



15th Annual 4-H Sausage Sale

Cambria County 4-H Club members and leaders are conducting their 15th annual sausage sale, which benefits youth programming/4-H in Cambria County and is sponsored by the Cambria County 4-H Program Advisory committee.

Like last year, lean ground beef also will be offered for sale.

Cambria County 4-H members and leaders will be taking orders on loose and casing sausage, kielbassa, and hamburger patties until Feb. 23. The 4-H members and leaders will deliver orders on Saturday, March 3.

All meat is packed in two-pound packages. Sausage can be purchased as either regular or hot, loose or casing, and costs \$5 per package. The hamburger patties are 1/4 pound, eight per package, and are \$5 per package. The kielbassa is packaged in two pound packages for \$5. The goal of the 4-Hers is to sell 4,000 pounds of meat.

For more information on Cambria County 4-H, contact the Cambria County Extension Office, (814) 472-7986.

Centre County 4-H

Centre County 4-H Beef Club met Tuesday, Jan. 16 at Logan Grange Hall, Pleasant Gap.

2001 Guidelines, enrollment books, and a 4-H steer reference guide were handed out to the members. Six new members were introduced.

Officers elected for the year 2001 are president: Samuel Peters, vice president: Devon Warner, secretary: Toni Capparelle, assistant secretary: Ryan Knepp, recreation leaders: Erin Knepp and Luke Harding, historian: Jacob Gates, news reporter: Jayson Harpster, and county council representative: Tammi Deibler.

The Centre County 4-H Beef Club will continue to meet every third Tuesday of the month throughout the rest of the year.

Conodoguinet 4-H Sheep Club

The Conodoguinet 4-H Sheep Club met Jan. 18 at 7:30 p.m. at the extension office.

Under old business, a report was given on the 4-H achievement banquet. Jake Zeigler was named outstanding secretary, John Witter was named outstanding treasurer, Jeanette Bouch was honorable mention in news report, and the club was third in the Clover Award.

A report was given on the livestock banquet. Several members gave reports on taking lambs to area places for the nativity scene. Sonya Rinker gave a report on the Farm Show. Books and pins were handed out to the members.

Under new business, two new club members, Mike and Jennifer Garman, were introduced. Ethel Myers let everyone know that there will be a cookie sale. The extension office will send out details in a couple of weeks.

Elections were held for the coming year: Sonya Rinker — president; Austin Durf — vice president; Jeanette Bouch — secretary; Jake Zeigler — treasurer; Mark Myers — social chairperson; and Mike Garman — news reporter.

The next meeting will be Feb. 15, 2001, at the home of Mark Myers.

4-H Day Camp

4-H HAPPENINGS

The Washington County Chapter of the Penn State Cooperative Extension Service has been awarded a \$1,200 state grant from the Agriculture and Rural Youth Organization Program.

The grant was announced by state Reps. Peter J. Daley, Victor J. Lescovitz, Tim Solobay and Leo J. Trich Jr., all D-Washington.

"This money will be used to develop a new program for 4-H Day Camp called '4-H Goes Wild With Wildlife' that later will be used as a traveling education program kit by leaders and members of the 39 4-H clubs in Washington County," Daley said.

The two-day camp will be in July.

Lescovitz is encouraged by the program's subject matter.

"I am very pleased to see a program created to educate young people about Pennsylvania's endangered wildlife," Lescovitz said. "It is unfortunate such animals as the Bald Eagle and Short-Eared Owl are endangered here in our state. However, educating area youth about these creatures is a proactive step toward their long-term preservation."

The money benefits an already successful local organization, according to Trich.

"It was encouraging to see that the Washington County Chapter was honored. Our cooperative extension office has continually done an outstanding job. I am glad they are being recognized," he said.

"Although agriculture is Pennsylvania's most lucrative industry, our youth are our most important resource," Solobay said. "It's important that the youth of our area know all the options they have in the agricultural field, and 4-H clubs give them the opportunity to learn about those options."

Youth Turkey Hunting Safety Workshop

The Berks County 4-H program is sponsoring a Youth Turkey Hunting Safety Workshop during the Hamburg Sports and Outdoors Show Feb. 17 from 1 p.m.-3 p.m.

Instructor Steve Werley 4-H volunteer, will cover calling techniques, scouting, safety, and habitat. It is open to all Berks County youth, ages 11-17.

Parents are encouraged to accompany their children. The workshop is free, but you must pay admission to the show.

The workshop is limited to 40 participants and you can preregister by calling the 4-H office at (610) 378-1327. Handouts and door prizes will be given to all participants. If room is available, you can check in at the show.

