Junior And Senior Teams Compete At State Days

LOU ANN GOOD Lancaster Farming Staff

UNIVERSITY PARK (Centre Co.) — "My dad's lectures came in handy," a surprised Tiffany Dean said after the Strasburg teen-ager was named tops in junior dairy judging at the state level.

Tiffany said that she lacked confidence and feared she didn't do well while competing in livestock judging during the annual 4-H State Days held last week at Penn State.

When the points were tallied, Tiffany scored as high individual of all participants. It's an honor she gives to her dad Gary, who continually reviews points in the visual appraisal of sheep, beef, and swine.

Tiffany with team members Sarah Nolt, Chris Hess, and Allison Hughes placed second in junior livestock judging competition.

The senior livestock judging team composed of members Ryan Donough, Jason Rohrer, Radell Peters, and Derek Bollinger placed third in their division.

The Lancaster County junior dairy judging team placed second. Ouite an accomplishment according to Tia Crider, summer intern and coach for the team.

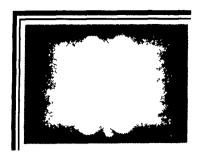
"The first time this team competed in a competition was at regionals in July. To qualify for state competition is quite exciting, and to place second at the state level is thrilling," she said.

In addition, team dairy club members Timothy Donough Jr. scored as third high individual and Josh Akers as fourth.

Not all competitions are agriculturally related. In a repeat of last year, Mila Pilz scored as high individual in the senior girls archery competition.

Katina Showman, 4-H extension agent, said of the three-day event, "It was another good trip with a good bunch of kids, and a good opportunity to build friendships, practice skills, and meet

In upcoming weeks look for more pictures of winners from across the state.



Life Skills, Family Information At Ag ProgressDays

ROCKSPRING (Centre Co.) that teaches consumers how to Learn life skills and take a break from the sun (or rain!) at the Family Room Building at Penn State's 2000 Ag Progress Days, Aug. 15-17.

The Family Room is located in he Family Learning Hub on Main Street, between West 8th and 9th Streets at the Ag Progress Days site. Visitors with children can hear a storyteller, go on a treasure hunt, enjoy water play, do art activities and read.

This year's exhibits include:

- · Healthy Meals, Healthy Families, a series of 30-minute food demonstrations conducted on the hour, features Kids in the Kitchen, Stromboli, Eating Your Way to Better Health, Get a "B" Attitude, Are You Folate Smart?, Ideas With Tofu, and Food From Other Cultures.
- Strong Families, Strong Children — Cultivating Life Skills teaches people how to meet needs and manage life challenges. Families who cope well with stress have daily routines and traditions and express love and humor. Financial know-how also helps people thrive by providing an economic foundation and sense of control.
- Fraud, Scams and Rip-offs introduces an extension program

spot scams and rip-offs, and avoid becoming a scam victim.

- Summer Safety for Children, by the Better Kid Care program, highlights water safety. Visitors also will learn how to keep kids safe in the sun, riding bikes, using play equipment, traveling in vehicles and near campfires, grills, and biting in-
- The Character Education exhibit features the Six Pillars of Character — respect, trustworthiness, responsibility, fairness, caring, and citizenship. Youth can contribute to a "Wall of Respect" and "Act of Kindness Tree."
- Youth Tobacco Prevention emphasizes the importance of smoke-free air. Breathing secondhand smoke significantly increases our risk of developing cancer. We all deserve smokefree air in restaurants, public places, and work places.
- · Reduce Your Pesticide Risk, by the Appalachia Cancer Network and Pennsylvania Breast Cancer and Environmental Risk Factor Project, teaches how to read pesticide labels, select a pest control method, lower exposures, and wash clothing after applica-
 - Year 2000 Dietary Guide-

lines focuses on fitness and choosing foods sensibly. Visitors can learn how snacks fit into the food guide pyramid and evaluate how well they are following the patterns of recommended food choices.

- · Hazards of Lead and Carbon Monoxide Poisoning, by the Pennsylvania Office of Rural Health, tests knowledge of these hazards and offers fact sheets, handouts and free gifts.
- Pennsylvania's Nutrition Education's To Market, To Market exhibit will encourage people to eat more fruits and vegetables and purchase locally grown produce from farmers markets and produce stands to positively impact rural commu-
- · Consumer Food Safety addresses food temperatures while cooking and barbecuing, meat irradiation, hand washing, and dressing, handling, and processing wild game and fish.

Penn State's Ag Progress Days features more than 500 acres of educational and commercial exhibits, tours and machinery demonstrations. It is conducted at the Russell E. Larson Agricultural Research Center at Rockspring, nine miles southwest of State College on Rt. 45.

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Best in the state at 4-H competition are Mila Pilz, left, high individual in senior girls archery, and Tiffany Dean, high individual in junior livestock judging.



Best junior team in state livestock judging, from left front, are Sarah Nolt, Tiffany Dean, Chris Hess, and Allison Hughes. The county's senior team placed second in the state, from left back, are Ryan Donough, Jason Rohrer, Radell Peters, and Derek Bollinger.



Lancaster County's junior dairy judging team placed second at state competition. From left are Lindsay Howard, Josh Akers, Timothy Donough, and Stephanie Donough.

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