

Democratic Watchman

Bellefonte, Pa., May 20, 1898.

GOD'S MIRACLE OF MAY.

There came a message to the vine, A whisper to the tree, The blue-bird sang the secret sign And merrily sang he...

The Universal Allment.

Some Suggestions as to the Mitigation of the Disease Once Called Quinsy.

Quinsy, or tonsillitis, is an acute inflammation of one or both tonsils. The inflammation is commonly very 'active,' causing great pain and ending in the formation of matter.

Children, and especially young adults, are most subject to the disease, for it is in them that the tonsils are most fully developed and most prone to take on inflammation.

The first indication of trouble is usually a chill or a chilly sensation, such as many people have come to recognize as a sign of having caught cold.

The pain, which rapidly increases, is continuous, but is greatly aggravated by the chewing and swallowing of food.

Sometimes the trouble may apparently, at least—be cut short by early treatment, but usually the inflammation goes on to the formation and discharge of an abscess.

A person with tonsillitis should live on milk and broths. Indeed, there is no temptation to take solid food, not only because of the pain in swallowing, but because the appetite is lost.

Gargling with a strong solution of borax or bicarbonate of soda in hot water, to which a little glycerine has been added, is very grateful. Cold compresses applied to the throat at the beginning of an attack occasionally appear to cut it short, but after the formation of pus has clearly become inevitable, warm applications or poultices should be used.

"No loafing allowed in this town. We work so much everybody else who expects to reside here for any length of time. Idleness breeds crime, and, as we never had a robbery or a murder here, we have determined to strike at the root of all evil.

There are quite a number of men in town who do not like that brand of prosperity that fixes wages at \$1.25 a day and four at \$1.75 a sack.

China's Dense Population. China's 1,300,000 square miles support a population of 383,000,000, which is an average of 392 persons to the square mile.

Human Heart Statistics. The human heart is six inches in length, four inches in diameter and beats on an average seventy times per minute, 2,900 an hour, 100,800 times a day, and 36,792,000 times in the course of the year.

In the Timber Belt. Time was when Kansas, like Nebraska, was known as a treeless State, but the shipment of two carloads of walnut logs from Kansas to Scotland last week is proof that tree planting is working a great change in the prairies of the West.

The Voice of Experience. Edith—Oh, Ethel, what shall I do? Jack says he supposes it's all over between us and that he'll send my presents back.

Good Reason. Dimpleton—Do you know, old man, I don't spend so much money now as I did before I was married.

Sure Transmitter. "Mr. Bilms, how is it that you know everything about Mrs. Simms?" "Oh, my hired girl worked for her three years."

Movements of Troops.

A Number of Regiments Left Camp Hastings at Mt. Gretna on Sunday.

Two regiments of Pennsylvania volunteers pulled out from Mount Gretna before 5 o'clock Sunday afternoon. The first to go was the Fourth, Colonel Case, which moved before daybreak.

This afternoon Colonel Robert Balston, of the Third regiment, received orders to move at once, and late this evening the regiment boarded the cars and started on the journey to Chickamauga.

Colonel John B. Porter, of the Second regiment, received orders on Sunday which divided his regiment. Monday the First battalion, under Colonel Porter, left for Wilmington, Del., and the remaining companies, under Lieutenant Colonel Dechert, will go to Pompton, N. J.

Both divisions will do duty guarding powder works. The United States army officers are getting ready to leave. Major Hall, the surgeon, left for New York Monday afternoon.

Royal Baking Powder is the purest and highest in strength of any of the baking powders sold and hence makes more, finer and better food. These are the official facts set forth by the U. S. government and the various State Chemists' reports.

That Hood's Sarsaparilla purifies the blood and relieves a vast amount of suffering is not a theory but a well known fact.

Children Cry for Pitcher's Castoria. Face-simile signature of Chas. H. Fletcher is on the wrapper of every bottle of Castoria.

When baby was sick, we gave her Castoria. When she became Miss she clung to Castoria. When she had Children she gave them Castoria.

Is the name of the only perfect train in the world, now running every night between Chicago, St. Paul and Minneapolis via the Chicago, Milwaukee & St. Paul railway—the pioneer road of the West.

Mr. George Gross, of Water street, says: "Some two years ago or more I used Doan's Kidney Pills for backache. It has appeared in Bellefonte papers a dozen times during the past year and it would have been instantly contradicted unless true."

It is the best road between Chicago and the Twin Cities. It has the most perfect track. Its equipment is the finest.

