

Democratic Watchman

Belleville, Pa., May 1, 1891.

An Unpleasant Delusion.

"Talking about ghosts on railroad tracks," said the engineer, as he mopped his brow with a piece of dry waste, "I believe in them."

"Why so?"

"Well, I killed a man once—that is, my engine killed him—and I can't get rid of him."

"Haunts you, does he?"

"Not exactly. But I can't get him out of my memory. It happened on the old Brunswick & Western Railroad. I had taken a young man—a tramp—on the engine with me. He was a Northern man who had been South for his health and had got broke in Florida. He was going home to die, he said and asked me to give him a lift. I was sorry for him and granted his request with pleasure."

"The fellow had consumption, and the jolting of the engine resulted in a hemorrhage. I wasn't noticing the man, when I heard a shriek and then out of the cab he tumbled and then under the engine! I heard the wheels pass over him and grind his bones to powder!"

"After that, whenever we would reach that spot I seemed to hear a shriek and the grinding of the wheels on human bones."

"On one occasion the fireman swore that he saw the man picking up his bones along the track; but of course there was nothing in that. But for six months afterwards, as long as I remained on the road, I imagined I could hear the shriek and feel the engine jump when we got to that place. I suppose it was all imagination, but I could not help it all the same."

Power of Habit.

I have read of men who have acquired the habit of chewing cloves or coffee beans until the habit had taken as a hold as ever did alcohol, morphine or cocaine upon its victim, says Dr. A. C. Robinson of St. Louis.

I readily believe this, because there is a young man of my acquaintance who actually acquired what was for a long time an uncontrollable taste for tincture of aloes, one of the bitterest substances in or out of the pharmacopoeia. He had been addicted from the childhood to the disagreeable habit of biting his finger nails incessantly.

He was advised to touch the tips of his fingers with the tincture of aloes. At first the remedy was successful, but the desire to nibble at his nails was incessant.

Gradually he got used to the bitter taste. Later on he craved it, and he actually reached the point where he carried a vial of the fluid about with him and applied it from time to time to his finger ends, being utterly miserable without it.

The effect on his constitution of this idealized narcotization at last became so serious that he applied to a celebrated specialist, who treating the habit as a disease, in some manner effected a cure.

The young man now grows talons where he had the nails gnawed down to the quick formerly.—*St. Louis Globe Democrat.*

Fourth of July Excursion to Gettysburg via Pennsylvania Railroad.

The widespread interest which centres in the battlefield of Gettysburg has induced the Pennsylvania Railroad Company to arrange a general excursion to that point from all principal stations on its system on July 3d and 4th next. Not only the fact that this day is a national holiday renders the date appropriate, but it is at the same time the twenty-eighth anniversary of the great battle. Independence Day is also a favorite date for the visit of veterans to the field, and there are always ceremonies of interest to civilians as well as soldiers.

On this occasion excursion tickets will be sold from all principal stations on the Pennsylvania System on July 3d and 4th, valid for return until July 6th. The rates which will prevail are exceedingly low. Round-trip tickets will be sold from New York at \$5, Philadelphia at \$3, Washington at \$3, Canandaigua \$7.50, Pittsburgh \$7.50, and at proportionately low figures from other stations.

The regular train service will be available in most cases, but special service may also be provided, due notice of which will be published later.

The Passable of the Rats.

A Scotch paper gives us a forcible temperance lecture in the following parable. We would like to shake hands with that bright boy:

A laborer at the Dundee harbor lately told his wife in a waking dream, a curious dream which he had during the night. He dreamed that he saw coming toward him, in order, four rats. The first one was very fat, and followed by two lean ones, and the rear rat being blind. The dreamer was greatly perplexed as to what might follow, as it has been understood that to dream of rats denotes coming calamity. He appealed to his wife concerning this, but she, poor woman, could not help him. His son, a sharp lad, who heard his father tell the story, volunteered to be the interpreter. "The fat rat," he said, "is the man who keeps the public house, that ye gang till see often; the two lean ones are me and my mither, and the blind one is myself, father."

John McNamara states that he with others has discovered a cure for consumption and cancer, which he has offered to the Queensland, Australia, Government, for £25,000. He is now erecting a plant capable of turning out sufficient of the alleged cure for treatment of 10,000 patients.

What is alleged to be the first gun made for the Confederacy is now in possession of Mrs. H. L. Miller, of Chattanooga, "whose father made it at Holly Springs, Miss., in 1861. It originally had a riddled barrel, and is still in good condition."

How Women Rest.

How differently men and women indulge themselves in what is called a resting spell. "I guess I'll sit down and mend these stockings and vest awhile," says the wife; but her husband throws himself upon the easy lounge, or sits back in his arm chair, with feet and hands at rest and feet placed horizontally upon another chair.

The result is that his whole body gains the full benefit of the half hour he allows himself from work, and the wife only receives that indirect help which comes from change of occupation. A physician would tell her that taking even ten minutes in a horizontal position, as a change from standing or sitting at work, would prove more beneficial to her than any of her makeshifts at resting. Busy women have a habit of keeping on their feet just as long as they can, in spite of backaches and warning pains.

