



MAY 1-7, 2000

MAY DAY, MAY 1.

**TRI-MILCHI!**

The cows have gone out to the newly rich, green pastures, where the sun is on their backs. According to Anglo-Saxons, this was the month of *Tri-Milchi*, or three milkings. With spring bursting forth and the new grasses so nutritious and tasty after the long months of winter, cows were said to have been producing enough so they could be milked three times a day at this season. Young maidens, too, went out to the early morning grass on May Day. The May 1 dew was considered a magical skin rejuvenator with powers to counteract aging and bring good luck. In Roman times, Floralia was celebrated now with great revelry, gathering of blossoms, and feasting.



*After a certain number of years, our faces become our biographies.*

-Cynthia Ozick

**TIP OF THE WEEK**

**☛ Vexed by age spots? If the morning dew doesn't work, try aloe vera juice straight from the plant.**

**MORNING MILK SHAKE**

- 1 banana
- 1/2 cup plain or vanilla yogurt
- 1/4 cup silken tofu
- 1/4 cup soy or regular skim milk
- 1/4 cup frozen berries (blueberries, strawberries, etc.)
- 1 tablespoon brewer's yeast
- 1 teaspoon psyllium seed husks (optional, for fiber)

a tall glass This is a great energizer to get you going in the morning, or drink it following your daily exercise routine. Fruit juice can be substituted for the milk. Try other fruits—apricots, peaches, whatever's in season—instead of the banana.

Makes 1 shake.



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**The OLD FARMER'S WEATHER PROVERBS**



*Hoarfrost on the first of May indicates a good harvest.*

*May makes or mars the wheat.*

*May showers bring milk and meal.*

*The later the blackthorn in bloom after May 1, the better the rye and hay harvest.*

**Okla. National Stockyards**

Oklahoma City, OK  
Wed Apr 26, 2000

USDA-OK Dept Ag Market News  
Oklahoma National Stockyards -  
Weekly Cattle Summary

Compared to last week: Feeder cattle steady to 1.00 higher. Full advance on weights that will finish in September or later. Demand very good for cattle that miss the summer discounted futures. Some buyers sending larger fancy black cattle to holding pastures for 30 days to push their end point past August. Stocker cattle and calves steady. Demand good for all classes. Quality average to attractive. Feeders in moderate to fleshy conditions and typical for cattle coming off graze-out wheat. Weigh-ups gaunt to full. Slaughter cows 1.00 higher. Slaughter bulls .50-1.00 lower. Packer demand good. Demand moderate for bred cows and pairs. Total of 340 cows and bulls sold with 45 percent to packers.

Receipts this week 10,575; last week 12,991; last year 11,624.

Supply consisted of 86 percent yearlings over 600 lbs; 11 percent calves and short yearlings under 600 lbs; 3 percent cows and bulls.

Heifers comprised 35 percent of feeder and calf supply.

Prices follow with weighted average weight and price in parenthesis.

Feeder Steers: Medium and Large 1 few 350-400 lbs (383 lbs) 126.75-127.00 (126.79); few 400-500 lbs (450 lbs) 108.00-122.50 (113.06); 500-600 lbs (550 lbs) 96.00-107.50, thin 102.00-110.00 (103.85); 600-700 lb (650 lbs) 89.50-97.25, thin 97.50-99.00, few fleshy 86.25-89.25 (94.89); few 700-725 lb thin or fancy 90.00-95.00; 700-750 lbs (727 lbs) 83.50-92.50 (88.31); 750-800 lbs (776 lbs) 81.50-88.25 (84.54); 800-850 lbs (822 lbs) 78.00-84.75 (81.72); 850-900 lbs (868 lb) 75.75-82.25 (77.93); 900-1000 lbs (950 lbs) 73.00-77.50 (74.11); 1000-1025 lbs (1017 lbs) 71.75-73.75 (73.12).

Holsteins: Large 2 415 lbs 80.25; 525-575 lbs 79.75-81.50; 630 lbs 78.50; 700-750 lbs 70.25-70.50; 860 lbs 64.50.

Feeder Heifers: Medium and Large 1 few 400-500 lbs (450 lbs) 94.50-104.00 (99.96); 500-600 lbs thin 94.00-102.00.

fleshy 87.50-92.00; 600-650 lbs (622 lbs) 85.00-88.50 (87.43), thin 90.50-91.75; 650-700 lbs (670 lbs) 81.75-88.50 (83.78); 700-750 lbs (720 lb) 78.50-84.50 (80.93); 750-800 lbs (772 lbs) 75.25-79.25 (77.30); 800-850 lbs (824 lbs) 74.00-77.50 (75.62); 850-900 lbs (869 lbs) 73.50-75.50 (74.50); 900-975 lbs (950 lbs) 69.25-74.50 (72.40).

