Democratic Watchman.

Bellefonte, Pa., Oct. 9, 1891.

Farm Notes.

Milk may contain filth in a soluble condition. The hands of the milker should be washed before beginning to milk, and the udder should be made clean. The stall in which cows are milked should be cleaned before milking and every precaution taken to guard against the slightest amount of filth getting into the milk. No doubt some farmers may ridicule such advice, but those who make "gilt-edge" butter are thus careful, and as they secure high prices for their butter the cleanliness pays.

Feeding the stock certain foods that they must be tempted to eat by adding something better with the unpalatable foods is simply taxing the stock to do that which should be avoided. It is not the amount of food eaten which gives results, but the proportion that is digested. Woody fibre should be digested in the manure heap. To compel the cow to eat bulky substances simply to get them out of the way may save grain, but the gain in grain will be offset by a loss in milk.

The use of liquid manures should be done with judgment, especially during dry weather. In giving roses or other flowering plants a needed stimulant it is best to apply cold water profusely, allowing sufficient time for the plants to quench their thirst before applying the liquid manure. To do this properly saturate the ground around the plants at night, and apply the stimulant early in the morning before the sun appears.

Buying a cow is a risk greater than that of buying a horse. An expert may discover defects in a horse, especially of the limbs, and a test may show the faults of the horse when it is driven, while even the vices may be discovered, but the one who buys a cow is compelled to test her at the pail and on different kinds of food, while her vices may not be known until she has done more damage than her worth.

Hundreds of farmers have failed because of owning too much land. Farmers who cultivate more land than they can properly manage are said to be "land poor," as they pay taxes on unprofitable property. It will pay to divide large tracts into small farms, and sell all but that which comes within the ability of the farmer to properly manage, and from which he may derive a profit.

The old-fashioned way of drying fruit in the sun is not to be despised. It enables many to save their surplus fruit who would otherwise allow it to waste. Cheap and handy cider-mills and presses have materially assisted in saving a large portion of the apple crop, and vinegar will be more plentiful than for several years.

Analysis shows that while more than half the potash is lost from the tan bark, but a small quantity of the phosphoric acid is lost. Tannery ashes are worth considerable more than leached wood ashes, and are always worth hauling away; still such ashes contain considerable potash.

Soot from the chimneys should be saved and used for pot plants. The soot will prevent the attack of certain insects, as it destroys worms in the soil, and is also of itself an excellent fertilizer and invigarator. A tablespoonful of soot in a pint of water is a fair proportion for pot plants.

A brisk-walking horse will accomplish more than a slow walker that is occasionally made to trot, and will also be in better condition after a hard day's labor. The summer season is very trying on the horse, and the natural gait is the best, a fast walk being an advantage.

Galen Wilson says a microscope should be as much of a creamery implement as a thermometer, to study the filth from seams or corners of milk receptacles or from filthy floors. The wriggling animal life brought to view will be an incentive to cleanliness.

Philo Waterson, of Weyauwega, Wis., picked from a single Duchess tree last week twenty-five bushels of choice apples with no windfall or wormy ones, which he sold at $1 per bushel or $25 for the crop from one rod square of ground.

A mixture of lard and snuff is the California remedy for lice on stock. This ointment does not need to be applied to the entire animal, but a ring of it two or three inches wide made completely around the neck will have the desired effect.

When small fruit trees arrive with the roots very dry they will be benefited if placed with the roots in a tub of water for a few days before transplanting them. Use plenty of water around the roots in the ground also at the time of setting them out.

If the potatoes show the slightest sign of rot burn all the tops and procure seed elsewhere next season. Any precaution used now to stamp out the disease will be beneficial next season.

Tansy water is recommenned as a destroyer of the cabbage-worm. Where tansy grows in large quantities it will not cost much to try the remedy.

Now is the time to give sheep an opportunity. They will find an abundance of food on the fields from which the crops have been removed.

A dry season is the time to clean out the wells, as it can then be done properly. A well should be thoroughly cleaned at least once a year.

