

## Ida's Notebook

by  
Ida Risser



The fields look so very bare now that the corn is harvested. Rye has been planted and disced

into the ground. The silos are filled with corn, soybeans, and alfalfa. Now the heifers and cows

will have plenty of feed this winter.

The ground is too wet but I've been digging my flower bulbs anyway as the frost has killed them. This fall I am leaving many in the ground as I have too many cannas, elephant ears, and gladiolas. I took most of the Peruvian and Aztec lilies out of the ground.

We have lots of quinces but as they were not sprayed they are difficult to pare and use. Although as the flavor is unusual, I peel some of them for eating on cereal. In October my saffron

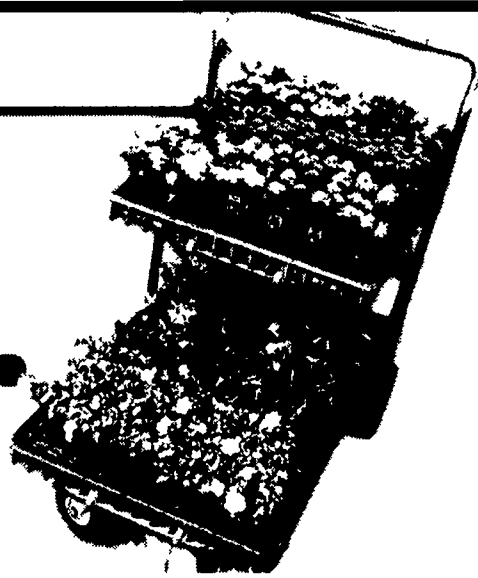
bulbs came up from the ground and gave beautiful blue blossoms with red centers. I dry the stamens and cook them with chicken.

Our grandchildren take part in many sports. The football, baseball, and soccer games are over for the season. But, now they play volleyball and take swimming lessons. These activities keep the parents very busy too as they drive them to their games. Recently we attended a football game played under the lights. Our grandson was in the game and we were prepared for very

cold weather but we were pleasantly surprised that we were quite comfortable under a blanket.

Last week we attended a seminar on keeping your brain active. We were told to do jigsaw puzzles and crossword puzzles and read. Also, we were instructed to make notes to remind ourselves of appointments. We should get at least six and one-half hours sleep, take vitamins, and eat nuts. Peanuts, almonds, and walnuts were recommended. I suppose that people will choose which of these things they enjoy doing.

# Grower & Marketer



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