

# Rules For Parents, Children To Live By

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Family Living/4-H Agent

Living together as mature adults is achieved by practicing certain basic skills. At the outset, keep handy some basic reminders to yourself. They should include the following:

- Recognize that a joint household requires effort by each person to make it work. The lives of each member will continue to change, so be prepared to change expectations and responsibilities accordingly.
- Be open about discussing what bothers you. Air grievances promptly and in a thoughtful way. Negotiate differences so there is something positive in the outcome for both generations.
- Don't fear occasional flare-ups. They are part of life and may clear the air. Don't let the situation fester.
- Treat each other as a good friend. This includes courtesy and respect for individual tastes and opinions.
- Use humor to brighten your life and relieve tension. It always helps to be able to laugh at yourself.
- Avoid prying about girlfriends, boyfriends, or other personal business. Sharing information about such matters should be voluntary.
- Make requests of parents, sons, and daughters — not demands. Demands threaten good feelings about yourself and others.
- Communicate calmly about work you think needs to be done. Try not to be a nag. Discuss expectations about the quality of the work.
- Be as flexible as possible, without giving up your own

rights and values. Avoid making issues out of minor irritations.

- Show appreciation for help given by others. It may be what you agreed on, but everyone likes to be appreciated.
- Be businesslike in dealings associated with your joint living arrangement. If you let some things slide now, there may be double trouble down the line.

For a complete guide, including worksheets for planning your joint household, call the extension office at (570) 836-3196.

## Scholarship Program

YORK (York Co.) — The Pennsylvania Association of Conservation Districts (PACD) Auxiliary is again offering a scholarship program for the support of agricultural and environmental education.

Amount of scholarship will be \$500.

To obtain a PACD Scholarship application form, contact Dawn Grove, York County Conservation District, at (717) 840-7430.

## Fashion Revue

(Continued from Page B2)

fitting, tapered pants accented in front and back with eight darts. Gwen had to adjust the pattern to lengthen the pants. Matching plaids required patience and skill. To complete the ensemble, Gwen's cotton blouse featured gathered sleeves and sporty French cuffs.

While the gold winners advance to state competition, the blue ribbon winners serve as alternates. These include Lindsey Fackler, Dauphin; Rebecca Light, Lebanon; Kristen Sander-son, Cumberland; Lindsay Shirk, Lebanon; Emily Walker, Franklin; and Barbara Reichard, Franklin.

Junior division contestants are 13 years of age and younger and are not eligible to advance to competition. The Junior Gold Ribbon winners include the following: Sara Oyler, Adams; Kamarin Minnich, Dauphin; Katie McGinnis, Dauphin; Kailey Troutman, Dauphin; Lora Wenger, Franklin; and Denise Hoke, York.

The Junior Blue Ribbon winners are Emily Ziegler, Lebanon; Deborah Sweigart, Lancaster; Nikki Lolly, Lancaster; Monica Snyder, Dauphin; Sarah Myers, York; and Rachael Siegel, Lebanon.



Holly Hoover loves sewing and competition. She also said that she works well under pressure, evidence by her latest escapade in waiting six days before competition to select her fabric, combine three patterns, and stitch a perfect fitting dress that captured another gold ribbon for her.

Senior judges for the event included Janell Berte, Ellen Gardner, and Linda Rand. Junior judges were Nancy Class, Mary Rebecca Irvin, and Chris Kinney. Former Lebanon County 4-H'er Jessica Watson, Miss Lehigh County, taught modeling and poise.

Classes during the daylong Fashion Revue included "Who Can Sew Like a Millionaire?" by

Michelle McGinnis and Nancy Cartwright, Dauphin County and "Smart Shopping," by Robert Thee.

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