North Mountain Market Goat Club

The club's first meeting is at 3 p.m. at the Dresch farm, Kenbrook Road, Lebanon.

The first meeting is at Doug and Nancy Dresch's farm Saturday, Feb. 24, at 9 a.m.-11 a.m. The meetings will be held in the goat barn. Please dress accordingly.

The club plans to conduct meetings every other Saturday morning from 9 a.m.-11 a.m. At the meetings, members will review feeding, grooming, health

care, preparing for the 4-H Fair, any up-and-coming events, club requirements, etc. We will also answer any questions the members or their parents may have. If we do not have the answer, we will find them out for you.

Cumberland County Wide 4-H Dairy Club

The last meeting of the Cumberland County Wide 4-H Dairy Club was Dec. 11.

Under old business, a county council report was given. The council met to discuss the Farm Show. They decided that the club will set up a booth to encourage people to join 4-H. The Christmas Giving Committee gave a report. They said that the names were chosen, and they just had to set up the date.

Under new business, Mrs. Walton gave judging information for Donald Harwood. Judging practices will begin in January. The Farm Show was also talked about, reminding people of the rules and check in times.

The club was given a flag set from Speak Out Night. They also donated \$25 to the Warm A Child Fund.

Brandon Kendrick gave a demonstration on how to make homemade ice cream. Mariah Paynter gave a demonstration about Texas.

In January, Pennsylvania has its annual Farm Show. Many club members showed there and did well.

Joseph F. Arnold III: Jersey, spring calf 6th place, 3rd junior; 2nd place showmanship IV (born '89-'91)

Aaron Cornman: Brown Swiss, spring calf 7th place, Brown Swiss, winter calf: 2nd place, 2nd junior; 4th place; Brown Swiss, spring yearling: 6th place; Brown Swiss, junior best three females 4th place; Brown Swiss, exhibitor herd: 5th place; Holstein, fall calf: 6th place, 4th junior; 6th place showmanship II (born '84-'85)

Tori Fuller: Jersey, spring calf 1st place, Jersey, summer yearling 1st place, 1st junior, Jersey spring yearling 2nd place, Jersey, open reserve junior champion, Jersey, youth class reserve junior champion; Jersey, junior 2-year-old cow 2nd place, 1st junior, Jersey, youth class senior champion, Jersey, youth class grand champion, Jersey, exhibitor herd, 8th place

Amy Kaucher: Jersey, spring calf 8th place; Jersey, fall calf: 4th place, Jersey, dry cow, any age 4th place, 2nd junior, Jersey, junior 2-year-old 6th place, 4th junior, Jersey, exhibitor herd 4th place

Holly Killinger: Holstein, spring calf: 5th place, 2nd junior

Brian Nailor: Guernsey, summer yearling 3rd place, 2nd junior, Guernsey, spring yearling: 2nd place, Milking Shorthorn spring yearling 1st place, 1st junior, Milking Shorthorn, youth class junior champion, Milking Shorthorn reserve junior champion, 8th place showmanship III (born '86-'88)

Jason Nailor: Milking Shorthorn, winter calf 3rd place, 2nd junior, Milking Shorthorn, dry cow, any age: 1st place, 1st junior, Milking Shorthorn youth class reserve grand champion; 4th place showmanship I (born '81-'83)

Scott Walton: Holstein spring yearling: 1st place; Holstein, fall yearling: 1st place; Holstein, open junior champion, Holstein, cow 6 and over 1st place, 1st junior; Holstein, youth class senior champion, Holstein, youth class grand champion, 1st place, Holstein, exhibitor herd: 1st place, Jersey, fall calf: 1st place, Jersey, senior fall yearling 1st place, Jersey, fall yearling: 1st place

Micheal Woods: Ayrshire, winter calf 7th place, 3rd junior; Ayrshire, junior 2-year-old 5th place, Ayrshire, 4 years 6th place, Ayrshire cow 5 years 3rd place, 1st junior

The next meeting will be Feb. 12, 2001. Visitors are welcome.

Tack Swap

The annual tack swap at the Northampton County 4-H Center will be Saturday, April 21, from 11 a.m.-2 p.m.

The Northampton County 4-H Center is located on Bushkill Center Road, Nazareth. The tack swap is open to anyone who wishes to come to sell or to buy a wide variety of horse related items, apparel, and tack. All sellers must have a table area, — no consignment items will be sold at the tack swap.

