

**THE Daily Physical Regimen of AMERICAN PEOPLE.**

JUST PUBLISHED BY DR. A. STONE  
Physician to the Troy Lang and Hygienic Institute.

A treatise on the Physical Regimen of the American People. It contains a full and complete description of the human body, its organs, and their functions. It also contains a full and complete description of the human mind, its faculties, and their functions. It is a book that every American should read.

**C. C. SERVER & SON,**  
(SUCCESSORS TO THOMAS R. TAYLOR & CO.)  
Paper, Envelope, and Printers' Card  
WAREHOUSE,  
No. 512, MINOR STREET,  
PHILADELPHIA, PA.

**W. M. S. BITTNER**  
Dental Surgeon.  
OFFICE IN MASONIC  
TEMPLE, next door to the Post Office.

**ARTIFICIAL TEETH**  
From a single tooth to a full set, in the most superior style, of GOLD, SILVER, OR VULCANITE BASE.

**A FARM AT PRIVATE SALE.**  
A RARE CHANCE FOR CAPITALISTS!  
GABRIEL MYERS offers his Farm, containing 225 acres, for sale.

**NEW GROCERY AND PROVISION STORE,**  
Corner of Annie and Harris Streets,  
EAST ALTOONA.

**WEST BRANCH INSURANCE CO.,**  
LOOK HAVEN, PA.  
PREMIUM NOTES IN FORCE.....405,000.

**NORTH WARD AHEAD!  
NEW GOODS! NEW GOODS!**

**AT OLD PRICES.**  
THE UNDERSIGNED WOULD RE-  
spectfully inform the citizens of Altoona and surrounding country that he has just returned from the East, where he has been selecting his stock of Spring and Summer Goods, which are of the highest quality and at the lowest prices.

**LADIES' DRESS GOODS**  
**MEN AND BOYS' SUMMER WEAR.**  
LADIES' AND MISSES' DRESS SHIRTS,  
MEN AND BOYS' BOOTS AND SHOES,  
MEN AND WOMEN'S HATS AND CAPS.

**EMPORIUM OF FASHION!!**  
D. W. A. BELFORD, Proprietor.  
THE PROPRIETOR OF THE "EMPORIUM OF FASHION" respectfully announces to the public that he has received a large invoice of

**HARDWARE**  
The subscriber having taken entire charge of the Hardware and Tin Shop recently under the charge of F. W. Winters, on Virginia street, opposite Kennedy's Drug Store, and having added largely to his stock in new and improved articles in the Hardware and Tin line, such as

**STOVE BUSINESS,**  
and will be able to select an article to please his fancy. In the line of TIN AND SHEET IRONWARE, CEDAR AND WILLOWWARE, ROOFING AND SPOUTING

**HARDWARE-HARDWARE!**  
CHARLES J. MANN,  
BALKER IN FOREIGN AND DOMESTIC HARDWARE.

**GROCERY AND PROVISION STORE,**  
Annie Street, East Altoona, a few doors above  
Broad Street.

**GREAT PRICES OF PANTALOONS**  
for Men and Boys.

**ONWARD! ONWARD!  
EXCELSIOR OUR MOTTO!**

**WHEELER & WILSON'S SEWING MACHINES**  
R. A. O. KERR,  
ALTOONA, PA.  
Agent for Blair & Huntingdon Counties.

**WHITE GOODS.**  
Irish Linen, Cambric, Victoria Lawn, plain and dotted Swiss, Bobolite, Edging, &c.

**BOOT AND SHOE STORE,**  
Gaiters, Slippers, &c.

**TOBACCO.**  
SMOKING—Long No. 1, No. 2, No. 3 and 2 mixed, Grand Old No. 1, No. 2, No. 3, No. 4, No. 5, No. 6, No. 7, No. 8, No. 9, No. 10, No. 11, No. 12, No. 13, No. 14, No. 15, No. 16, No. 17, No. 18, No. 19, No. 20, No. 21, No. 22, No. 23, No. 24, No. 25, No. 26, No. 27, No. 28, No. 29, No. 30, No. 31, No. 32, No. 33, No. 34, No. 35, No. 36, No. 37, No. 38, No. 39, No. 40, No. 41, No. 42, No. 43, No. 44, No. 45, No. 46, No. 47, No. 48, No. 49, No. 50, No. 51, No. 52, No. 53, No. 54, No. 55, No. 56, No. 57, No. 58, No. 59, No. 60, No. 61, No. 62, No. 63, No. 64, No. 65, No. 66, No. 67, No. 68, No. 69, No. 70, No. 71, No. 72, No. 73, No. 74, No. 75, No. 76, No. 77, No. 78, No. 79, No. 80, No. 81, No. 82, No. 83, No. 84, No. 85, No. 86, No. 87, No. 88, No. 89, No. 90, No. 91, No. 92, No. 93, No. 94, No. 95, No. 96, No. 97, No. 98, No. 99, No. 100.

