



Bradford County Dairy Maids help with promotions throughout the county. Shown here, from left are, Erica Kuhlman, Abbie Kuhlman, Courtney Slater, Brianna Morse, Lindsey Andrus, Genna Chilson, Juli Hunsinger, and Allison Waltemyer.

Monica Franklin Crowned Bradford County Dairy Princess

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LERAYSVILLE (Bradford Co.) — Prior to being crowned the 2003 Bradford County Dairy Princess at a pageant last Saturday at the Northeast Bradford Elementary School, here, Monica Franklin's goals were clear.

"I'd love to be the dairy princess because the farmer needs to be promoted in any way, shape, or form, and I think I can do that," said the 16-year-old Franklin, who resides on a dairy farm in Warren Center.

Franklin is the daughter of William and Pamela Franklin and will be a senior at Northeast Bradford High School in the fall.

Named first alternate was Courtney Kline. Kline is the 16-year-old daughter of Glen and Lori Kline. She resides on Y-Run Farm, a 400 cow dairy located just outside of Troy. In the fall, Kline will be a junior at Troy High School.

Johnica Hunsinger, of Troy, was named the second alternate. She is the 17-year-old daughter of Lorinda Slocum and Duane Hunsinger, and will be a senior at Troy High School in the fall. Hunsinger currently works at Steve Pelton's dairy farm and at Lottahill Farm.

During the competition, contestants were required to meet with three judges, perform a prepared skit for the audience and answer an impromptu question.

In her skit, Franklin taught the ABC's of milk as she recited the alphabet with words of wisdom relating to each letter.

"I was in the barn yesterday talking to my cow Sassy, and she was teaching me the ABC's of dairy," said Franklin. "M is for milk, something everyone should drink," she said when she got to that letter.

Kline, a devoted NASCAR fan chose a high speed skit where milk and all the nutrients contained in milk were in a race for the checkered flag in the "Got Milk? 600."

"By drinking milk and eating other dairy products, the drivers get lots of their needed vitamins and minerals, but not just NASCAR drivers need dairy products. We, the public, and fans of NASCAR, also have to make sure that we get our three servings of dairy every day," she said.

Hunsinger wowed the crowd with her soccer skills as she reviewed the game plan for milk.

"I want to be the best soccer player I can be, and coach said If I follow his game plan, I can be

the best I can be," she said as she reviewed the notes on the benefits of dairy.

"Dairy will give me the healthy body I need to play soccer every day." Contestants were required to think on their feet as they answered the question,

"If you had to come up with a new idea for dairy promotion, what would it be?" Franklin responded to the question by noting that she had been thinking about different ways to promote milk for quite some time.

"I was thinking about a dairy maid and dairy princess auction. What would happen is that the dairy maid or dairy princess would be auctioned to a public place and the public places would put in bids. The dairy princesses and the dairy maids could then give out information to the public." Kline noted that she would do something with the six breeds of cows.

"There's a lot of talk about the 3-a-day and that's very important, but we also need to remember the cows and what the cows stand for." Answering the same question, Hunsinger quipped, "Swim in a pool of milk," before saying, "I would want to do a promotion at one of the farms that I work at or go to the court-

their recipes. Some leave out one or two ingredients or specific instructions so the recipe cannot be duplicated exactly. Why? People who have a strong personal identification through their culinary expertise do not want to share their specialties with others. Instead of denying a request by saying, "That's my special recipe," they share the recipe, but without a complete listing of ingredients or directions so the results cannot be exactly duplicated.

Ideas to record family food traditions and histories include answering the following questions. Answers can be recorded either by hand or with a tape recorder.

- How was the table set?
- What time of the day was the meal served?
- If a prayer was included, who said it? What was prayed?
- Who served the meal, set the table, and cleaned up?
- Was there an order as to who was served first?
- Were special dishes used for serving or eating?
- How did you know when the meal was finished?
- What sort of activities took place before or after the meal?



Monica Franklin, center, was crowned the 2003 Bradford County Dairy Princess at a pageant recently. Here, she is surrounded by her court; first alternate Courtney Kline, right, and second alternate Johnica Hunsinger.

house and tell them that dairy products are good for you."

Before the coronation, 2002 Dairy Princess Anna Johnson, bid a tearful farewell to the farmers of Bradford County.

"As little girls, most of us dream of wearing a crown. A sad thing happens as we grow older, the dream begins to fade. Other things become more important, we all lead busy lives," said Johnson.

"It takes a special kind of person to remember this dream, to say, not only do I want to wear a crown, but I want to be a leader. I want to be an example to other girls so that they will carry the torch when my reign has come to an end."

Johnson thanked everyone for the opportunity to represent the dairy farmers of Bradford County. Prior to the 2002 pageant, Johnson admits she had little knowledge of what being a dairy princess really meant.

"I know exactly what it means to be a dairy princess (now). It means representing an amazing industry and farmers who put as much hard work into their busi-

ness as they put into their families," she said.

2002 alternates Gina Alderfer and Jessica Hunsinger also thanked the crowd for the opportunity to represent Bradford County.

Each member of the 2002 court wished the new dairy court the best of luck in the coming year.

"These three contestants have taken an extra step. They have decided to make their dreams come true. Just sitting on this stage tonight takes a kind of courage that most don't possess."

"One of these ladies will be given the opportunity to carry the title of Bradford County Dairy Princess, for one year, but all three will become a team in representing the dairy industry and the farmers of Bradford County," said Johnson.

Rounding out the dairy promotion team for 2003 are dairy maids, Lindsey Andrus, Genna Chilson, Juli Hunsinger, Abbie Kuhlman, Erica Kuhlman, Brianna Morse, Lydia Shedden, Courtney Slater, and Allison Waltemyer.

Schuylkill Fair Seeks Queen Contestants

SUMMIT STATION (Schuylkill Co.) — The 20th Anniversary of the Schuylkill County Fair, to be conducted July 28-August 2 is seeking contestants for their queen and princess contest.

The purpose of the program is to encourage the promotion of agricultural fairs and create better relations between youth and adults in both rural and urban settings.

The contest is divided into three age levels. "Little Miss" contestants must be between the age of 7 and 11, "Princess" contestants must be between ages 12 and 15, and "Queen" contestants

must be between the ages of 16 and 20 at the time of the contest.

Cash awards will be presented to the queen in the amount of \$500 and the little miss and princess will receive \$100 each, along with their crown, trophy, and sash.

All other contestants will receive \$50. Each contestant is required to obtain a \$30 sponsor fee on behalf of the Schuylkill County Fair Association. For additional details contact Amy Jenkins, queen chairperson, at (570) 739-1458.

Family Living Focus

by
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Family Traditions Through Foods

As families gather for summer celebrations and reunions, this may be a good time to trace family traditions and history through the foods that are served at these events.

Family food traditions are usually unique to each family. No other family eats precisely the same foods as your family.

Food can be reflective of our family's roots and heritage, as well as societal norms and trends. For example, families from different cultures tend to prefer certain foods.

Lately, you may find low fat, low salt, or reduced sugar recipes

appearing or increasing in popularity. In addition, you might see food trends, such as popular salads or desserts.

If your get-together includes a "potluck," suggest that each person bring a copy of the recipe. The recipes can be collated, copied, and distributed to interested family members. Make sure to put the date of the event on the recipe booklet. Save these booklets of recipes-over the years, you can definitely spot the favorite dishes and trends. Each generation creates traditions-over time, you can see traditions cease to exist as new ones are adopted.

One note of caution — not all cooks are totally honest with