Farm Bureau, Ronald McDonald Houses Celebrate Ag's Bounty

CAMP HILL (Dauphin Co.) -Pennsylvania Farm Bureau members delivered collections of food to Pennsylvania's five Ronald McDonald Houses Feb. 6 in celebration of "Food Check-out Day," the date when the average American has earned enough income to pay for an entire year's food supply.

The event has produced more than \$200,000 worth of food and other contributions for Ronald McDonald Houses during the past four years.

"Pennsylvania has the largest rural population of any state in the nation, which makes it vital to have places like this for rural families to stay while they are in a city receiving medical treatment for their children," said Bill Grattan, executive director of the Pittsburgh Ronald McDonald House.

Check Out This Week's Featured Recipe On Our Website! www.lancasterfarming.com

> SIKKING BROS. GLADIOLUS GROWERS 4158 Post Road Vineland, NJ 08360

> > Gladiolus Bulbs

"Ronald McDonald Houses nurture the families of seriously ill children receiving medical treatment by providing them with a home-away-from-home. Our farm families nourish us all by providing the world's safest and most economical supply of food.

"Many rural families benefit from the care and comfort of a Ronald McDonald House when they travel far from home for the medical care of a child. Our annual 'Food Check-Out Day' is a perfect time and way to say thank you," said Pennsylvania Farm Bureau President Guy F. Donaldson.

"Because of the efficiency of our farm families, 98 percent of Pennsylvanians can devote their lives and careers to something other than food production. The remarkable productivity of agriculture requires large amounts of capital, science, new technology, and risk," explained the statewide leader.

The Ronald McDonald Houses involved with the Farm Bureau effort are located in Danville, Hershey, Philadelphia, Pittsburgh and Scranton.

"Food Check-Out Day" was launched to recognize the productivity of America's farmers and ranchers. By Food Check Out Day occurring on February 6, it will take only 37 days for the average American family to pay for its annual food supply for the year. In contrast, the same family has to work until late April to pay their tax bill.

Pennsylvania's farmers are among the nation's most productive, generating more than \$4 billion in cash receipts during 2002. The Commonwealth ranks among the top five states in the production of milk, eggs, ice cream, butter, cheese, peaches, apples, pears, grapes, tomatoes, pumpkins, maple syrup and Christmas Trees, and leads nationally in the production of mushrooms. Pennsylvania Farm Bureau is a voluntary organization representing over 29,000 farm and rural families in 54 county units. It is part of the nation's largest general farm organization, the 5.5 million member American Farm Bureau Federation.



In celebration of Food Checkout Day, Bill Grattan, executive director of the Pittsburgh Ronald McDonald House, and Ronald McDonald accept donations from Pennsylvania Farm Bureau spokesperson Christine Greig, Linesville, Crawford County.

Conference Helps Farm Women Balance Their Lives

BOWLING GREEN, Ohio — Sometimes it seems like there is no possible way of balancing life on the farm, family and the daily household chores. The Women in Agriculture Conference has been

> helping farm women find that balance for 10 years.

This year, the conference committee is planning a special celebration for the 10th anniversary on March 14 at Nazareth Hall in Grand Rapids, Ohio from 8 a.m.-4 p.m.

Marlene von Stein,

Energy Supplement

For More Energy and Weight Loss Use

"MOMENTUM"

• Lose weight now

Helps control sugar cravings
Helps preserve lean body mass while you lose fat

• All natural capsule formula

• Excellent for migraine headache One bottle for \$25 95, 2 bottles for \$50 00

or 6 Bottles for \$135 00

Free shipping

OMAR FISHER

434 NEWPORT RD. RONKS, PA 17572

2002-2003 Ohio FFA Association president, will open the 2003 Women in Agriculture Conference.

The keynote speaker for this year's conference is Marla Cilley, who is known to thousands as the FLYlady. Cilley is helping women to invite those unexpected guests into the house and break that never-ending cycle of housework. Cilley has appeared on NBC's Today Show and has done numerous interviews for the radio stations and publications, such as USA Today and Women's Day magazine.

> Besides being inspired by Cilley, the participants will be able to attend breakout sessions. These sessions include: 2002 Farm Bill, Knowing the Right Farm Equip-

ment Part, Easy Entertaining, Alternative Medicine and many more.

Early bird registration for the conference is \$40 if postmarked before Feb. 24. Registration postmarked after the deadline is \$50.

"The Women In Agriculture program began in 1993, as a need to come together to learn about their way of life. At the first conference, there were approxi-mately 40 women in attendance. Today the educational event has grown to over 175 participants from around northwestern Ohio and southern Michigan," said Doris Herringshaw, family and consumer sciences agent for Ohio State University Extension in Wood County and Women In Agriculture committee chair.

For more information on the Women In Agriculture conference, contact the OSU Extension office of Wood County at (419) 354-9050 or the Agricultural Business Enhancement Center at (877) 767-5546.

The program is sponsored by the Women In Agriculture committee of the Ohio State Universi-

> ty Extension Agricultura l Business Enhancement Center.





Cooking Oils, Funnel Cake Mix,
Pancake & Waffle Mix &
Shoofly Pie Mix

If your local store does not have it ... SEND FOR FREE BROCHURE

\$3.19

Snack Mix, Etc.

At Reduced Prices

FEBRUARY SPECIALS

16 oz. Golden Barrel Sorghum Syrup

\$6.79 32 oz. Golden Barrel Extra Virgin Olive Oli

24 oz. Goiden Barrel Ollies Pancake & Waffle Syrup

GOOD FOOD INC. W. Main St. Box 160 Honey Brook, PA 19344 610-273-3776 1-800-327-4406

9

\$1.29 L&S SWEETENERS 388 E. Main St. Leola Pa 17540 717-656-3486 1-800-633-2676 VISA kaster Cor

MAC Accepted • We Ship UPS Daily

Extra Free Gift For Anyone with \$100 or More Purchase til May 1st New & Used Push & Gang Mowers!! 42" & 63" Trailmowers & Brush Cutters! Push & Tow-Behind Lawn Sweepers! Chain Saws, Hedge & Weed Trimmers & Leaf Blowers! Life time Warranty on Ignition & Trimmer Shafts! "Classic" Garden Cultivators & Rota Hoes! "Heavy Duty" Lawn & Garden Carts! H.C. Lanterns - Coleman Kitchen & Shop Lights & Heads! Large Selection of Light Cabinets with Easy Change! Large Selection of Glass Light Shades, Different Colors & Styles! Hickory Rocker Cushion & Backs in Dusty Blue, Navy, Brown, Green! 21.50 + 6% PA tax! 4.00 Shipping. We can ship in U.S.A. **Mascot Sharpening & Sales** 434 Newport Rd., Ronks Pa 17572 Open til 7:00 PM, Sat till 5:00

NOTICE

Specials For All Newlyweds!!

Discounts on All Mowers Brought in for Sharpening by 2-15-03