#### FARM NOTES.

-As soon as the currants are gathered. do not forget to give an application of bor-deaux mixture if the leaf disease has been prevalent in past years.

-To get rid of plantain improve the tillage of the soil, practice a short rotation, give clean culture in hoed crops, and seed thickly whether wheat, oats or grass seeds are used. Specifically, it may be said that where a field has become seriously infested with plantain, it might be a good plan to adopt for a time a two-year-rotation. Sow to wheat or rye in the fall and add six quarts of timothy seed, and in the spring sow at least four quarts of cloverseed per acre. Mow the land but once and plow it soon after the hay has been removed and before the plantain has thrown up seed-stalks. Give the field a short fallow until fall, resow again with wheat or rye, and grass seeds as before. In due time, take off

—When the crop has been picked from the raspberry and blackberry canes it is seldom that any work is bestowed on the canes until next year. Considering the neglect given blackberry and raspberry canes in late summer they pay well in comparison with other crops. If fruit growers will cultivate the canes and clean the ground well of weeds and grass as soon as the berry harvest is over, and apply fertilizer on the land, the effect of the good treatment will be apparent the following year. Weeds and grass rob the canes, and when it is considered that with the canes producing crops for several years in succession and weeds and grass taking possession between the rows the land becomes exhausted, it is small wonder that the crops fall off and the canes die out.

-An old strawberry bed, which has become full of weeds in the rows, can be made serviceable for next year by cutting down the weeds with a scythe or lawn mower. Rake the weeds off and chop out all of the old plants, leaving runners about a foot apart in the rows, and hoe between the plants, as well as cultivate well between the rows. The object should be to have the ground deep, soft and perfectly clean of grass and weeds. The runners (which should be those sent out from the which should be those sent out from the carry on and because these operations are hard to carry on and because, by reason of some unhealthy condition of the body somewhere it is improssible for the representation. parent plants of last spring) will send out runners this year (if they are not already doing so), and form a new matted row. Keep the rows clean and use fertilizer

—How are the chicks? If they are dying or seem drooping, examine very closely for lice. If lice are found, and there is not much doubt but that they will be, dust with good insect powder and also dust the mother. Dust her extra well under the wines and around the very wings and around the vent. Rub coal oil on her legs. If they are scaly a few applications will clean them, and if smooth it will prevent the hen or chicks from having and that the repairmen have worked to the scaly legs. It is best for all reasons to dust the hen and chicks at roosting time and sprinkle coal oil on the under side of

bath. If no lice or signs of lice, i. e., nits, are seen and the chicks are ailing, you have surely neglected to provide "teeth" for the little things. Mix come above the remarkable sleeping of have surely neglected to provide "teeth" for the little things. Mix some sharp sand in their breakfast, and have a dish or board of grit, pounded dishes and small gravel in their coop. Of course you don't feed your chicks in their roosting room. There's not much excuse to make a chicken dining their hedroom. It's too expensive but inst curl themselves up and go to sleep. room in their bedroom. It's too expensive but just curl themselves up and go to sleep in the end. Move your roosting coop to and remain asleep for mouths until the clean ground twice each week.

-When a shade is beneficial to the soil it is usually accompanied with moisture, else the improvement is due to something which accompanies the shade, and not to the shade itself, says the American Farmer, thus, the soil under a house improves because it is the resort of animals of various kinds and their excreta, or remains are deposited there. Again, the soil under houses is usually protected from washing away by rain, or the bleaching out of its soluble substances. In such case the only direct effect of the shade, apparently, is the prevention of excessive heating of the soil by direct rays of the sun. Certain volatile substances in the soil, such as carbon of americant distributions. such as carbon of ammonia, which are generated in soils where organic matter is undergoing decay, are volatilized and driven into the air by great heat. Whilst the heat of the soil under a house seldom reaches 90° Fahrenheit, that freely exposed to the sun may reach 120° or up-ward. If a plank is laid on the ground the conditions are quite different from the case of a house. It shades the soil as the house does, but, in addition, it prevents the moisture and gases of the soil from escaping. Although it cuts the soil off from direct wetting by rain, its narrowness allows the moisture from either side to diffuse itself through the soil under the plank, hence, such soil is usually damp; that under the house is usually dry.