Slaughter Cows: Head %Lean Weight Average Dress High Dress Low Dress Brk 27 75-80% 875-1600 40.50-43.50 43.50-44.50 39.00 Bnr 34 80-85% 1000-1700 42.00-43.50 44.00-50.00 38.50 Lean 46 85-90% 800-1500 38.00-41.50 42.50-48.00 34.00-38.00 Light 7 85-90% 700-800 36.00 29.25-35.50

BrkBreakers, BnrBoners

Slaughter Bulls: Head Weight Average Dress High Dress Low Dress Yield Grade 1-2 27 1300-2300 49.50-54.50 56.00-62.50 43.50-47.50

Estimated dressed cost at Oklahoma National Stockyards: Lean 87.25; Boners 84.65; Breakers 79.45. Bulls 94.50.

Replacement Cows: Pretested for bangs, pregnancy, and age Medium and Large 1 Age Weight Months Bred Quality Price Heifers 825-1200 8 months Avg quality 650.00, Heifers 800-925 2-4 months Avg quality 520.00-600.00; 4 yr old 1050-1250 2-4 months Avg quality 550.00-635.00; 5-6 yr old 1050-1275 5-8 months Avg quality 660.00-690.00, 5-6 yr old 950-1200 3-5 months Avg quality 540.00-580.00.

Pairs: Medium and large 1 Age Cow Weight Calf Weight Quality Price 5-6 yr old 1050-1300 250-350 Avg quality 840.00-900.00, 5-6 yr old 925-1100 150-200 Avg quality 720.00-775.00; 7-8 yr old 950-1200 200-275 Avg quality 700.00-800.00; 9-10 yr old 1000-1250 125-250 Avg quality 665.00-685.00.

**Middleburg Livestock Special Monthly Feeder Cattle Auction**

Middleburg, Pa.

Report Supplied by Auction  
Tuesday, April 21, 2000

STEERS: 300-500 LBS. 79.00-102.00; 500-700 LBS. 68.00-93.50; 700-900 LBS. 66.00-83.00; 900-1000 LBS. 65.00-70.00.  
HEIFERS: 300-500 LBS. 77.00-104.00; 500-700 LBS. 75.00-92.75; 700-900 LBS. 60.00-73.00.

BULLS: 300-500 LBS. 68.00-85.00; 500-700 LBS. 64.00-76.00; 700-900 LBS. 62.00-67.00.

**Aberdeen Livestock**  
Churchville, Md.

Report Supplied by Auction  
Wednesday, April 26, 2000

SLAUGHTER STEERS: 1.00 HIGHER. CHOICE 2-4 1100-1400 LBS. 74.00-76.50; SELECT AND LOW CHOICE 1000-1500 LBS. 71.00-74.00; HOLSTEIN STEERS HI CHOICE AND PRIME 1250-1400 LBS. 66.00-68.50; CHOICE 1200-1500 LBS. 64.00-66.50; SELECT ALL WEIGHTS 55.00-59.00.

SLAUGHTER HEIFERS: 1.00 HIGHER. CHOICE AND PRIME 950-1300 LBS. 72.50-75.00; SELECT ALL WEIGHTS 900-1400 LBS. 64.00-70.00.

COWS: 2.00 HIGHER. BRK. UT AND COMM 2-4 BULK 39.00-44.00; HI DRESSING 45.00-50.00; CUTTER AND BONING UT. 37.00-41.50; HI DRESSING 42.00-45.00; CANNERS AND CUTTERS 33.00-39.00; LOW DRESSING 31.00 DOWN.

BULLS: 2.00 HIGHER. ALL WEIGHTS 1100-1900 LBS. 47.00-61.00.

VEAL CALVES: 2.00 HIGHER. CHOICE AND PRIME 200-400 LBS. LBS. 79.00-93.00; HI GOOD AND LOW CHOICE ALL WEIGHTS 68.00-74.50.

FARM CALVES: 20.00 HIGHER. HOL. BULLS 100-125 LBS. 185.00-249.00; HOL BULLS 85-95 LBS. 165.00-225.00; HOL. HEIFER CALVES 100-120 LBS. 270.00-360.00; SMALL FRAME 70-105 LBS. 173.00-218.00; SLAUGHTER CALVES ALL WEIGHTS 35.00-60.00.

FEEDER CATTLE: 3.00 HIGHER. BULLS AND STEERS 400-900 LBS. 54.00-112.00; HEIFERS 300-700 LBS. 68.00-99.00.

LAMBS: STEADY. CHOICE AND PRIME 90-110 LBS. 90.00-101.00; LIGHTER LAMBS 115.00-140.00; HEAVY EWES 32.00-37.00; LIGHT EWES 42.00-53.00.

GOATS: STEADY. SMALL 35.00-45.00; MEDIUM 50.00-80.00; LARGE 85.00-115.00.

HOGS: STEADY. 210-250 LBS. 45.00-49.00; 255-300 LBS. 38.00-47.00; HEAVY SOWS 36.00-42.00; LIGHT SOWS 31.00-38.00; BOARS ALL WEIGHTS 11.00-14.00.

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