

**THE OLD FARMER'S**  
**THIS WEEK WITH ALMANAC**  
 MAY 13-19, 2002  
 WHITSUNDAY-PENTECOST, MAY 19

**FIDDLEHEADS AND FERNS**

Call it a young frond, a crozier, a fern — it's a fiddlehead, so named because its early, coiled appearance resembles the spiraled tuning end of a fiddle. It is the ostrich fern (*Matteuccia struthiopteris*), prized by gourmet chefs and nature lovers alike. The New Brunswick Maliseet tribe treasured them so much that they decorated their canoes and clothing with the image. Not every coiled fern head is a fiddlehead, however, so don't be deceived by nonedible look-alikes.

The ostrich fern, often found near moving water, has a brown, papery covering similar to onion skin. Outside of the Canadian and New England wilds, fiddleheads might be found frozen or pickled in gourmet shops. The taste is something between asparagus and spinach.

*There is not a sprig of grass that shoots uninteresting to me.*  
 —Thomas Jefferson 3rd U.S. president (1743-1826)

**TIP OF THE WEEK**  
 Shake fiddleheads in a wire basket to remove the papery chaff.

**DIJON FIDDLEHEADS**

1 pound fiddleheads, rinsed well  
 1/2 cup plain yogurt  
 1/2 cup mayonnaise  
 1 tablespoon lemon juice  
 3 teaspoons prepared Dijon mustard  
 3 tablespoons chopped scallions  
 salt and pepper, to taste

Boil or steam the fiddleheads for 5 to 10 minutes, or until tender. Drain. Whisk together remaining ingredients and serve the fiddleheads, while still hot, topped with the sauce.  
 Serves 4 to 6.

**ATTENTION, GARDENERS!**  
 The spring 2002 *Gardener's Companion* is on sale. You can buy it at supermarkets, bookstores and garden centers. Or to order, call 800-895-9265, ext 220 or visit [www.almanac.com/go/uf0205](http://www.almanac.com/go/uf0205).

For recipes, gardening tips, and weather forecasts, visit [www.almanac.com/go/uf0205](http://www.almanac.com/go/uf0205)

**Carlisle Livestock**

Carlisle, Pa.  
 Report Supplied by Auction  
 May 7, 2002

**SLAUGHTER CATTLE: STEERS CHOICE 1100-1485 LBS. 67.00-69.50, 1515-1675 LBS. 63.00-67.50, SELECT AND LOW CHOICE 950-1550 LBS. 64.00-67.00, FEW LOW DRESSING 58.75-63.50, HOLSTEINS CHOICE 57.25-60.50; HEIFERS 1150-1400 LBS. 67.00-69.00, SELECT AND LOW CHOICE 940-1505 LBS. 59.25-65.75; COWS ACTIVE! BREAKERS 42.75-50.00, BONERS 39.00-46.00, LEAN 40.25-45.00, BIG MIDDLE, LOW DRESSING LIGHTS, COUPLE 34.75-38.75, SHELLY 34.00 AND DOWN.**

**FEEDER CATTLE: STEERS MED. AND LARGE +N1 400-700 LBS. 75.00-76.00, HOLSTEINS AND DAIRY TYPES 400-950 LBS. 45.00-61.00; HEIFERS MED. AND LARGE +N1 400-600 LBS. 76.00-83.00, MEDIUM AND LARGE +N2 650-875 LBS. 55.00-66.00; BULLS 400-500 LBS. 73.00-76.00.**

**CALVES: RETURNING TO THE FARM, HOLSTEIN BULLS +N1 90-120 LBS. 140.00-173.00, +N2 80-130 LBS. 92.50-135.00; HOLSTEIN HEIFERS +N1 90-120 LBS. 600.00, 80-85 LBS. 290.00-380.00.**

**SWINE: HOGS US+N1-3 220-270 LBS. 25.75-26.25, 290-330 LBS. 19.00-22.00; SOWS US+N1-3 350-720 LBS. 19.00-23.00, THIN, WEAK AND ROUGH 5.00-17.00; FEEDER PIGS BY THE LB. 16-25 LBS. 1090.00-150.00.**