Again, insects, worms, etc., gather under a plank and their excreta and remains accumulate there. Of course, the soil under a plank is protected both from washing and bleaching, and more or less saltpeter is developed by nitrification. And finally the heat of the sun is more or less cut off from the soil; but in this last respect the soil under a house has the advantage of that under a plank. Now, the shade of trees, or a thick-growing crop like clover or cow peas, differs from both of the above. In the first place, these plants are con-In the first place, these plants are constantly pumping up water from the soil and making it dry—the area involved is too great to allow water from its sides to diffuse through the soil under them. There diffuse through the soil under them. There is no special collection of insects or other animals under them to enrich the soil by their excreta or debris. Chemical changes in the soil can only take place if the presence of moisture is diminished or stopped. The more prevention of excessive heat in the soil, and consequent vaporizing and escape of gaseous matter, seems to be the only part taken by such shade in the improvement of soils. The improvement of soils by the crops named is not due so much to shade as to the collecting of nitrogen from the air and contributing it to the soil in their remains. Upon the whole, the value of shade as an improver of soils is either misinterpreted or overated.

A CLEVER TRICK.—It certainly looks like it, but there is really no trick about it. Anybody can try it who has Lame Back and Weak Kidneys, Malaria or nervous troubles. We mean he can cure himself right away by taking Electric Bitters. This medicine tones up the whole system, acts as a stimulant to Liver and Kidneys, is a blood purifier and nerve tonic. It is purely vegetable, mild laxative, and restores the system to its natural vigor. Try Electric Bitters and be convinced that they are a miracle worker. Every bottle guaranteed. Only 50c a bottle at F. Potts Green's drugstore.

When We Sleep.

We spend nearly one-third of our time in bed. It is the place to which the most of us are more constant than to any other.
People devote more time to getting the worth of their money out of that piece of furniture than to all the rest combined.
We recollect of seeing a bed not long ago the sleeping record of which was estimated at 50 years, that is 50 cellid years of the seed of the see at 50 years—that is 50 solid years of 365 days each of the lifetimes of men and women had been spent reposing on it, during a period of over a century. Its owner said that he had spent at least 21 years of his life on this same bed, he being a very old man and having used it from boyhood. portant part of our life, and yet we know very little about it and it puzzles us to tell exactly what sleep is. Somehow or other, we know not how, the belt that runs the machinery of what we call our consciousness is slipped off the wheels are stated. ness is slipped off, the wheels cease to re-

volve and we are asleep.

Some ascribe sleep to the emptying of the blood vessels of the head; some to a disgrass seeds as before. In due time, take off another crop of hay and replow for fall grain. Few plantains can stand this double dose of hot plowshares. or no theory, when we go to bed, when we go to church and in many other occasions, we suddenly lose ourselves. We go off somewhere we know not where, and leave our body warm and breathing, but with no more consciousness of what is going on around it than if it were a log. The whole body knocks off a certain portion of its work, the wires are grounded, the current shut off and a sort of overhauling and repairing takes place.

> We call it rest, but it is really a daily oiling up of the machinery and the putting of the apparatus in order. In order to do this effectually, the thinking machine must be stopped, or at least very much slowed down; the tension of the wires which carry the messages and transmit the orders from the nerve centers must be re-laxed, in order that the repairmen may carry on their work unhindered. We suspect that sometimes when we dream it is merely due to the fact they are testing some particular portion of the thousands of lines which have to be kept in order, and where, it is impossible for the repairmen to work without a good deal of hammering and adjusting.

Some people say that the amount of sleep required is largely fixed by habit, liberally, applying it to the plants on the sides of the rows and working it well into the soil. Such a bed will be a new one, and if well managed may prove equal to years with only two or three hours sleep each day; but most of us require so much tinkering that seven or eight hours is none too long for the process; and if we have less we come out of the repair shop in the morning with the feeling that morning with the feeling that we are not morning with the teeling that we are not nearly up to the mark; but when, on awaking, we experience that delicious languor that causes us to feel that there's no place like bed, and as if we would like to remain there permanently, it is a sign that all the machinery has been well adjusted, and that the repairmen have worked to the best advantage.

and sprinkle coal oil on the under side of the coop. Sprinkle enough so that it will smell quite strong. Sprinkle with oil twice a week; it is much cheaper than having lice.

