking her best, the hat over the face hides many unbecoming lines, and with a beaming veil apparently takes several years off the eyes.

The new visiting cards, so much reduced in size, are much more dainty, appropriate and ladylike than the useless breadth and length of cardboard so long in vogue. Some of the French styles are as small as the name and address will permit.

The fashion of pinning brooches just on anywhere for show has passed with other useless fads. Looking over the audience at the theatre the other night every other girl had her collar band behind pinned with the hideous brooch she possessed, or she had used it to catch the little stray locks of hair at her neck.

If you run across a lace collar going at a bargain pick up one. The newest show several circular collars one above the other, and by the famous name of "Nell Gwynne."

Making Grandma Happy.

"I told you last Sunday that I wished each of you would try to make at least one person happy during the week. Did you?" asked the Sunday school teacher.

A FIREMAN'S CLOSE CALL.—"I stuck to my engine, although every joint ached and every joint was racked with pain," writes C. W. Bellamy, a locomotive fireman, of Burlington, Iowa.

Dear Sirs.—Some days since a package of your GRAIN-O preparation was left at my office. I took it home and gave it a trial, and I have to say I was very much pleased with it.

THE KIND YOU HAVE ALWAYS BOUGHT. In use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy.

WHAT IS CASTORIA. Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance.

GENUINE CASTORIA ALWAYS Bears the Signature of CHAS. H. FLETCHER, THE KIND YOU HAVE ALWAYS BOUGHT. In Use For Over 30 Years.

For Quick Nourishment. Strength-Giving Drinks for "Grip" Patients. Fortunate is the "grip patient" who possesses a genuine old-fashioned grandmother, with a thorough knowledge of the good old home-made wines and skills in the preparation of strengthening drinks.

A delicate egg wine is made thus: Beat the yoke of an egg very light; add to it two teaspoonsful of powdered sugar and two tablespoonsful of sherry, or one of brandy or whisky; beat the white of the egg to a stiff froth and stir into the mixture.

To make mulled wine, use one cup of fine sugar, a tumbler of sherry and one egg; beat the egg to a froth and add the sugar; beat the wine, and when it is at boiling point put the egg mixture in a pitcher and pour the hot wine over it, stirring it constantly; put in four whole cloves and the same quantity of allspice. Drink as soon as possible.

Another mulled wine is prepared thus: Put in an earthen bowl a small piece of cinnamon, three cloves, a pinch of ground mace and a half-cup of water; cover and place over the fire in a pan containing boiling water, and let it remain ten minutes; when heated add to it two tablespoonsful of sugar and a half-pint of port wine; again cover, and let it remain until the wine is hot, strain, and add a pinch of nutmeg as possible. It may be poured over a well-beaten egg if nourishment is needed.

Richard Delafeld, the president of the National Park bank, of New York, received by a vote of the directors on Tuesday, the largest salary ever paid a bank president in that city. His stipend of \$25,000 was raised to \$40,000.

There are not many banking institutions in New York which pay over \$25,000. There are some which give their presidents \$20,000, but their number is not large. The average for institutions of great wealth is somewhere between \$12,000 and \$25,000.

YOUR BEST WORK.—Cannot be done unless you have good health. You cannot have good health without pure blood. You may have pure blood by taking Hood's Sarsaparilla now. You cannot realize the good it will do you until you try it.

Business Notice.

Castoria. When Baby was sick, we gave her Castoria. When she was a Child, she cried for Castoria. When she became Miss, she clung to Castoria. When she had Children, she gave them Castoria.

GENUINE CASTORIA ALWAYS Bears the Signature of CHAS. H. FLETCHER, THE KIND YOU HAVE ALWAYS BOUGHT. In Use For Over 30 Years.

THE CENTURY COMPANY, 77 MURRAY STREET, NEW YORK CITY. 46-4-13

For Quick Nourishment. Strength-Giving Drinks for "Grip" Patients. Fortunate is the "grip patient" who possesses a genuine old-fashioned grandmother, with a thorough knowledge of the good old home-made wines and skills in the preparation of strengthening drinks.

A delicate egg wine is made thus: Beat the yoke of an egg very light; add to it two teaspoonsful of powdered sugar and two tablespoonsful of sherry, or one of brandy or whisky; beat the white of the egg to a stiff froth and stir into the mixture.

