

Skunk Odor Removal

One of the most common concerns about skunks is dealing with the odor. Pets are commonly sprayed and come home covered in musk. Washing people, pets, or clothing with vinegar or tomato juice may eliminate most of the odor. A solution of hydrogen peroxide, baking soda, and liquid soap may also be effective when used to wash down walls, pets, or clothing. Do not add water to the solution.

Clothing may be soaked in a weak solution of household chlorine bleach or ammonia. Remember not to mix chlorine bleach with ammonia.

Neutroleum alpha is a scent masking solution that can be applied to the sprayed area to reduce the odor. It is available through some commercial cleaning suppliers. Walls or structural areas that have been sprayed by skunks can be washed down with vinegar or tomato juice solutions or sprayed with neutroleum alpha.

Use ventilation fans to speed up the process of odor dissipation. Scented candles can help mask odors if the odors are not too strong. When musk enters the eyes, severe burning and an excessive tear flow may occur. Temporary blindness of 10 to 15 minutes may result. Rinse the eyes with copious amounts of water to speed recovery.

Recipe For Skunk Odor Removal Solution

- 1 quart 3 percent hydrogen peroxide
 - ¼ cup baking soda
 - 1 teaspoon liquid laundry soap
- Mix together and apply.

In Poland, Dwarf Trees Provide Large Crop In Little Space



This three-generational family has an amazingly neat orchard and seems very prosperous although their farm is only 15 acres.

LOU ANN GOOD Food And Family Features Editor

POLAND — Poland, the size of New Mexico and divided into provinces and counties, offers varying soil types, so different crops fit each area's needs.

During the trip we toured an orchard which highlighted some of the differences between Polish and American agriculture.

The average farm size is 16 acres but some are only 2-3 acres in size. In Warsaw, some are 24 acres. Some parts of Poland have very rich soils and some very poor. Some areas are mainly orchards and other grain crops.

The area we visited the first few days was quite flat, but later we visited hilly and mountainous areas. In fact, in some areas, the layout of the land is quite similar to Lancaster County, except the buildings are quite different.

What we consider small farms

in Pennsylvania are incomprehensible to the Polish. Much discussion in the states concerns whether or not the small farmer will be able to survive and compete with the large farmers.

Poland, too, is concerned about the small farmer, but they are finding very innovative methods to adapt. For example, the orchards we visited are small but intensive. About 4,400 trees are planted in two acres. They use super dwarf trees, not large trees.

Their orchards are extremely neat and well cared for. The first orchard we visited was cared for by a three-generational family. Last year, they harvested 80 tons of apples on two acres.

They try to avoid pesticide usage. Irrigation uses a fertilizing solution.

Each tree is cultivated to produce 150 apples. The daughter of the owner conducts many experiments and carefully documents everything to determine what varieties do best and under what conditions.

Some of the varieties include cultivars we use in the U.S. such as Jonagold and Ida Reds, but also many with Polish names.

On some of the apples, special labels with words such as Merry Christmas or Happy Valentine's Day are placed on the skin during growing season. This changes the color of the skin as it matures.

When harvested, the labels are removed and an apple is inscribed with the special message. It looks so neat. I have never seen this in the states but it may exist.

Professional pickers are hired for harvest. The first orchard grower said that he loses an average of 10 percent production if he doesn't use trained pickers.

The orchard area has suffered a lot of flood damage this year.

The other orchard we visited is in a different province. They own about 30 acres. From the appearance of their house, it is evident they are very prosperous.

Mr. G. Jasnizewski said that they do not use what is called pest management because they already use much less pesticides

than required by the European Union.

"The golden years of farming were the 1960-1970s," Jasnizewski said. There was higher demand for all produce because of food shortages. Now, the demand isn't as high because they have more competition from other countries, but they have a better product.

He would like to ship apples to the U.S. I thought of all the U.S. farmers whose markets are already oversaturated. A part of me wants to see the Polish farmers succeed but not at the expense of U.S. farmers. The international marketplace is not an easy place to find a secure market with everyone vying for a share.

The family served us a seven-ribbon layer cake decorated with walnuts, grapes, raisins, and cream. They also served Pope's cake, which we had several times previously.

It is wonderful and is called Pope's cake because the cakes were served to Pope John Paul II when he visited Poland a few years ago.



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Article Reveals Dairy's Role In Reducing Risk For Strokes

HARRISBURG (Dauphin Co.) — A recent research review published in the prestigious "Journal of Nutrition" focuses on the role lowfat dairy products play in reducing the risk of strokes. Each year more than half a million Americans have a stroke.

The review analyzed 30 studies to examine the link between the nutrients in dairy foods — particularly calcium, magnesium and potassium — and the reduced risk of stroke.

"This review highlights the strong evidence that nutrients in the Milk Group can play a signif-

icant role in helping millions of Americans who are at risk for stroke," says author Linda K. Massey, Ph.D., professor of food science and human nutrition at Washington State University-Spokane. "This is especially important for African-Americans who are at an increased risk for high blood pressure, the strongest risk factor for stroke. Additionally, African-Americans have a 35 percent greater risk of dying from a stroke," says Massey.



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