**GOATS: BY THE HEAD MEDIUM AND LARGE NANNIES AND BILLIES 50.00-97.00, FANCY KIDS 55.00-62.00, FLESHY KIDS 42.00-54.00.**

**LAMBS: GOOD AND CHOICE 25-60 LBS. 104.00-124.00, 60-130 LBS. 92.00-130.00.**

**SHEEP: ALL WEIGHTS 18.00-57.00. SALE EVERY TUES., 5 P.M. FOR RABBITS, POULTRY AND EGGS, 6 P.M. FOR LIVESTOCK, STARTING WITH CALVES; SPECIAL FAT CATTLE SALE TUES., MAY 21; SPECIAL FEEDER CATTLE SALE TUES., MAY 21; STATE GRADED FEEDER PIG SALE FRIDAY, MAY 10, RECEIVING 7 A.M.-10:30 A.M. SALE 12:30 P.M.; RED CARPET TACK AND HORSE SALE FRIDAY, MAY 17. SALE STARTING AT 7 P.M. WITH TACK. RECEIVING 5 P.M.**

**SMALL ANIMAL SALE**  
 May 7, 2002

**RABBITS AND BUNNIES: 1.00-9.25.**

**CHICKENS: 2.25-4.50.**

**BANTIES: .60-1.00.**

**PIGEONS: 3.00-4.00.**

**QUAIL: .45-2.00.**

**TURKEYS: 12.50-15.00.**

**DUCKS: 2.00-7.50.**

**DRAKES: 15.00.**

**GEESE: 4.00-4.75.**

**GUINEAS: 6.25.**

**ALL ANIMALS SOLD BY THE HEAD. SALE STARTS 5 P.M.**

*Some markets not available because of the holiday*

**Four States Livestock Monday Sale**

Hagerstown, Md.  
 Report Supplied By Auction  
 May 6, 2002

**SLAUGHTER COWS: 52 HEAD, STEADY. BREAKERS 42.00-45.25, BONERS 41.00-44.75, LEAN 38.00-41.00, THIN 38.00 DOWN.**

**BULLS: 3 HEAD. YG+N2 1900-2000 LBS. 52.00-55.00.**

**FED STEERS: 22 HEAD, 1.00 HIGHER. HIGH CHOICE TO PRIME 1250-1475 LBS. 68.00-69.75, CHOICE 2-3 67.00-69.00, LOW CHOICE 64.00-67.00.**

**FED HEIFERS: HOLSTEINS TO 47.00.**

**CALVES: 90 HEAD. 1 GOOD 156 LBS. AT 87.50, 90-115 LBS. 54.00-64.00; HOLSTEIN BULLS RETURNING TO FARM +N1 95-120 LBS. 157.00-172.00, 84-94 LBS. 127.00-150.00; +N2 95-120 LBS. 115.00-150.00, 80-94 LBS. 85.00-125.00; HOLSTEIN HEIFERS +N1 90-110 LBS. 550.00-635.00, 80-85 LBS. 425.00-500.00; BEEF X HEIFER 1 95 LBS. AT 120.00.**

**BUTCHER HOGS: 38 HEAD, 1.00 HIGHER. +N1 AND 2 220-295 LBS. 29.00-30.50, 2 HEAD 302 LBS. AT 28.00, 190-210 LBS. 25.00-26.50.**