See that they have access to a good dust bath. Sawdust mixed with the fine dust is a great help. It will work into the skin better, and enables the hen to shake the lice off when she shakes herself after the bath. If no lice or signs of lice, i. e., nits, warm weather comes again, when they wake up hungry and refreshed, ready for

There is our familiar friend the groundhog, supposed to take charge of the weather for a portion of the year. He sleeps snug-ly in his burrow and he doesn't know that there is such a thing as water at all. The female bear does the same and so do the snake, the bat and the land turtle, and scores of others. Some of them even cease to take the trouble to breathe during the winter. Their plan seems to be an exceedly convenient one, and could we adopt it we would save lots of wear and tear, as well as a vast amount in grocery bills, fuel and clothing.

#### The Spanish Royal Standard. The Spanish royal standard is most com-

plicated. The red and yellow of the Spanish flag is said to be derived from this occurrence: In 1378 Charles the Bold dipped his fingers in the blood of Goeffrey, Count of Barcelona, and drew them down the count's golden shield, in token of the appreciation of the latter's bravery. The shield, so marked became the arms of Barcelona, which became part of Arragon, and its arms were taken by that kingdom. Now to the royal standard : In the first Now to the royal standard: In the first quarter, or upper left hand part of the flag are the arms of Leon and Castile, the lion and the castle; the second quarter is taken up, one half by the arms of Arragon, one-half by the arms of Sicily. The upper third of the third quarter (directly under the first) shows the Austrian colors, the lower two-thirds is divided between the flag of Burgundy and the Black lion of Portuguese arms, the other the French fleur-de-lis. Considerable of a flag that.

A CLEVER TRICK.—It certainly looks Green's drugstore.

Long-Lived Statesmen. Despite the Mental Strain incident to High Place

They Do Not Die Young. During the last few months, since the lamented death of Mr. Gladstone took place, a common remark has been to the effect that it is very wonderful that a man who worked at such intense pressure all through his life should live to the great

age of 88, or sixty-five years after first enset of the state o sider it conducive to a lengthy stay in the world. Yet it is a remarkable fact that statistics compiled from the lives of a dozen of the most famous statement of modern of the most famous statesmen of modern times show that they nearly all reached a venerable age, and that some of the bright-est stars among them lived the longest.

To begin with, take Lord John Russell, whose brilliant career will never be forgotten. He died just twenty years ago at the age of 85, and this was nearly sixty-five years after he first entered Parliament as member for Tavistock. Both these periods are second best records, in regard to distinguished statesmen, Mr. Gladstone's 88 and 65, respectively, coming

Then there was Lord Palmerston who died in 1865, at the age of 80, or fifty-eight years after his parliamentary debut. The Earl of Beaconsfield, Mr. Gladstone's great opponent, died at the age of 75, being forty-three years after Maidstone returned him for the first time.

The elder Pitt, Earl of Chatham, is one of the most conspicuous figures in modern history. Very early in his career he was bequeathed £10,000 by the Duchess of Marlborough in recognition of his talented opposition to Sir Robert Walpole. He died after being in Parliament forty-four

years.

The Earl of Derby entered Parliament at the age of 21, and died at 70; Sir Robert Peel began his parliamentary life at the same age, but he died at 62; Sir Robert Walpole died at 68; Lord North and Richard Cobden both at 60, and George Canning and Charles James Fox both at 57; the last named, it has to be remarked, being an M. P. when only 19. The younger being an M. P. when only 19. The younger

Pitt was 45 at his decease.

If we take the average of all the above, including Mr. Gladstone, we find the statesmen to enter Parliament at about 24 and to live about forty-four years afterward, dying at a little short of 62. Mr. Gladstone's own figures are respectively 23, 65 and 88

In the light of the above facts and figures it is interesting to note that, of living statesmen, Sir William Harcourt is 71; Lord Salisbury. 68; Mr. Chamberlain, 62 Lord Rosebery, 51; and Mr. Balfour, 49. Lord Salisbury's parliamentary career already extends over forty-five years.

AN EXPLANATION.—The reason for the great popularity of Hood's Sarsaparilla lies in the fact that this medicine positively cures. It is America's Greatest Medicine, and the American people have an abiding confidence in its merits. They buy and take it for simple as well as serious all. take it for simple as well as serious ail-ments, confident that it will do them good. Hood's Pills cure all liver ills. Mailed for 25 cents by C. I. Hood & Co., Lowell,

-- Subscribe for the WATCHMAN.

#### New Advertisements.

BREWERY FOR RENT.—The Bellefonte brewery is offered for rent. It is in excellent running order, fully equipped for immediate work and will be rented at a reasonable price, by the year or for a term of years. Apply to MRS. L. HAAS, 43-28-tf. Bellefonte, Pa.

