

# Home on the Range



## Covered Dishes To Go

#### **CUCUMBER SALAD**

1 cup mayo or salad dressing

1/4 cup sugar

4 teaspoons vinegar

½ teaspoon dill weed

½ teaspoon salt

4 medium cucumbers, thinly sliced

3 green onions, chopped

In a large bowl, combine mayo or salad dressing, sugar, vinegar, dill, and salt. Mix well. Add cucumbers and onions, toss. Cover and chill for at least one hour.

Anonymous

#### **BAKED MACARONI AND CHEESE**

10 cups macaroni

8½ quarts water

3 tablespoons salt % cup butter

5 tablespoons flour

71/2 cups milk

31/x pound Velveeta cheese, sliced, grated

Cook macaroni in salted water and drain. Melt butter. Add flour and stir in butter. Add milk; Cook and stir until mixture makes a smooth paste.

Place layer of macaroni in bottom of greased roaster. Add cheese and white sauce. Repeat in layers. Bake at 350 degrees for one hour. May be made in electric roaster. Recipe may be divided in half or doubled.

Mrs. Ray Keeny New Freedom

#### **CHICKEN AND** RICE CASSEROLE

½ cup butter

1/2 cup olive oil

pieces skinless, boneless chicken

1 onion, chopped

1 green pepper, chopped

1 sweet red pepper, chopped

1 clove garlic, minced  $\frac{1}{2}$  pound mushrooms, sliced

12-ounces sliced black olives

Salt and pepper to taste

½ teaspoon oregano

1/2 teaspoon rosemary ½ teaspoon thyme

4 bay leaves

28-ounce can diced tomatoes

8-ounce can tomato sauce

2 cups water 2 tablespoons soy sauce

14-ounce box minute rice

In dutch oven, saute chicken in oil and butter. Brown on both sides. Remove chicken and set aside. Saute onions, peppers, and garlic for 5 minutes. Add mushrooms and olives, saute 2 minutes. Stir in salt, pepper, spices,

tomatoes, tomato sauce, water, and sov sauce. Mix well.

Lay chicken on top and bake 350 degrees for 30 minutes. Increase temperature to 375 degrees and bake 20 minutes more. Remove from oven and take chicken off top, save, add rice to sauce and stir. Cover let stand 10 minute. Place chicken on top and serve.

#### Katherine Wagner **Mount Joy**

#### **CABBAGE CASSEROLE** 4 cups shredded cabbage (wilt-

1 pound ground meat

1/2 cup cooked rice (long or short grain)

3 tablespoons onion

1½ teaspoon salt

1/2 teaspoon paprika

1/8 teaspoon garlic salt

1 small can sauerkraut 6-ounce can tomato paste

Spread cabbage in a 9x13-inch dish. Mix next six ingredients and spread on cabbage. Spread sauerkraut on meat mixture. Mix paste with two cups water and pour over top. Cover with foil. Bake at 300 degrees for 11/2

> **Grace Beck Belle Vernon**

### **SEVEN-LAYER SALAD**

10-ounce package frozen peas

1 head lettuce, shredded ½ cup chopped celery

1/2 cup chopped green pepper

1 pint mayonnaise

2 tablespoons sugar

4-6-ounces shredded cheddar cheese

8 strips bacon, fried, crumbled

½ cup chopped onion

Cook peas until tender; drain. Fill large salad bowl half full with lettuce. Add celery, green pepper, and onion in layers. Add peas. Top with mayonnaise. Sprinkle with sugar. Top with cheese and bacon. Cover with plastic wrap. Chill until ready to

#### **Emily Cloninger** Centre Co. Dairy Princess

#### **STRAWBERRY** PRETZEL SALAD

2 cups crushed pretzels

¼ cup butter

3 tablespoons sugar

8-ounces cream cheese 1 cup sugar

2 cups whipped cream

6-ounce strawberry gelatin

2 cups boiled water 20-ounces frozen strawberries

Mix pretzels, butter, and 3 tablespoons sugar. Place into 9x13-inch pan and bake at 400 degrees for 8 minutes.

Blend cream cheese, 1 cup sugar, and whipped cream. Spread on pretzel crust. Mix gelatin, 2 cups water, and strawberries. Let stand 10 minutes; place on top of whipped cream mixture.

#### **Emily Cloninger** Centre Co. Dairy Princess TURKEY WALDORF **SALAD**

1/2 cup plain nonfat yogurt

2 tablespoons mayonnaise

3 tablespoons cider vinegar 4 teaspoon honey

1/4 teaspoon salt

3 cups diced cooked turkey

½ cup chopped scallions

⅓ cup chopped walnuts 2 large apples, unpeeled,

quartered, cored, diced

11/2 cup chopped celery Lettuce leaves (optional)

Make the dressing: In large serving bowl, whisk yogurt, vinegar, mayonnaise, honey, and salt until well blended.