Buttermilk is said to be a true milk peptone, and, with the exception of koumiss, is the most digestible milk product at our command.

Grooming the cows is not often done, but it would add to their spirit and comfort, however, as well as promote cleanliness.

Twenty-eight potatoes that fill a half bushel were recently dug on the farm of J. G. Carvile, No Name Pond, Me.

Dangers to Girls on Horseback.

We can look upon the declaration of Young America for sport with supreme gratification, as it argues well for the generations to come, but we should not lose sight of the fact that its benefits may be more than counterbalanced by injudicious forcing these tastes. That there is danger of this is shown by the tendency to put girls on horseback at an age much too tender to have other than harmful results. It is marvelous that a mother who is usually most careful in guarding her child's safety should allow her little one to incur the risks attendant upon riding (which are great enough for a person endowed with strength, judgment, and decision) without thought of the dangers she is exposed to at the time or what may be the evil effects in the future.

Surely parents do not realize what the results be, or they would never trust a girl of 8 years or thereabouts to the mercy of a horse, and at his mercy she is bound to be. No child of that age or several years older has strength sufficient even to manage an unruly pony, which, having once discovered his power, is pretty sure to take advantage of it at every opportunity. Even if no accidents occur, the knowledge of her helplessness may so frighten the child that she will never recover from her timidity. It is nonsense to say she will outgrow it, early impressions are never entirely eradicated, and if she in after life appears to regain her courage, at a critical moment it will desert her, and early recollections reassert themselves.—*Harper's Bazar.*

Not the Right Word,

"No," said Bertha sadly, "'pain' doesn't express what I suffer at these times—it is simply *anguish*!' I know I ought to consult a physician, but dread it so! I can't bring myself to do it. Then, too, 'female diseases' always seemed so indelicate to me, I can't bear to have any one know or speak of mine."

"Yes, dear," answered Edith, "but don't you know you can be cured without going to a physician? Send to any druggist for a bottle of Dr. Pierce's Favorite Prescription, and take it, and I warrant you'll feel better in a very few days."

The *manufactures warrant* the medicine, too. They *guarantee* it do exactly what it claims, viz; to cure leucorrhea, painful irregularities, excessive flowing, prolapsus inflammation or ulceration of the uterus, and the innumerable other "female weaknesses." It so strengthens and builds up the uterine system, and nerves, that worn-out run-down wives and mothers feel rejuvenated after taking it, and they are saved the painful embarrassment and expense of a surgical examination and a tedious, tiresome treatment.

Rum and Tobacco in England.

Pall Mall Gazette.

Last year was the greatest tobacco year on record. The gross revenue from this source amounted to £9,717,000, or £503,000 in excess of the previous year. This is the commissioners attribute to the improved wages of the working class, but it is also worth noting that the revenue has gained and not lost by the reduction of the duty. The consumption of rum on the other hand, has continued to increase in spite of the extra sixpence imposed last year--a fact which marks it out as a fit subject for another sixpence next year. But the alcoholic tendency of these times has not been confined to spirits, it has asserted itself in wine also--whence the commissioners, who gauge mankind by the wine and spirit tes-, infer that the "upper strata" also have enjoyed better pay. Tea, coffee and cocoa suggest similar reflections; indeed a large part of the report is a writing of contemporary history by the bibulous method.

Multum in Parvo.

Because a thing is small in size,
Think not 'twill pay to scorn it:
Some insects have a larger waist,
But lift less than the hornet.

Some people may, perhaps, scorn, on account of their diminutiveness, Dr. Pierce's Pleasant Pellets. But a trial of them convinces the most scornful skeptic, that they will cure constipation dyspepsia, sick and billious headache, quicker and surer than their large waisted competitors, the old-style pill.

CHARLESTON RICE PUDDING.—Boil half a teacupful of rice dry; beat five eggs well, whites and yellows together; add to the rice, with sugar to suit the taste, a pint of sweet milk, a heaping teaspoonful of corn starch, and any flavoring preferred. Pour in an earthen baking dish, and put little pinches of butter all over the top. Bake an hour; and if the pudding browns too quickly, set a pan of boiling water on the top rack of the stove, just over the dish.