Its sleeping cars are palaces. Its dining car service is equal to the best hotels. Its electric-lighted trains are steam heated.

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Their Lives Crushed Out.

Five lives were crushed out and several men terribly injured in New York, by the collapse of two five-story flat building in course of erection on East One Hundred and Sixteenth street.

German Baptists' (Dunkards) Annual Meeting, Naperville, Ill. Reduced Rates via Pennsylvania Railroad.

For the benefit of persons desiring to attend the annual meeting of the German Baptists (Dunkards) at Naperville, Ill., May 29th to June 7th, 1898, the Pennsylvania railroad company will sell excursion tickets from points on its line west of Baltimore, Lancaster, Reading, and south of Sunbury, all inclusive, at rate of single fare for the round trip to Chicago plus \$1.85 to Naperville; these tickets to be sold May 23rd, 24th, 27th, and 28th and good to return until June 24th, except that on deposit of tickets with agent at Naperville on or before June 24th, return limit may be extended to June 30th.

President McKinley's war map is mounted on a wooden back. It is eighteen feet long and ten feet wide and shows the Atlantic Ocean, with its islands and both coasts, from Newfoundland to the mouth of the Amazon river.

A remarkable tale of human fecundity is told by the London "Daily News." An Italian peasant woman named Granata, married at 23, has borne 62 children. She began with a single daughter, followed by six boys at a birth, then by five more, and these by triplets twice and four at a birth. After this she limited herself like ordinary women to single babies and twins, but wound up with another batch of four.

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A SCHOOL GIRL'S NERVES.

This Record is of Especial Value to Parents. It's a Message from a Loving Mother Dedicated to the Mother's of Growing Girls. A Truthful Narrative of the Utmost Interest and Importance.

It is important that the nerves are carefully guarded. Mothers who have young daughters of school age should watch their health more carefully than their studies.

The proper development of their bodies is of first importance. After the confinement of the school room, plenty of outdoor exercise should be taken. It is better that children never learn their a, b, c's, than that they over-study they lose their health.

All this is self-evident. Everyone admits it—everyone knows it, but everyone does not know how to build the health up when once broken down, even the best physicians failing at times.

"Previously she had been a bright, healthy young girl," says Mrs. Barnes. "She was diligent and progressive in her studies."

"She had continual twitching in the arms and lower limbs and symptoms of St. Vitus' dance. Her blood was out of order she was thin and pale, almost lifeless. In three months she lost twenty-three pounds."

The reason that Dr. Williams' Pink Pills for Pale People were helped in the above case, is that they are composed of vegetable remedies which act directly on the impure blood, the foundation of disease.

As the blood rushes through all parts of the body, the conveyer of good or bad health, it is necessary that it should be pure, rich and red. Dr. Williams' Pink Pills build up the blood by supplying its life giving elements which nourishes the various organs, stimulating them to activity in the performance of their functions and thus drives disease from the system.

The pills are in universal demand and sold by all druggists.

W. H. Miller, Allegheny Street, Bellefonte, Pa., puts on now or repairs old slate roofs at the lowest prices. Estimates on new work gladly furnished.

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Medical.

Medical. "We did everything possible for her, and she had the best of medical treatment."

"Several skilled physicians attended her, but no benefit was apparent. A family friend visiting us, told her daughter had been similarly affected, but cured by Dr. Williams' Pink Pills for Pale People."

"She urged us to try the pills, and we finally consented. We have always rejoiced that we did. The pills helped Lucy at once, and after taking eight boxes she was entirely cured."

"She is now in perfect health, strong, weighs ten pounds more than ever before, and her cheeks are full of color."

"Two years of schooling were missed on account of ill health, but now she can gratify her ambition to study and become an educated woman."

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Travelers Guide.

PENNSYLVANIA RAILROAD AND BRANCHES. Schedule in effect May 17th, 1897.

Table with columns: Station, Time, Direction. Includes routes like TYRONE-WESTWARD, TYRONE-EASTWARD, and TYRONE AND CLEARFIELD, R. R.

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Table with columns: Station, Time, Direction. Includes routes like BELLEFONTE & SNOW SHOE BRANCH and BELLEFONTE CENTRAL RAILROAD.

Trains from Montandon, Lewisburg, Williamsport, Lock Haven and Tyrone connect with train Nos. 3 and 5 for State College. Trains from State College connect with Penn'a. R. R. trains at Bellefonte. Daily, except Sunday. F. H. THOMAS Supt.