Sale areas will be offered to the public at a cost of \$15 per table for the indoor area, \$12 per table for the pole barn area, and \$10 per "area" in the outdoor arena, weather permitting. Anyone wishing to sell during the tack swap must preregister for spaces in the indoor and pole barn areas; outdoor areas will be allocated on the day of the event.

Any item from small to large may be sold. No live animals or food will be allowed to be sold at this event. Persons with large equipment to sell are welcome to display on the open grounds for the registration fee.

Anyone wishing further information, directions, or registration for this event may call (610) 837-7294.

Carbon Monoxide In Homes And Workshops

RUTGERS, N.J. — Carbon monoxide (CO) is a toxic gas produced when any carbon-based fuel is burned. It is colorless and odorless; therefore, you may not be aware of its presence. Carbon monoxide can collect in enclosed spaces (including homes, offices, and workshops) without the awareness of the occupants.

According to the National Safety Council and the Centers for Disease Control, approximately 500 to 1,000 people are killed in the home each year by CO. Nearly 5,000 people in the United States are treated in emergency rooms for carbon monoxide poisoning. It is believed that many other people are made ill by exposure to elevated CO levels but are either misdiagnosed or untreated.

Sources

Most carbon monoxide produced in homes comes from combustion of fuel for heating and cooking. Carbon monoxide may accumulate in the home when a blocked chimney, broken chimney flue, or damaged furnace heat exchanges allows gases to enter the home. It can also enter the home from the garage when an automobile, lawn mower, or other engine is in operation. Backdrafting chimneys and flues (common when ventilation fans are used in tightly sealed homes) may allow combustion gases, including carbon monoxide, to enter the home.

Gas stoves and ranges can produce CO, which can present problems if the appliances are used for prolonged periods or if they are not operated properly. Gas ranges are not intended to be used to heat the home. Some other common sources of carbon monoxide include unvented fuel-burning space heaters and indoor use of charcoal for heating or cooking. Charcoal should never be burned indoors.

Symptoms

Carbon monoxide bonds to hemoglobin in red blood cells, interfering with the capacity of the hemoglobin to transport oxygen throughout the body. Common

Spinnin' Spurs 4-H Horse Club

Spinnin' Spurs 4-H Horse Club ended its 2000 4-H year with a trip to the 5th Annual Horse World Expo in Timonium, Maryland on Jan. 20.

The Expo featured equine exhibits and demonstrations by top horsemen and trainers such as Pat Parelli, John Lyons, and many others. The highlight of the evening was a program featuring world class and Olympic riders Alison Firestone, Beezie Madden, Karen O'Connor, David O'Connor, and Philip Dutton.

The club will begin its new year with officers as follows: Callahan Schillaci, president, Brooke Reist, vice president, Whitney Rehm, Secretary, Hillary Grube, treasurer, and Emily Riden and Anne Whitely, news reporters.

The first meeting of the new club year will be the Brunnerville Fire Hall. Anyone interested may attend. The club does not provide horses for club activities, but there are plenty of opportunities for "horseless" members. For more information, call Karen at (717) 665-3222 or Cindy at (717) 733-4178.

symptoms of CO poisoning include nausea, dizziness, weakness, muscle aches, vomiting, and a general weakness or sleepiness.

Because the symptoms may resemble the "flu" or food poisoning, carbon monoxide exposure may be mistaken for these common illnesses. Carbon monoxide usually affects all occupants of a household at the same time (which may help distinguish carbon monoxide poisoning from the flu). Higher dosages of CO can cause impaired judgment, confusion, paralysis, coma, and death.

Victims of CO poisoning must be removed from exposure as quickly as possible. They require prompt medical attention. Symptoms may not disappear immediately after the victim is removed from exposure to the gas; in some cases, symptoms may recur days or weeks later.

Protection

Regular inspection and maintenance of all fuel-burning appliances (stoves, furnaces, water heaters, dryers, etc.) should be conducted by a qualified technician. Metal flues and heat exchangers should be inspected for signs of rusting and cracking. Follow recommendations in owners' manuals to ensure proper use of all appliances. Gas ranges, ovens, and clothes dryers are not intended to be used to heat the home.

Do not use "outdoor" appliances (such as barbecue grills or construction space heaters) indoors. Garages and workshops are "indoors" — they are enclosed spaces in which combustion gases may accumulate.

Carbon monoxide detectors carrying the Underwriters Laboratories (UL) listing are recommended. Carbon monoxide detectors meeting UL standard 2034 can detect long-term, high-level CO concentrations and short-term, low-level CO concentrations. Carbon monoxide detectors should be installed on a wall or ceiling near a sleeping area.