



Karen Shaub



Stephanie Donough



Carla Martin

Attend Lancaster Dairy Princess Pageant

LANCASTER (Lancaster Co.) — If you are ready for a change of pace, involving entertainment and suspense, be sure to attend the Lancaster County Dairy Princess pageant on Saturday, June 21, at the Farm and Home Center Auditorium in Lancaster.

Kari Martin, Ephrata, the reigning princess, will give up her title at the pageant. One of three contestants will earn the title that evening.

Festivities commence with a milk punch and cheese reception at 7 p.m., with the pageant itself beginning at 7:30 p.m. After the pageant, attendees will enjoy an ice cream social and have the chance to meet both past and present members of the promotion team.

This year 28 young women make up the Lancaster County Dairy Royalty Court. Also presented during the pageant are the Dairy of Distinction awards presented to three farms that have earned the title this year.

Three young women are competing for the title of

Northwest 4-H Dairy Club, is on the Lancaster County dairy judging team, and has been a dairy ambassador for the past three years. Dairy cattle fitting and showmanship are two activities Stephanie enjoys; she also likes helping at the farm whenever possible. Web-design and activities involving the computer are other interests Stephanie pursues. She plans to attend college in the fall of 2004.

Another prospective candidate is Carla Martin, the 18-year-old daughter of David and Robbin Martin of Manheim. Carla resides on Danda Farm, a 300-acre farm with 130 head of dairy cattle. Principal crops produced are grass, alfalfa and corn.

A home-school graduate, Carla plans to attend Lebanon County Career and Technology Center as a nursing major in the fall. Carla is the reigning Manheim Fair Queen and was one of the top five finalists at the State Fair Queen Competition.

Active in her church, Carla is part of the religious education team, and sings in a trio at church. Musically inclined, she sings and plays several instruments. She also enjoys sports, horseback riding and photography in her spare time. Carla is employed part-time as a waitress at Kreider Dairy Farms Restaurant; a CNA at Mt. Hope Home; and as a secretary at G & G Feed and Supply.

A 16-year-old junior at Conestoga Valley High School, Karen Shaub is the daughter of Kirk and Shirley Shaub. Kirk is employed by Blossomelle Holsteins in Lancaster. Karen has been a dairy ambassador for two years, and was previously a dairy darling. Active in Lancaster County 4-H, Karen also volunteers at Landis Homes. She is employed part-time by Stauffer's of Kissel Hill. School activities Karen is involved with include vice-president of FBLA, Interact Club, Marching Band, JV volleyball, and the summer and winter swim teams. Her future plans include attending Penn State as an elementary education major.

Volunteering to assist the princesses as dairy ambassadors are 14 young ladies. Returning for a fourth year is: Cheryl Hershey, daughter of Dale and Martha Hershey, Ronks. Apryl Becker, daughter of Merle and Janet Becker, Kinzers; and Alysha

Royer, daughter of Lynn and Sara Royer, Lancaster, will be serving for a third year.

Reservations are not needed to attend the pageant to show support for dairy promoters.

**Family Living
Focus**
by
Nancy Crago
Allegheny Co.
Cooperative Extension

Celebrating Men In Our Families

Sunday, June 15, is Father's Day in the United States. The idea for having a day to celebrate fathers is credited to a woman named Louisa Smart Dodd from Spokane, Washington.

After listening to a Mother's Day sermon at her church in 1909, Mrs. Dodd was inspired to begin a petition for a day to honor fathers. She appreciated and valued the strength of her own father who had selflessly raised her and five siblings after her mother died in childbirth.

The first Father's Day observance was held in Washington in 1910, then spread to other cities across the country. It is now a national holiday that is celebrated the third Sunday in June.

This is not only the time when we honor our fathers, but many of the other men in our family — grandfathers and grandsons, brothers and uncles, sons and stepsons, fathers-in-law and stepfathers. Throughout their lives and ours, men make unique contributions to strengthen the linkages in our families.

There are men who treat all family members the same regardless of their ages. In our family it's my son. He respects the views of his 13-year-old nephew the same as those of his 86-year-old grandmother. He also contributes by demonstrating his love and caring for other family members with special words, hugs or a kiss at the right time.

Other men contribute by being there when needed, acting as teachers or mentors. A grandfather spending time with his grandchildren and listening to their problems, an older brother teaching a younger family member how to ride a bike, a stepfather helping his stepchild with his homework, or an uncle spending time at the playground with his nieces and nephews are good examples of ways men model fathering and contribute to family life.

There are also things women in the family need to consider and do to help men make valuable contributions to family relationships. Think about the stresses that could affect men's relationships with family members at different stages of their lives. Examples include the job pressures of a middle-aged man and older men dealing with life changes. To avoid disappointment, be realistic about what to expect.

Learn about the special talents of the men in your family and find ways to use these talents. You may find handymen, computer experts, and musicians. I recently discovered my nephew is a talented guitarist. His willingness to play at a recent memorial service for a family member made the event even more special for everyone. Older men have a need to leave a legacy and may be happy to tell family stories at family reunions or other special celebrations, or work on a family genealogy project with a younger family member.

Whether it is helping a sick family member, fixing that leaky gutter, teaching a child to play ball or a to drive a car, remember to show appreciation to the men in your family.

So, while you are wrapping that Father's Day gift or planning the barbecue, spend a few quiet minutes reflecting on what the men in your family do that you appreciate and note your thoughts on paper. Decide how you will express that appreciation to them. When men take an active role in family life and we let them know how much we appreciate it, it's a winning combination!

If you would like more information on how to build a stronger family, contact your county extension office. Ask for publications, Celebrate Your Family Across Generations 1-6 and other Strengthen Your Family series.

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Lancaster County Dairy Princess this year. Stephanie Donough, 18, daughter of Tim and Brenda Donough, Elizabethtown.

Tim and Brenda are both employed as herdsmen at Strickland Dairy, a 450-acre farm with 330 head of Jerseys and Holsteins in the herd. Stephanie recently completed her high school education and is a home-school graduate. She is a member and president of the

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Garden Tour To Benefit Historic Fasig House

MANHEIM (Lancaster Co.) — Manheim Historical Society's Annual Garden Tour features nine gardens, Sunday, June 22, 1 to 5 p.m. Tickets ordered in advance are \$6, on tour day \$8. Children under 12 years of age are free with an adult.

Tickets can be purchased ahead of time at Longenecker's Hardware, Salon Synergy and Shaub's Dry Cleaning, or at any of the garden sites the day of the tour, as well as the gazebo on Manheim Square.

Proceeds benefit the renovations on the Fasig House, a log house owned and operated by the Historical Society since 1976. The Fasig House is open for tour every Sunday during the summer months. On display are many historic artifacts from colonial times.

For more information, call (717) 665-3423.

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