A DMINISTRATOR'S NOTICE. — Let-A DMINISTRATOR'S NOTICE. — Letters of administration on the estate of Robt. J. Haynes, Jr., late of Snow Shoe, having been granted to the undersigned he requests all persons knowing themselves indebted to said estate to make immediate payment and those having claims against the same to present them properly authenticated for settlement.

43-28-6t. JOSEPH GILLILAND,
Three Runs, Pa.

EXECUTORS NOTICE.—Estate of John T. Rountree letters testimentary on the estate of John T. Rountree late of Bellefonte Boro., Centre county Pennsylvania, deceased have been granted to G. F. Musser, residing in said borough to whom all persons indebted to same estate are requested to make payment and those having claims or demands will make known the same without delay.

G. F. MUSSER, Executor. G. F. MUSSER, Executor,

CAUTION.—Whereas my son, Charles
T. Baylets, aged 15 years, five feet high
and weighing about 100 pounds, has left his home
without my consent, I hereby warn all persons
against harboring him, or giving him anything on my account, as I will not be responsible
for debts of his contraction, and will collect any
wages due him. wages due him. 43-29-t3\* JOHN T. BAYLETS.

CLEMENT DALE, Att'y.

A UDITOR'S NOTICE.—In the Orphans' Court of Centre county. In the matter of the estate of Samuel Crawford, late of Gregg township, deceased. The undersigned, an auditor appointed by said Court to make distribution of the funds in the hands of William Pealer, the accountant of said decedent, will meet the parties interested at his office in the borough of Bellefonte, Pa., on Monday August 8th, 1898, at 10 o'clock a. m., when and where those who desire may attend.

43-27-3t.

S. D. RAY, Auditor. S. D. RAY, Auditor

NOTICE OF DISSOLUTION.—Notice NOTICE OF DISSOLUTION.—Notice is hereby given that the partnership subsisting between Thomas A. Shoemaker and J. L. Montgomery of Bellefonte, Penna., under the firm name of the Bellefonte Fuel and Supply Co., was dissolved with 28th day of June A. D. 1898, by mutual consent. All debts owing to the said partnership are to be received by said J. L. Montgomery and all demands on the said partnership are to be presented to him for payment.

THOMAS A. SHOEMAKER,
J. L. MONTGOMERY,
Bellefonte, July 28th, 1898,
43-29-3t

NOTICE.—Notice is hereby given that the following accounts will be presented to the Court for confirmation on Wednesday the 24th day of August next and unless exceptions be filed thereto on or before the second day of said August term the same will be confirmed, to-wit: the account of John Blanchard, assignee of Julia D. Kitz and Julia D. Kitz, executrix of Wm. R. Miller, Dec'd. The account of Wm. E. Irvin committee of Aaron Smith, a lunatic, and the account of Hiram Shultz, committee of William Jacobs, a lunatic.

W. F. SMITH, 43-28

Prothonotary.

COURT PROCLAMATION.—Whereas the Honorable J. G. Love, Presidet. Judge of the Court of Common Pleas of the 49th. dicial District, consisting of the county of Centre and the Honorable Corlis Faulkner, Associate Judge in Centre county, having issued their precept, bearing date the 25th day of July '98 to me directed, for holding a Court of Oyer and Terminer and General Jail Delivery and Quarter Sessions of the Peace in Bellefonte, for the county of Centre and to commence on the 4th Monday of August being the 22nd day of August 1898, and to continue one week, notice is hereby gi. en to the Coroner, Justices of the Peace, Aldermen and Constables of said county of Centre, that they be then and there in their proper persons, at 10 o'clock in the forenoon of the 22nd, with their records, inquisitions, examinations, and their own remembrance, to do those things which to their office appertains to be done, and those who are bound in recognizances to prosecute against the mas shall be just.

Given under my hand, at Bellefonte, the 25th day of July in the year of our Lord, 1898, and the one hundred and twenty-first year of the independence of the United States.

W. M. CRONISTER,

New Advertisements.

FOR SALE.—Top buggy almost new W. P. HUMES, Bellefont

OR RENT.—A good brick house with all modern improvements located on east
Linn street, one of the most pleasant parts of the
town, can be rented cheap by applying to
HAMILTON OTTO.