To make mulled wine, use one cup of fine sugar, a tumbler of sherry and one egg; beat the egg to a froth and add the sugar; beat the wine, and when it is at boiling point put the egg mixture in a pitcher and pour the hot wine over it, stirring it constantly; put in four whole cloves and the same quantity of allspice. Drink as soon as possible.

Another mulled wine is prepared thus: Put in an earthen bowl a small piece of cinnamon, three cloves, a pinch of ground mace and a half-cup of water; cover and place over the fire in a pan containing boiling water, and let it remain ten minutes; when heated add to it two tablespoonsful of sugar and a half-pint of port wine; again cover, and let it remain until the wine is hot, strain, and add a pinch of nutmeg as possible. It may be poured over a well-beaten egg if nourishment is needed.

Richard Delafeld, the president of the National Park bank, of New York, received by a vote of the directors on Tuesday, the largest salary ever paid a bank president in that city. His stipend of \$25,000 was raised to \$40,000.

There are not many banking institutions in New York which pay over \$25,000. There are some which give their presidents \$20,000, but their number is not large. The average for institutions of great wealth is somewhere between \$12,000 and \$25,000.

YOUR BEST WORK.—Cannot be done unless you have good health. You cannot have good health without pure blood. You may have pure blood by taking Hood's Sarsaparilla now. You cannot realize the good it will do you until you try it.

When Baby was sick, we gave her Castoria. When she was a Child, she cried for Castoria. When she became Miss, she clung to Castoria. When she had Children, she gave them Castoria.

GENUINE CASTORIA ALWAYS Bears the Signature of CHAS. H. FLETCHER, THE KIND YOU HAVE ALWAYS BOUGHT. In Use For Over 30 Years.

THE CENTURY COMPANY, 77 MURRAY STREET, NEW YORK CITY. 46-4-13

McCallmont & Co.

LARGEST FARM SUPPLY HOUSE IN CENTRAL PENNSYLVANIA.

Their prices are right and their guarantee is behind the goods, which means many a dollar to the farmer. The more conservative farmer wants to see the goods before he buys, and buy where he can get repairs when necessary, for he knows that the best machinery will wear out in time.

SEE WHAT WE FURNISH. LIME—For Plastering or for Land. COAL—Both Anthracite and Bituminous. WOOD—Cut to the Stove Length or in the Cord.

HARNESS OIL. EUREKA HARNESS OIL. A good looking horse and poor looking harness is the worst kind of a combination.

REAL ESTATE. JOHN C. MILLER, EDWARD BLANCHARD, J. THOMAS MITCHELL, Treas. REAL ESTATE, LOAN AND TITLE COMPANY.

Dr. Stites. HAS MADE THE DEAF HEAR. LATE DISCOVERIES AND MODERN METHODS. MIRACULOUS RESULTS ARE OBTAINED BY A Modern Scientist, Story of Two Decades of Study and Experiment and a Record of Phenomenal Success. Hundreds of Grateful Patients.

DR. J. K. STITES, Offices, No. 21 North Allegheny street, Bellefonte, Pa. DEAFNESS NO LONGER INCURABLE. Dr. Stites, the Eminent Specialist, is Now Demonstrating in Bellefonte the Success of the New Treatment For Deafness and Catarrh.

NEW TESTIMONIALS. Can Now Hear the Trains Passing, Something She was Unable to Hear for 8 Years. Deafness and catarrh have made me a great sufferer for years. Howling, spitting, dropping in the throat, besides all kinds of head noises, such as whistling, buzzing and shrieking which almost set me wild at times, and various other miserable symptoms almost made me despair.

MEAT MARKETS. GET THE BEST MEATS. You save nothing by buying, poor, thin or gristly meats. I use only the LARGEST, FATTEST, CATTLE, and supply my customers with the freshest, choicest, best blood and muscle making Steaks and Roasts. My prices are no higher than poorer meats are elsewhere.

SAVE IN YOUR MEAT BILLS. There is no reason why you should use poor meat, or pay exorbitant prices for tender, juicy steaks. Good meat is abundant hereabouts, because good cattle, sheep and calves are to be had.

WE BUY ONLY THE BEST. and we sell only that which is good. We don't promise to give it away, but we will furnish you with better Meats, Poultry and Game (in season) than have been furnished you.

GIVE US A TRIAL. and see if you don't save in the long run and have better Meats, Poultry and Game (in season) than have been furnished you.

McCallmont & Co. BELLEFONTE, PA. Telephone connections.