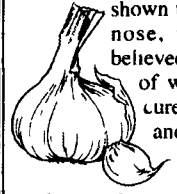


THIS WEEK WITH ALMANAC

JUNE 23-29, 2003
NEW MOON, JUNE 29

GARLIC GOODNESS


Mosquitoes evidently don't like garlic. Some people swallow slivered garlic to ward off these summer pests. Pet owners often give a small clove of garlic, wrapped in a bit of meat, to dogs or cats to help repel fleas. Containing crotonaldehyde, garlic has been shown to be effective against diseases of the nose, throat, and intestines. Aristotle believed that garlic cured hydrophobia (fear of water), and folklorists list it among cures for jealousy, sneezing fits, baldness, and narcolepsy. Garlic bread, anyone?



A nickel will get you on the subway, but garlic will get you a seat.

—New York Yiddish proverb

The OLD FARMER'S WEATHER PROVERBS



Red lightning foretells a dry spell.

When the perfume of flowers is unusually strong, expect rain.


TIP OF THE WEEK

For better results, wash fresh spinach in salted water.

JAMAICAN BAKED BEANS

2 cups white pea or navy beans
1 small onion, studded with cloves
3/4 pound salt pork, cubed
1/2 cup dark brown sugar
1/4 cup dark rum
2 teaspoons dry mustard
1 teaspoon ground lemon pepper
pinch of thyme

the salt pork, then the remaining beans and salt pork. Combine the remaining ingredients and pour over beans. Add boiling water to barely cover. Cover the casserole and bake for 4 to 5 hours, adding a little more boiling water if beans become dry. Bake uncovered for the last half-hour.



Makes 6 servings.

For recipes, gardening tips, and weather forecasts, visit www.almanac.com

New Holland Dairy Sale

New Holland Sales Stables
Report Supplied by Auction
Wednesday, June 18, 2003

85 DAIRY COWS, 92 HEIFERS, 12 BULLS. MARKET STRONGER.

LOCAL FRESH COWS
535.00-1575.00, FEW 1625.00, 1900.00, 2050.00.

LOCAL SPRINGERS 600.00-1500.00.

BETTER FRESH COWS
1775.00-2050.00.

LARGE HEIFERS 1300.00-1410.00.

SHORT BRED HEIFERS
710.00-1300.00.

OPEN BREDDING AGE HEIFERS
900.00-985.00.

BULLS 375.00-725.00, PUREBREDS 435.00-685.00.

UPSTATE LOADS FRESH
825.00-1500.00, FEW 1775.00-1800.00.

FRESH HEIFERS 550.00-1525.00.

REGISTERED HEIFERS
1025.00-1635.00.

SMALL HEIFERS 600.00-1125.00.

SMALL OPEN HEIFERS
700.00-850.00.

SMALLER OPEN HEIFERS
360.00-450.00.

New Holland Horses

New Holland Sales Stables
Report Supplied by Auction
Monday, June 16, 2003

303 HEAD, MARKET LOWER.

DRIVING HORSES 575.00-700.00.

RIDING HORSES 400.00-1300.00.

BETTER RIDING 1 AT 1500.00.

PONIES 150.00-410.00.

LARGE PONIES 500.00-610.00, 1 AT 1000.00.

COLTS 135.00-310.00.

Morrison's Cove Livestock

Martinsburg, Pa.
Report Supplied by Auction
June 16, 2003

CATTLE: 73 HEAD.

STEERS: CHOICE 75.00-77.00, GOOD 70.00-74.50.

HEIFERS: CHOICE 74.00-76.00, GOOD 66.00-72.00.

COWS: UTILITY AND COMMERCIAL 37.00-44.00, CANNER AND LOW CUTTER 20.00-35.00.

BULLOCKS: GOOD & CHOICE 51.00-56.00.

BULLS: YG+N1, 47.00-50.50.

FEEDER CATTLE: STEERS 60.00-68.00; **BULLS** 60.00-65.00; **HEIFERS** 45.00-55.00.

CALVES: 100 HEAD. CHOICE AND GOOD 85.00-95.00, **GOOD** 80.00-85.00, **STANDARD** 25.00-45.00; **HOLSTEIN BULLS** 90-130 LBS. 80.00-140.00, **HOLSTEIN HEIFERS** 90-130 LBS. 100.00-400.00.

HOGS: 139. US+N1-2, 45.00-47.00; **US +N1-3**, 43.00-45.00.

SOWS: US +N1-3 18.00-33.00.

BOARS: NO MKT. TEST.

FEEDER PIGS: 43 HEAD. US +N1-3 20-50 LBS. 11.00-50.00.

SHEEP: 49 HEAD. CHOICE LAMBS 105.00-110.00, **GOOD LAMBS** 100.00-105.00, **SL. EWES** 15.00-40.00.

GOATS: 22.00-125.00 EACH.

TO LARGE NANNIES 50.00-76.00, **FANCY KIDS** 60.00-75.00, **FLESHY KIDS** 40.00-59.00, **SMAL, THIN** 20.00-39.00.

LAMBS: MED. TO GOOD 25-40 LBS. 82.00-110.00, **GOOD AND CHOICE** 40-110 LBS. 70.00-120.00.

SHEEP: ALL WEIGHTS 36.00-42.00.

SALE EVERY TUES., 5 P.M. FOR RABBITS, POULTRY, EGGS, 6 P.M. FOR LIVESTOCK, STARTING WITH CALVES; SPECIAL FED CATTLE SALE TUES., JULY 8; STATE GRAD-ED FEEDER PIG SALE FRI., JUNE 20, RECEIVING 7:30 A.M.-10:30 A.M., SALE 1 P.M.; RED CARPET HORSE AND TACK SALE SAT., JUNE 21.