**BUILDING LOTS FOR SALE.**  
The subscriber offers for private sale EIGHT BUILDING LOTS, situated on the top of the hill, above the residence of the Altoona City and County, and is now prepared to accept of any offer for the same.

**AGENCY—THE UNDERSIGNED, Agent of the**  
Blair County Insurance Company, of Blair County, Pa.

**BLAIR COUNTY INSURANCE AGENCY.**  
The undersigned, agent of the Blair County Insurance Company, of Blair County, Pa., is now prepared to accept of any offer for the same.

**MUSIC—INSTRUCTIONS GIVEN**  
on the Piano-Forte and Melodion, by Miss M. SHUMAKER, Teacher, 210 Park Street, West Altoona.

**AMERICAN**  
Life Insurance and Trust Co.

**COMPANY'S BUILDING** Southeast  
Corner of Walnut and Fourth Streets, Phila.  
Authorized Capital, \$500,000  
Paid up Capital, 250,000  
Assets, 1,897,746  
Incorporated 1850, by the Legislature of Pennsylvania.

**OVER 1,400 MORE**  
of these Machines have been sold than of any other make.

**POKED OUT AGAIN!**  
The undersigned would respectfully solicit the patronage of the citizens of Altoona and vicinity, as he has just opened out

**STOVES,**  
TIN AND SHEET-IRON WARE.  
THE UNDERSIGNED WOULD RESPECTFULLY announce to the citizens of Altoona and vicinity that he has just received a large invoice of

**THE UNDERSIGNED RESPECTFULLY**  
announces to the citizens of Altoona and vicinity that he has just received a large invoice of

**Boots & Shoes,**  
Gaiters, Slippers, &c.

**CARPETINGS & BEDDING.**  
REMOVAL.  
R. L. KNIGHT & SON

**NEW AND IMPROVED STYLES**  
of Trunks, Valises and Carpet-Bags.

**HUTTER'S STATE CAPITOL Book Bindery**

This establishment is chiefly devoted to the manufacture of Blank Books of various sizes, and of all kinds of Stationery, and of all kinds of Printing, and of all kinds of Binding.

**HOLIDAYSBURG MARBLE WORKS**  
JOHN HOKAGE, Proprietor.

**PATENT KEROSENE OR CARBON**  
JIL LAMPS:  
Unrivalled in Beauty, Simplicity, Safety or Economy.

**STOVES, Tin and Sheet Iron Ware.**  
SPOUTING, & C.  
RIG WOULD RESPECTFULLY

**NATIONAL POLICE GAZETTE.**  
The Great Journal of Crime and Criminals in the United States.

**EXCHANGE HOTEL—THE SUB-**  
scriber would respectfully inform the public that he has recently received a large invoice of

**SOMETHING NEW!**  
The subscriber has just returned from the East where he has purchased a large and fine stock of

**LEVI'S PREPARATION FOR XX.**  
Terminating RATS, MICE, ROACHES, ANTS, and all other vermin.

**McCormick & Deern**

McCormick & Deern, Publishers of the Altoona Tribune.

**Choice Poetry.**  
THE SOLDIER TO HIS MOTHER

**ONWARD! EVER ONWARD!**  
STEP BY STEP!  
THE UNDERSIGNED DESIRES TO

**JACOB WEIS,**  
BAKER AND CONFECTIONER.

**H. FETTINGER'S**  
General News Agency.

**W. M. LLOYD & CO.,**  
BANKERS.

**G. W. KESSLER—PRACTICAL**  
DRUGGIST, respectfully announces to the citizens of Altoona and vicinity that he has just received a large invoice of

**OUR LADY FRIENDS WOULD DO**  
well to look in upon the choice and elegant assortment of

**Altoona Tribune**

McCormick & Deern, Publishers of the Altoona Tribune.

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THE SOLDIER TO HIS MOTHER

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