**SOWS: 13 HEAD. 400-500 LBS. 18.00-21.50, 500-600 LBS. 23.00-24.50.**

**BOARS: 398 LBS. AT 13.00.**

**STOCK CATTLE: FEW OFFERED. STEERS 180-250 LBS. 91.00-95.00.**

**HEIFERS: MEDIUM 350-500 LBS. 59.00-63.00.**

**PIGS AND SHOATS: 43 HEAD. BY THE HEAD 10-20 LBS. 5.00-13.00, 30-40 LBS. 34.00-36.50, 70 LBS. TO 40.00.**

**Four States Livestock Wednesday Sale**

Hagerstown, Md.  
 Report Supplied By Auction  
 May 8, 2002

**SLAUGHTER COWS: 69 HEAD, STEADY. BREAKERS 43.00-47.50, BONERS 42.00-46.00, LEAN 38.00-42.00, THIN 38.00 DOWN.**

**BULLS: 9 HEAD. YG+N1 1478 LBS. TO 59.00, YG+N2 1200-1950 LBS. 54.00-56.25.**

**FED STEERS: FEW OFFERED. HIGH CHOICE 2-4 1300-1500 LBS. 69.00-70.25, LOWER DRESSING CHOICE 66.00-67.25, LOW CHOICE 65.00-67.00.**

**FED HEIFERS: 1 CHOICE 1250 LBS. AT 66.50, LOW CHOICE HOLSTEINS 1200-1400 LBS. 51.00-53.25.**

**CALVES: 102 HEAD. 1 GOOD 275 LBS. AT 88.00, GOOD SLAUGHTER 80-120 LBS. 55.00-67.00; HOLSTEIN BULLS RETURNING TO FARM 5.00-8.00 LOWER. +N1 94-120 LBS. 142.00-167.00, 82-94 LBS. 120.00-145.00; +N2 94-120 LBS. 115.00-140.00, 80-94 LBS. 75.00-115.00; HOLSTEIN HEIFERS +N1 90-115 LBS. 575.00-650.00, 1 130 LB. AT 410.00; +N2 80-110 LBS. 350.00-475.00; BEEF X BULLS AND HEIFERS TO 150.00.**

**BUTCHER HOGS: +N 1 AND 2 250-280 LBS. 28.50-30.50.**

**SOWS: 15 HEAD. 300-500 LBS. 13.00-18.00, 500-600 LBS. 20.00-24.00.**

**BOARS: TO 12.50.**

**STOCK CATTLE: 173 HEAD. STEERS MED. AND LARGE FRAME 300-500 LBS. 79.00-92.00, 500-700 LBS. 71.00-84.00, 700-900 LBS. 62.00-69.00, 900-1000 LBS. 59.00-70.00.**

**HEIFERS: MED. AND LARGE FRAME 300-500 LBS. 74.00-86.00, 500-700 LBS. 60.00-67.00, 700-900 LBS. 54.00-60.00.**

**BULLS: MED. AND LARGE FRAME 300-500 LBS. 79.00-95.00, 500-700 LBS. 64.00-76.00, 700-900 LBS. 54.00-61.00.**

**DAIRY REPLACEMENTS: FEW OFFERED. SPRINGERS TO 1210.00, 1 FRESH AT 1125.00, 3 LARGE OPEN 960.00-1100.00, 1 SHORTBRED AT 800.00; BEEF COW, CALF PAIRS 725.00-850.00.**

**GOATS: 8 HEAD. LARGE TO 88.00, MEDIUM TO 45.00.**

**PIGS AND SHOATS: 167 HEAD. BY THE HEAD, 30-40 LBS. 32.00-35.00, 13 HEAD 68 LBS. AT 42.00; BULLS 50-65 LBS. 10.00-22.00, 80-120 LBS. 32.00-42.00.**

**Dewart Livestock**

Dewart, Pa.  
 Report Supplied By Auction  
 Monday, May 6, 2002  
 STEERS: 55.00-66.50.  
 HEIFERS: TOO FEW TO QUOTE.  
 GOOD COWS: 35.00-41.50.

**CANNERS AND CUTTERS:**

25.00-35.00.  
 BULLS: 50.00-57.75.  
 VEAL: 90-190 LBS. 120.00-695.00;  
 70-90 LBS. 60.00-120.00.  
 HOGS: 25.00-30.00.  
 SOWS: 1 AT 22.00.  
 FEEDER PIGS: 15.00-30.00 HEAD.

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