WARNING NOTICE.—All persons are hereby notified that the undersigned has purchased the following personal effects of Amanda Courter, of Howard township, and left same with her during his pleasure. And that the public is warned against meddling with or anywise disturbing the following: 3 cows, 2 heifers, 2 calves, 2 horses, 6 hogs, 2 horse wagon, buggy, set single harness, set horse gears, plow, spring tooth harrow, spike tooth harrow, shovel plow, cultivator, cook stove, coal stove, 2 set chairs, 3 rockers, table, cupboard, 4 beds and bedding, 5 yds. carpet, bureau, sink, doughtray, clock, set fly nets and poultry.

JOHN T. BAYLETS. JOHN T. BAYLETS.

W. B. REEVE

TEACHER OF PIPE ORGAN-PIANO - VOICE CUL-TURE and HARMONY.

South Thomas St. - BELLEFONTE, PA

EXECUTOR'S SALE! The executors of the estate of Isaac Smith, ceased will offer at Public Sale, at the Court onse, in Bellefonte, Pa., at one o'clock p. m., on

WEDNESDAY, AUGUST 24th, 1898. \$5,000.00 BONDS, State College Water Com-

The foregoing are fifty first mortage coupon bonds, of \$100 each, due — 5 per cent. interest, payable sem-annualy in gold. THOMAS FOSTER, WILLIAM FOSTER, ROBT. M. FOSTER,

# Roofing.

NOW IS THE TIME TO EXAMINE YOUR ROOF.

During the Rough Weather that will be experienced from now until Spring you will have a chance to Examine your Roof and see if it is in good condition. If you need a new one or an old one repaired I am equipped to give you the best at reasonable prices. The Celebrated Courtright Tin Shingles and all kinds of tin and iron roofing.

W. H. MILLER. Allegheny St. BELLEFONTE, PA

## Whiskey.

PRICE LIST CELEBRATED BAILEY PURE RYE.

Prominent Physicians have recommended it for over thirty years as the best Whiskey for the sick. Age alone controls the price. Black label full quart Green " " " Yellow " " " Perfection (12 years old) - 2.00 Pint - 50, 60 and 75ets. Halt Pints 25 cents.

D. C. KELLER, HAAGS HOTEL, BELLEFONTE, PA.

#### Bicycles.

1 898 BICYCLES DOWN TO \$5.00. New 1898 Model Ladies' and Gents' Bicycles are now being sold on easy conditions, as low as \$5.00; others outright at \$13.95, and high-grade at \$19.95 and \$22.50, to be paid for after received. If you will cut this notice out and send to Sears, Roe-buck & Co., Chicago, they will send you their 1898 bicycle catalogue and full particulars. 34-27-3m

5000 BICYCLES. All makes and models, must be closed out at once. New '97 models, guaranteed, \$9.75 to \$18; shopworn and used wheel, \$3 to \$12; swell '98 models, \$13 to \$35. Great factory clearing sale. Shipped to any one on approval without advance deposit. Handsome souvenir book free.

-EARN A BICYCLEby a little work for us. FREE USE of sample wheel to rider agents. Write at once for our special offer. P. H. MEAD & PRENTISS, Chicago, III

### Eye Glasses.

ONLY UP-TO-DATE METHODS WHEN YOU BUY

You want to consider several things besides the csot. If you buy your glasses of us you may feel sure that they are meant for your sight, are properly adjusted and that you have received the worth of your money. THE MOST

Is the one who breaks or loses his glasses. Should you prefer a new pair we will guarantee to fit your eyes with the finest glasses at prices satisfactory for the best of goods. H. E. HERMAN & CO., L'td.

FRANK GALBRAITH'S JEWELRY STORE, BUSH HOUSE BLOCK. TUESDAY, AUG. 2ND. No Charge for Examination.

CHOOSE YOUR

fectiveness of work rather than for lowness of price. Judge of our ability as you judged of his-by the work already done. Many very particular people have judged us in this way, and have chosen us as their plumbers.

FARMERS BREAK THE BUGGY

YOU CAN BELIEVE IT. McQUISTION SAYS ITS SO.

Preparatory to reducing his stock to make room for his winter stock of Sleds, Sleighs, &c. Among others he has

5 second hand Buggies, " Spring Wagons

YEWEST NOVELTIES

SHIRT WAIST SETS, Etc.,

-[0]-

F. C. RICHARD'S SONS.

YOU CAN DO BETTER

—AT—

Everyone guaranteed

not to leak - 30cts. Doz.

