

Meal Time In Child Care

TOWANDA (Bradford Co.) — "Eating Times — The Ups and Downs" is the title of the workshop being presented by Penn State Cooperative Extension. Child care providers and interested parents can participate in the workshop from 7-9 p.m. on Thursday, Oct. 26, at the Bradford County Extension Office,

701 South Fourth Street, Towanda.

The workshop will provide child care providers and parents with help in making meal times happy and enjoyable times, especially for young children.

Tips on keeping food safe and ideas for lunches will be suggested.

Workshop participants will

also have the opportunity to visit, by way of satellite television, several child care facilities and see the ideas for handling meal time in "living color." Providers will hear other providers talk about how they handle meal time and problems that arise.

The "Eating Times — The Ups and Downs" workshop is part of a statewide Better Kid Care child

care provider training program presented by Penn State Cooperative Extension and partially funded by the Pennsylvania Department of Public Welfare, and the Pennsylvania Child Care/Early Childhood Development Training System.

Child care providers can receive two DPW training credits for participating in the work-

shop. Continuing Education Credits (CEUs) are also available.

To register to attend or for more information on the program, support materials and other services from "Better Kid Care," call Cathy Guffey at (570) 265-2896. Visit the Better Kid Care Website at www.betterkid-care.psu.edu.

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