



## Question Corner

(Continued from Page B9)

**Day 5** — Add 1 cup sugar, 1 cup flour, 1 cup milk

**Day 6** — Stir with wooden spoon or squish in baggie

**Day 7** — Stir with wooden spoon or squish in baggie

**Day 8** — Do nothing

**Day 9** — Do nothing

**Day 10** — Add 1 cup sugar, 1 cup flour, 1 cup milk

Put 1 cup starter in each of three containers. Give two containers of starter away to friends and keep one. Recipients should begin at day 1 of the instructions.

### Amish Friendship Bread

- 1 cup vegetable oil
- 1 cup sugar
- 2 cups flour
- 3 eggs
- 1 small vanilla instant pudding mix
- 1 teaspoon cinnamon
- 1/2 teaspoon salt
- 1/2 teaspoon baking soda
- 1/4 teaspoon baking powder
- 1/2 cup milk

### Cinnamon sugar:

- 1 cup sugar
- 2 tablespoons cinnamon

You will have about 1 cup batter left in addition to the 1 cup you saved for yourself. To the remaining batter, add vegetable oil, sugar, flour, baking powder, baking soda, eggs, milk, vanilla pudding mix, cinnamon, and salt.

Beat until well blended. Add one cup raisins, chocolate chips, or nuts if desired.

Grease two loaf pans well and sprinkle with cinnamon sugar, coating bottom well. Turn batter into pans, and sprinkle remaining cinnamon sugar onto tops of loaves. Bake at 325 degrees for one hour.

**ANSWER** — Here are two favorite supper recipes from Amanda Gates, Centre County Dairy Princess.

### Old Fashioned Hamburg Gravy

- 1 pound ground beef
- 1/2 cup butter
- 2 cups milk
- 3 tablespoons flour
- salt and pepper

**Brown ground beef.** Melt butter in the hamburger. Add milk and flour, then stir while it thickens. Serve over bread.

Amanda Gates  
Centre Co. Dairy Princess

### Tuna Surprise

2 cans tuna, drained  
1 dozen eggs, hard boiled  
2 cups Velveta cheese, cubed  
Add mayonnaise to this combination until you have a well mixed tuna salad/egg salad.

Add in 1/4 cup relish and 1/4 cup onion. Fill hot dog rolls with this mixture. Wrap each sandwich with tin foil and bake at 350 degrees for 15 minutes.

Amanda Gates  
Centre Co. Dairy Princess

## Public Conflict Workshop Planned

GETTYSBURG (Adams Co.) — Penn State Cooperative Extension Service is offering a workshop on public conflict aimed at public officials, community leaders, and others who are interested in learning how to use conflict resolution techniques.

The all-day program, "Public Conflict: Turning Lemons into Lemonade, A Hands-On Workshop for Community Leaders," will be conducted April 1 at the Agricultural and Natural Resources Center, 670 Old Harrisburg Road, Gettysburg.

The workshop is designed to help participants understand conflict and use it productively. Topics to be covered include the benefits of conflict, conflict styles and strategies, the difference between positions and interests,

reframing issues to broaden stakeholders' involvement and bridge their interests, speaking for oneself, various approaches to problem solving, and evaluating options, and reaching agreement.

Penn State Community and Economic Development Extension Agent Tim Collins from Penn State Cooperative Extension in Adams County will lead the program. Winifred McGee, Lebanon County extension director, will assist.

The workshop will also be conducted from 8:30 a.m. to 5 p.m. at the Lancaster County Penn State Cooperative Extension Service office, 1383 Arcadia Road, Lancaster. Attendees

are expected from Lancaster, Lebanon, and York counties. A program fee will cover refreshments, lunch, and printed materials.

For more information about the program, contact Pat Simpson at the extension office in Gettysburg, (888) 472-0261 (toll free). Deadline for registration is Tuesday, March 25.



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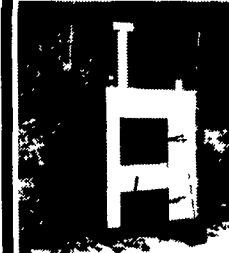


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