EYE GLASSES

MASON'S GLASS JARS, HELPLESS MAN Quarts Gallons

Market Street, Williamsport, Pa WILL VISIT BELLEFONTE, PA. GOOD TIN CANS,

### Plumbing etc.

ANOTHER LOT OF SCREEN DOORS 75cts. PLUMBER

43-13

WITH HINGES, KNOBS and LATCH. chose your doctor-for ef-

IRVIN'S CASH HARDWARE,

BELLEFONTE, PA.

R. J. SCHAD & BRO. No. 6 N. Allegheny St., BELLEFONTE, PA.

Buggies, Wagons, Etc.

Fine Groceries

Fine Spices,

Fine Confectionery,

Fine Sardines,

Fine Lemons,

But all these can talk for them-

selves if you give them a fair chance.

NEW FISH,

Bright Handsome New Mackerel,

New Caught Lake Fish,

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White Fish.

Vegetable,

Lake Trout.

Gumbo,

Ciscoes,

New Maple Sugar and Syrup,

Fine Canned Soups,

Consomme, Mulligatawney,

Enameled Ware,

Tomato,

Bouillon, Oxtail,

Chicken,

Tin Ware,

Best place to bring your produce

\$5,000

SECHLER & CO.

BELLEFONTE, PA.

\$5,000

Brooms and Brushes.

and best place to buy your goods.

Mock Turtle,

Fine Coffees,

Fine Fruits.

Fine Cheese.

Fine Syrups,

Fine Hams,

Fine Olives,

Fine Oil,

Fine Bananas,

FINE GROCERIES.

Fine Teas,

Fine Syrups,

Fine Canned Goods,

Fine Dried Fruits,

Fine Bacon,

Fine Pickles,

Fine Ketchups,

Fine Oranges,

It is claimed that for years buggy manufacturers have secured exorbitant prices for their goods but recently, through the combined assistance of the farmers of Iowa, Illinois and other states Sears, Roebuck & Co., of Chicago, have got the price of open buggies down to \$16.50; Top Buggies, \$22.79; Top Surries, \$43.75 and upwards, and they are shipping them in immense numbers direct to farmers in every state. They send an immense Buggy Catalogue free, postpaid, to any one who asks for it. This certainly is a big victory for the farmer, but a severe blow to the carriage manufacturers and dealers.

43-27-3m

You'll be glad if, you do and sorry if you dont take advan tage of the special bargains he is offering now in

.....BUGGIES, WAGONS, ETC.

that will almost be given away Don't fail to remember this.

S. A. McQUISTION & CO. BELLEFONTE, PA

Jewelry.

BELTS,

HAT PINS.

in Gold and Sterling Silver.

QUALITY HIGH. PRICES LOW. Queensware,

High St. BELLEFONTE, PA

Hardware.

IRVIN'S!

\$5,000

-WORTH OF-HARNESS, HARNESS, HARNESS

SADDLES, BRIDLES.

PLAIN HARNESS. FINE HARNESS. BLANKETS, WHIPS, Etc.

All combined in an immense Stock of Fine Saddlery.

.....NOW IS THE TIME FOR BARGAINS .....

To-day Prices have Dropped

THE LARGEST STOCK OF HORSE COLLARS IN THE COUNTY.

JAMES SCHOFIELD, BELLEFONTE, PA.

Insurance.

A CCIDENT -AND-

INSURANCE.

HEALTH

THE FIDELITY MUTUAL AID ASSO-CIATION WILL PAY YOU

If disabled by an accident \$30 to \$100 per month if you lose two limbs, \$208 to \$5,000, if you lose your eye sight, \$208 to \$5,000, if you lose one limb, \$83 to \$2,000, if you are ill. \$40 now worth. If you are ill \$40 per month, If killed, will pay your heirs, \$20s to \$5,000, If you die from natural cause, \$100.

IF INSURED. You cannot lose all your income when you are sick or disabled by accident.

Absolute protection at a cost of \$1.00 to \$2.25 Absolute protection at a cost of \$1.00 to \$2.25 per month.

The Fidelity Mutual Aid association is preminently the largest and strongest accident and health association in the United States.

It has \$6,000.00 cash deposits with the States of California and Missouri, which, together, with an ample reserve fund and large assets, make its certificate an absolute guarantee of the solidity of protection to its members.

For particulars address J. L. M. SHETTERLEY, Secretary and General Manager, San Francisco, Cal.