RINGING NOISES.—In the ears, sometimes a roaring buzzing sound are caused by catarrh, that exceedingly disagreeable and very common disease. Loss of smell or hearing also result from catarrh. Hood's Sarsaparilla, the great blood purifier, is a peculiarly successful remedy for this disease, when it cures by purifying the blood. If you suffer from catarrh, try Hood's Sarsaparilla, the peculiar medicine.

BLACK RASPBERRY PUDDING.--Fill a dish with soft, white bread, broken into inch pieces. Stew one quart of black caps, squeeze through cheese cloth, sweeten to taste, heat again and pour it hot over the bread, using as much as the bread will absorb. Beat the whites of three eggs stiff, add three tablespoonfuls sugar. Pile it lightly on a buttered plate the same size as the pudding dish, brown it slightly and slip it off on the pudding. Serve cold.

——I had catarrh of the head and throat for five years. I used Ely's Cream Balm, and from the first application I was relieved. The sense of smell which had been lost, was restored after using one bottle. I have found the Balm the only satisfactory remedy for catarrh, and it has effected a cure in my case.—H. L. Meyer, Waverly, N. Y.

Poultry and the Farm Boys.

We will venture to assert that if each boy is given a flock of fowls, if only Bantams, and he alone have the management of them, and the receipts—a very important adjunct—the flock of fowls will cause the boy to take an interest in farming from the start. Let him become accustomed to the breed and he will soon learn the points of all breeds. And he will not stop there. He will aim to know the breeds of cattle, sheep, horses and hogs. He will look forward to the exhibitions at the county fairs, and strive to win prizes. He will have a love for the farm bred in him from the start, and when he is a man he will yearn for the happy days spent on the farm, and he will go back to it if he can, should he be induced away. When one becomes interested in poultry on the farm he becomes educated to an interest in everything else. As soon as your boy can manage them, give him a few Bantams, and after he is older start him with some pure breed of standard size. It is the best plan for teaching the boy to remain on the farm.

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Business Notices.

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Ins. in force Jan. 1, '91	$238,988,807.00
Increase during 1890	36,502,884.00
Increase in assets in 1890	5,237,042.65
Increase in surplus in 1890	891,377.65
Total income in 1890	11,119,278.05
Increase over 1889	1,739,819.05

III.—IT IS A CAREFUL COMPANY.

Death-loss incurred during 1890, per $1,000 insured	$9.60
Ditto, next lowest Co	11.40
Average of the 9 largest competing companies	14.90
Death loss at $9.60 per $1,000	2,122,290.25
Death loss had rate been $14.90	3,289,549.50
Amount saved	1,167,259.25
Assets in first mortgage bonds	3 per ct
Ditto, 9 largest competing co's	36 "
Assets in railroad and other fluctuating securities	None
Ditto in 9 largest competing co's	32 per ct

The nine leading competing companies above referred to are
Equitable, N. Y.
Mutual Life N. Y.
New York Life, N. Y.
Connecticut Mutual.
Mutual Benefit.
New England Mutual.
Mass. Mutual.
Penn. Mutual.
Ætna.

IV.—IT IS A WELL MANAGED COMPANY

	pr. ct.
Rate of interest earned in '90	5.92
Average rate of 9 leading competitors	5.15
Interest income at 5.92 per ct	$2,196,503
Interest income had rate been 5.15 per ct	1,910,958
Interest gained	285,545

V.—IT PAYS THE LARGEST DIVIDENDS.

The NORTHWESTERN is the only company which, in recent years, has published her dividends. In 1885 and in 1887 the Company published lists of nearly 300 policies, embracing every kind issued, and challenged all companies to produce policies, alike as to age, date and kind, showing like results. *No reference or reply to this challenge has ever been made by any officer or agent of any company, so far as known.*

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Interest receipts in 1890	$2,196,502
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—[AT THE WATCHMAN OFFICE.]—

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