Small Animal Sale
June 17, 2003

RABBITS AND BUNNIES 90-12.00.

CHICKENS 3.50-4.50.

BANTIES 50-1.90.

PIGEONS 2.60-4.00.

QUAIL 5.50.

GUINEA PIGS 2.85-4.50.

DUCKS 3.75-4.75.

GUINEAS 6.50-7.25.

ALL ANIMALS SOLD BY THE HEAD. SALE STARTS 5 P.M.

Carlisle Livestock

Carlisle, Pa.
Report Supplied by Auction
Tuesday, June 17, 2003

SLAUGHTER CATTLE: HEIFERS CHOICE 1020-1495 LBS. 76.50-80.50, **CHOICE 4** 1100-1485 LBS. 74.50-76.25, **SELECT** 1000-1325 LBS. 70.00-75.00, **HOLSTEINS CHOICE** 1280-1760 LBS. 63.50-69.75, **SELECT** 930-1310 LBS. 54.75-61.75; **HEIFERS CHOICE** 980-1460 LBS. 74.75-80.00, **SELECT** 910-1280 LBS. COUPLE 62.00-70.75; **COWS BREAKERS COUPLE HEIFER TYPES** 43.00-48.00, **LEAN** 34.00-41.50, **BIG MIDDLE, LOW DRESSING, LIGHTS** 31.00-38.00, **SHELLY** 31.00 AND DOWN.

FEEDER CATTLE: FEEDER HEIFERS, DAIRY TYPES X 550-950 LBS. 58.00-59.00.

CALVES; RETURNING TO THE FARM, HOLSTEIN BULLS +N1 95-125 LBS. 130.00-152.00, **HOLSTEIN BULLS +N2** 80-90 LBS. 80.00-137.00, **HOLSTEIN HEIFERS +N1** 90-125 LBS. 310.00-380.00, **75-90 LBS.** 140.00-220.00.

SWINE: HOGS US+N1-3 225-310 LBS. 40.75-44.00.

GOATS: BY THE HEAD, MEDIUM

Lebanon Valley Livestock

Fredericksburg, Pa.
Report Supplied By PDA
June 17, 2003

CATTLE 48...(PDA)...Compared with last week's sale...small supply cows sold firm.

HOLSTEIN STEERS: one Choice 3 1550 lbs 66.75.

HEIFERS: one Select 2 69.25.

COWS: Breakers 75-80% lean 41.25-44.25, **Boners 80-85% lean** 37.75-41.00, **Lean 85-90% lean** 32.00-37.00, **few high yielding to 38.25.** Shells 31.75 and down.

BULLS: few Yield Grade 1 1390-1595 lbs 49.25-50.25.

FEEDER CATTLE: BULLS: one lot Large 3 690 lbs Holstein 55.50.

CALVES 99...VEALERS: Standard and Good 75-120 lbs 35.00-50.00, **Utility** 55-120 lbs 12.00-32.00. **FARM CALVES: Holstein bulls mostly** 5.00 lower...No 1 Holstein bulls 90-120 lbs 125.00-160.00, few 172.00, average 150.52, 130-180 lbs 49.00-57.00, average 51.14, 80-90 lbs 112.00-120.00, average 117.67, No 2 80-120 lbs 90.00-125.00, weaker calves to 60.00, average 95.25; one No 2 Holstein heifer 80 lbs 150.00.

HOGS 18...SOWS: 1-3 350-460 lbs 22.00-24.00, 500-600 lbs 25.00-28.00.

FEEDER PIGS 1...NO MARKET TEST!

SHEEP 0...NO MARKET TEST!

GOATS 0...NO MARKET TEST!

Dewart Livestock

Dewart, Pa.
Report Supplied by Auction
Monday, June 16, 2003

STEERS: 60.00-74.75.

HEIFERS: TOO FEW TO QUOTE.

GOOD COWS: 35.00-46.75.

CANNERS AND CUTTERS: 25.00-35.00.

BULLS: 40.00-44.00.

VEAL: 90-190 LBS. 100.00-530.00; 70-90 LBS. 60.00-100.00.

HOGS: 40.00-45.25.

SOWS: 25.00-31.25.

FEEDER PIGS: 30.00-60.00 PER HEAD.

Livestock Cooperative Auction Market Of North Jersey

Hackettstown, N.J.
Report Supplied by Auction
Tuesday, June 17, 2003

CALVES .15-4.80.

COWS .22½-.49%.

EASY COWS .14-42%.

FEEDERS 300-600 LBS. .32½-1.05.

HEIFERS 40-.66.

BULLS .38½-.61%.

STEERS .45-.70.

HOGS .38-.51.

ROASTING PIGS EACH 25.00-31.00.

BOARS, NONE.

SOWS, NONE.

SHEEP .25-.53.

LAMBS EA. 30.00-76.00.

LAMBS PER LB. .45-1.36.

GOATS EA. 90.00-97.00.

KIDS EA. 8.00-52.50.

TOTAL: 537.

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MIDDLEBURG

LIVESTOCK AUCTION

Every Tuesday

Livestock Auction - 1:00 P.M.
Hay Auction - 11:30 A.M.
Small Animals - Noon
Produce Auction - 11:45 A.M.
Farmers Market - 8 A.M.-2:00 P.M.

Upcoming Sales

★ **Monthly Horse Sale** ★
Saturday, June 28th
Tack 8:30 A.M. Horses 11:00 A.M.

★ **Monthly Dairy Sale** ★
Friday, July 11th
Heifers at 11:00 A.M., Cows at Noon

★ **Monthly Feeder Cattle Sale** ★
Friday July 18 - 7:00 P.M.

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