POVERTY OF PRESIDENTS. Most of the Nation's Rule rs Dy ing Poor.

Financial Condition of the Presidents From Washington Down to Garfield.

If you will look back over the list, writes the Washington correspondent of the Cleveland [Ohio] Leader, you will see that from the beginning most of our presidents have been poor men. George Washington was, perhaps, the wealthiest of them aud Rutherford B. Hayes will perhaps rank next. John Adams, at the age of 66, after twentysix years of continuous public service, retired to his little estate at Quincy, Mass., with barely enough property to give him the needs of life on a farm. Thomas Jefferson had to borrow something less than \$10,000 of a Richmond bank to pay his debts before he left the White House, and the history of the last seventeen years of his life is one of almost constant financial embarassment. President Madison left some property at the time of his death, but his widow, the peerless Dolly, was for a time dependent on the bread and meat furnished her by an old negro servant, and her last days were made 'easy only by Congress buying of her for \$30,000 the manuscript notes of the debates of the Constitutional Convention which Madison had taken. President Monroe, though he declined, it is said, \$358. 000 from the government for his public services, died yery poor in New York. John Quincy Adams must have received over half a million dollars in government salaries, and he is one of the few Presidents who again took up life after he left the White House. He remained in retirement only about a year, and then entered the Lower House of Congress. After about sixteen years of service there he died in the Capital in 1848, exclaiming, "This is the end of earth, I am content." Andrew Jackson gained nething in wealth from his line should be applied. If the throat White House salary. It cost him, he feels sore a chlorate of potash lozenger said, every cent of it to pay his expenses, and the most of the proceeds of his cotton crop in addition. He' returned from Washington at the close of his second term with just \$90 in his pocket, to find his farm going to suin, and himself so deeply in debt that he had to sell part of his land to get out. Van Buren was a cloee, cautious, money-making fellow. He got good law fees and began to learn econemy while saving enough as a young man to get married. At his estate at Lindenwald, where he lived during his last years, he was surrounded with comforts. President Harrison owned a farm in Ohio when augurated President. It was safe to say he was poor, for he had lately been doing the drudgery of a clerk of the courts at Cincinnati. President Tyler supplied much of the money which ran the White House out of his own pocket, and Congress would not pay the salary of his own private secretary. Moderately wealthy while here at Washington, he left little to his children, and one of his sons is now a clerk in the Treasury Department in Washingtown. Zach Taylor was by no means wealthy when he died in the White House. James K.Polk left a big house and enough to keep his widow, and Millard Fillmore, who started life as a wool carder, died ten years ago with enough of an estate to create a lawsnit over the sanity of his second wife. James Buchanan did not leave such an estate as enabled Harriet Lane to keep Wheatlands, and within the past year it has been advertised for sale. Buchanan spent all his salary as President at Washington, and what he had left after paying his White House expenses he gave to charity. Abraham Lincoln died poor, and it was due to Congress that his family was proyided for. Andrew Johnson went back to his house at Greenville, Tenn., where he started life as a tailor. He died by a stroke of paralysis, and left no fortune behind. Of the other Presidents Grant's necess-

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pensive as glory."

## Cold in the Head.

The commonest kind of cold is that called "cold in the head," to distinguish it from "cold on the chest." This "cold in the head" has certain well-marked symptoms-a feeling of general malaise is experienced, often accompanied with a slight feverish sickness. Then comes a sensation of fullness in the head, there is sneezing, a profuse flowlof tears, an irritating and copious discharge from the nose. This means that the mucous membrane of the nose is inflamed, and if this spreads down the back of the throat the sufferer becomes hoarse. The best way to treat this troublesome complaint is to take a "hot drink." An orange sliced and put into a large cup with a little sugar sprinkled over it, and boiling wa- free. ter poured upon it, and then drunk as hot as possible, is both pleasant and beneficial. The feet should be put into hot water, with or without a little mus
The dyspeptic's lot is not a happy one. Benson's Capcine Plasters are the remedy. Price 49-4t

tard. This foot bath should be taken at the bedside; the patient should be well wrapped up, and a blanket placed across his knees should be drawn outside the bath, so as to confine the steam. After keeping the feet in the water for five to ten minutes, the patient should lose no time in getting in to bed, where he will probably derive great benefit from the general feeling of warmth, and from the flow of prespiration which has been induced. If possible, at this stage, the patient should remain in bed for two days, with a fire in his room, which should be made up well at night, so as to keep alight till morning. But keeping in bed will do little good if the patient persists in holding a newspaper or a book to read, and thereby he is more dangerously exposed to cold than if he were up, dressed, and going about as usual. The main point is to keep thor oughly wrapped up and constantly warm. Even an uncomfortable degree of heat may be beneficial,

A small piece of camphor chewed and sucked is very good. So is the inhalation of sulphurous acid gas-a remedy which was found to be in consstant use by the weavers of Kircady, who had it among the materials of their work. Buy two ounces of sulphurous acid (dilute) from a chemist, and then take out the cork and inhale-through the nostrils only, of course-the pungent gas which is given off. Some use Ferrier's snuff, and find benefit there from; but it must be used cautiously, as it contains a powerful drug-to wit, morphia. Ten or twelve grains of Dover's powder taken in gruel at bedtime is good for an adult, but should not be administered to children, as it contains opium, which should never be given to them without a doctor's perscription. To avoid an unpleasant excoriation of the nose and upper lip during the course of a cold in the head, they should be often thoroughly washed with soap and lukewarm water, and a little vaseshould be sucked accasionally.

Great Salt Lake and the Dead Sea.

Great Salt Lake is a shallow body of water, its average depth being a little more than three feet, while in many parts it is much less. The water is transparent, but excessively salt; it contains about twenty-two per cent. of common salt, slightly mixed with other salts, and forming one of the purest and most concentrated brines in the world. Its specific gravity is 1.17. The water is so buoyant that a man may float in it at full length upon his back, having his head and neck, his legs to the knees, and both arms to the elbow, entirely out of water. If he assumes a sitting posture, with his arms extended, his shoulders will rise above the water. Swimming, however, is difficult, as the lower limbs tend to rise above the surface, and the brine is so strong that to swallow even a very little of it will cause strangulation. The waters of the Dead Sea on the other hand, are nearly black, and contain much sulphur and bitumen, as well as salt. It is also yery deep, varying from thirteen feet near the south end of the lake to more than 1,300 in the northern part. Its buoyancy is quite equal to that of the Great Salt Lake, for travelers say that a man can float prone upon the surface for hours without danger of sinking, and in a sitting position is held breast-high above the water .- Inter-Ocean .

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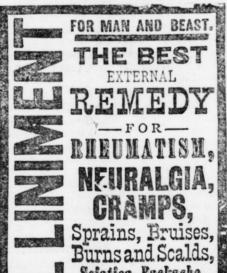
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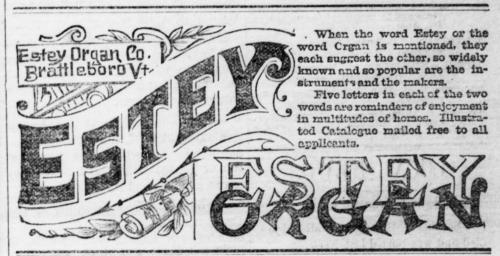
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