As they grow older they see the folly of permitting such drafts upon their strength, and learn to take things easier, let what will happen. They say, "I used to think I must do thus and so, but I've grown wiser and learned to do slight things." The first years of housekeeping are truly the hardest, for untried and unfamiliar cares are almost daily thrust upon the mother and homemaker.

Trivialities.

It is not always easy in any sphere to discriminate between the trifling and the momentous. It is often a matter of comparison, and judgment and experience are needed in the selection. Trifles are not to be confounded with details, which are often most important. Neither are things necessarily trifling because they are small. A kind look, a gentle warning, a cordial greeting, a slight service are sometimes despised as trifles, when in truth they are signs of a generous and kindly nature, and carry untold blessings to their recipients.

Many little things are far more important than what we miscall great ones; they may indeed be the true realities while the others may be insignificant. If each one will faithfully examine the meanings and purposes of the various spheres in which he moves, and endeavor conscientiously to make them first in his heart and life, the trifles will sink into their proper and subordinate place.—*New York Ledger.*

RHEUMATISM.—Is undoubtedly caused by lactic acid in the blood. This acid attacks the fibrous tissues, and causes the pains and aches in the back, shoulders, knees, ankles, hips, and wrists. Thousands of people have found in Hood's Sarsaparilla a positive cure for rheumatism. This medicine, by its purifying action, neutralizes the acidity of the blood, and also builds up and strengthens the whole body.

—A special kind of paper has been invented, which, it is alleged, is absolutely impervious to water, and will even stand boiling. The water proofing can be carried out either after the paper is made or during the operation of making it.

—I was a sufferer from a severe cold in my head for months and could get no relief. Was advised to use Ely's Cream Balm. It has worked like magic in its cure. I am free from my cold after using the balm one week, and I believe it is the best remedy known.—*Samuel J. Harris, Wholesale Grocer, 119 Front St., New York.*

—Tramp (to pedestrian)—Would you be kind enough to give me fifteen cents? I want to buy a clean collar and have my boots blacked.

Pedestrian—What is your profession?

Tramp—I'm on the railroad.

Pedestrian—Brakeman?

Tramp—Well—er—kind of a brakeman; I'm nearly always broke.—*Puck.*

Business Notices.

Children Cry for Pitcher's Castoria.

When baby was sick, we gave her Castoria. When she was a Child, she cried for Castoria. When she became Miss, she clung to Castoria. When she had Children, she gave them Castoria.

Look Here, Friend. Are You Sick?

Do you suffer from Dyspepsia, Indigestion, Sour Stomach, Liver Complaint, Nervousness, Lost Appetite, Biliousness, Exhaustion, or Tired Feeling, Pains in the Chest or Lungs, Dry Cough, Night sweats, Nervous Debility or any form of Consumption? If so send to Prof. Hart, 83 Warren St., New York, who will send you free, by mail, a bottle of medicine which is a sure cure. Send to-day. 35 19

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All Fits stopped free by Dr. Kline's Great Nerve Restorer. No fits after first day's use. Miraculous cures. Treatise and \$2.00 trial bottle free to fit cases. Send to Dr. Kline, 931 Arch St., Phila., Pa. 35-21-ly

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IN ALL THE WORLD THERE IS BUT ONE CURE. DR. HAINES' GOLDEN SPECIFIC.

It can be given in a cup of tea or coffee without the knowledge of the person taking it, effecting a speedy and permanent cure, whether the patient is a moderate drinker or an alcoholic freak. Thousands of drunkards have been cured who have taken the Golden Specific in the coffee without their knowledge, and today believe they quit drinking of their own freewill. No harmful effect results from its administration. Cures guaranteed. Send for circular and full particulars. Address in confidence, GOLDEN SPECIFIC CO., 382 1/2 185 Race Street, Cincinnati, O. 35 37-ly

Sechler's Grocery.

TO THE HUNGRY PUBLIC.

It is only those who eat—the many who require the necessities of life, to prolong their existence, that we address.

Those who use nothing—who think they need nothing—who live on expectation, hope or some intangible nothing, will save time by passing this column by. It is not intended for them but the other fellows. We write what is here put down for the people who are mortally hungry, and in consequence of getting hungry are sensible enough to try to get what is good, pure, wholesome and necessary, at prices that don't require them to lay out all that they earn, to appease their appetites. We have been in the hunger appealing business for many, many years. We know what men want, we know what women and children desire, and we know how much better and how much more pleasant it is to reside in a community where people enjoy good health, than among dyspeptic complainers, growlers and sufferers. To have healthy people pure food must be used. We understand this, and understanding it, keep nothing but the purest of everything that can be found in the market. To satisfy the demands of the many different stomachs that we try to gratify, requires a vast variety of dainties, condiments and relishes, as well as the substantial; and knowing this there is nothing that is eatable, relishable or appetizing, that we do not keep.

It is for you who want, or use anything eatable, either as meats, fish, groceries, fruits, nuts, relishes, or in fact anything from a piece of chewing gum to a first class beef steak, that we write and pay the printer to print this invitation for you to come and see us. If you live in town drop in and see what all we have and what quality of goods we carry.

If you live in the country come in the first time you come to town and learn how easy it is to get good, pure, fresh groceries, as low if not lower than many have been in the habit of paying for old, impure and strengthless articles of diet.

If you have any good fresh farm produce bring it along. Under any and all circumstances

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