Add turkey, celery, apples, and scallions, tossing gently to coat. When serving, sprinkle with chopped walnuts. Serves 4 to 6 people.

**Emily Cloninger Centre Hall** 

#### **HONEY BAKED BEANS**

4 slices bacon, diced

½ cup chopped onion 41/2 cups cooked navy beans

½ cup honey 1/2 cup ketchup

1 tablespoon mustard

1 tablespoon Worcestershire

sauce

Saute bacon and onion until tender, combine with remaining ingredients in shallow 2-quart oven-safe baking dish. Cover with lid or aluminum foil and bake at 350 degrees for 30 minutes. Uncover and bake 45 minutes longer.

Renee Blatt **PA Honey Queen** 

### **MELBA STREUSEL PIE**

9-inch pie crust

Filling:

1/4 cup sugar

3 tablespoons corn starch

¼ teaspoon cinnamon

1 tablespoon lemon juice

1 can (1 pound 13-ounces) peach slices, drained

10-ounce package frozen raspberries, thawed, drained





To ensure your picnic feast stays healthy and delicious, make sure you you have enough cooler space and ice to transport refrigerated or precooked food safely.

Topping:

¼ cup all-purpose flour

½ cup firmly packed brown

sugar

bubbly. Cool.

1/4 cup butter Preheat oven to 375 degrees.

For filling: In large mixing bowl, combine sugar, corn starch, cinnamon, and lemon juice. Stir in peaches and raspberries. Turn into unbaked pastry shell. Sprinkle on topping. Bake at 375 degrees for 30-35 minutes until golden brown and

For topping: In small mixing bowl, combine flour and brown sugar. Cut in butter until mixture is crumbly.

#### **CHICKEN KIEV**

4 large chicken breasts, boned,

1 tablespoon chopped green onion

**A Subscriber** 

skinned, halved lengthwise

1 tablespoon snipped parsley ¼ pound butter, chilled

All-purpose flour 1 tablespoon water 1 beaten egg 1/2 cup fine bread crumbs Fat for frying

Place chicken pieces, boned side up, between two pieces of clear plastic wrap. Working out from center, pound to form cutlets about 1/4-inch thick. Peel off wrap; sprinkle with salt, onion, and parsley. Cut the stick of chilled butter into 8 sticks, place a stick at each end of cutlet. Roll meat as for jelly roll, tucking in sides. Press end to seal well. Coat each roll with flour and dip in mixture of water and beaten egg, then roll in bread crumbs.

Chill thoroughly at least one hour. Fry chicken rolls in deep hot fat (375 degrees) about 5 minutes or until golden brown. Serves 4-8.

Note: pound boned chicken with wooden mallet, work out from center, forming thin cutlets. It is important that the rolls be thoroughly chilled.

## Featured Recipe

With summer comes an ideal opportunity for reconnecting family and friendship ties — and what better way to celebrate than with a covered dish gathering?

Perhaps you have a special recipe that family and friends request that you bring to every gathering. But if you are like many people, you're probably searching for new ideas or reminders of

In addition to today's selection of recipes from many readers, here is one from Jody Applebee, Prattsburgh, New York, Taco Dip served with corn chips is a popular choice especially among teen-agers and adults. And, Jody writes, it also makes a great meal to serve at home.

#### **TACO DIP**

First layer:

8-ounces cream cheese, softened

16-ounces sour cream, softened

Combine cream cheese and sour cream and place in bottom of

Second layer:

1 pound ground beef

package Old El Paso taco mix

1 jar salsa (mild or medium) Brown ground beef. Follow directions on taco dip, add salsa, and simmer until thickened. Chill in refrigerator until cool. Spread on first layer.

Third layer:

Shredded lettuce, as desired

Diced fresh tomatoes, as desired Cheddar cheese, shredded, as desired

Black olives, sliced

Place lettuce, tomatoes, cheese, and black olives on second layer in order given. Serve with corn chips.

# Recipe Topics

If you have recipes for topics listed below, please share them with us. We welcome your recipes, but ask that you include accurate measurements, a complete list of ingredients, and clear instructions with each recipe you submit. Be sure to include your name and address. Recipes should reach our office one week before the publishing date listed below.

Send your recipes to Lou Ann Good, Lancaster Farming,

P.O. Box 609, Ephrata, PA 17522.

19- Garden Vegetables

26 - Sandwiches September

2 - Beef Contest Entries

9 - National Honey Month 16 - Cooking With Rice