



Two 4-H leaders from Berks County attended the Pennsylvania State 4-H Leaders' Forum, March 31 to April 1 at the Days Inn in State College. The leaders participated in workshops focusing on topics that will help them become better teachers and counselors of youth. Leaders attending from Berks County were Jacqueline Hertzog, Birdsboro, and Teresa Yerger, East Greenville, pictured with Marilyn Corbin, state program leader for Children, Youth and Families.

## 4-H Leaders Provide Much-Needed Positive Relationships For Youth

UNIVERSITY PARK (Centre Co.) - Today's youth appear to need positive relationships with adults more than ever, and 4-H leaders can fill that role, according to a 4-H specialist in Penn State's College of Agricultural Sciences.

To help adult and teen 4-H leaders become better teachers and youth counselors, Penn State Cooperative Extension brought together more than 100 volunteers from across the state at the 2000 Pennsylvania State 4-H Leaders' Forum, March 31 to April 1 in State College.

"Pennsylvania has more than 10,000 adult 4-H leaders," said Robert Lewis, professor of 4-H youth. "Each year, these volunteers work with more than 125,000 rural and urban Pennsylvania youth between the ages of eight and 19. These volun-

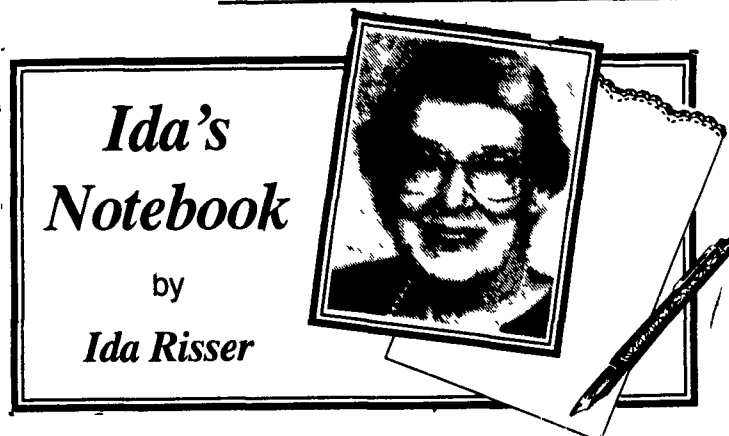
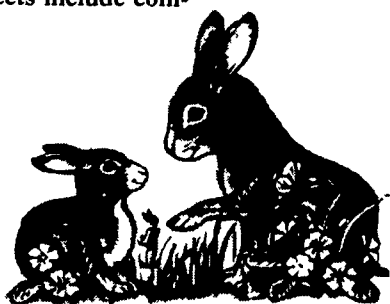
teers give more than 20 days to 4-H youth - to the equivalent of more than 1,000 full-time teachers in the field, or a contribution worth more than \$20 million."

4-H offers programs in subject areas such as environmental, science, clothing and textiles, jobs and careers, horsemanship, plant science, photography, health and safety, nutrition and global citizenship. Most 4-H clubs and projects include com-

munity service learning.

Today, 4-H also involves youth of varied races and cultures, youth with disabilities and youth that have not traditionally taken part in the 4-H program.

Workshops at the forum featured information on character building, horse safety, the Japanese Exchange program, and putting 4-H club information on the World Wide Web.



Now I am sitting in a quiet house but last week was quite different. At one time we had 10 people eating and sleeping in our house.

The families were from Georgia, and when we awoke on a Sunday morning to two inches of snow, they were elated. Snowballs flew in every direction. When I opened an outside door, I almost got one in my face.

A large ash tree was cut down while they were here and the children helped to pick up small branches from a field. One grandchild even helped to remove stones from a farm field. However, electronic games also occupied their time.

One day during the busy week, I accompanied a younger member of the family to the hospital for some tests. I had hours to watch other people. Usually, young people brought their aged parents, but my case was the op-

posite. I have had too much hospital experience lately.

To change the atmosphere, we drove to Longwood Gardens in Kennett Square, the next day. In 1700 George Peirce purchased 402 acres of land from William Penn. Later duPont bought the land to save the wide variety of trees that were planted there. We saw one large tree that was brought in by helicopter to replace a dead one. Today it encompasses more than 1,000 acres of gardens, woodlands, and meadows.

The beauty of the plants in the four acres of greenhouses is beyond describing. I've always enjoyed the room of exotic orchids as every color of the rainbow. About 50 years ago, I traveled to Longwood Gardens to see the spectacular illuminated fountains in conjunction with a musical program. That night was one to remember always.

## Out Of The Attic

HALIFAX (Dauphin Co.) - Quilts, antiques, and attic treasures along with new trends in manufactured foods will be featured topics at Dauphin County Cooperative Extension Awareness Day 2000. "Out of the Attic" is this year's theme for the all-day event to be held on Tuesday, June 6 from 9 a.m. to 3:15 p.m. at Camp Hebron, Halifax.

Stephanie DeMuro of Quilters Gathering will open the day with "Looking Back at Quilts" as she discusses these works of art with their rich history and popular resurgence.

The day continues with "Who Gets Mama's Yellow Plate?" - a question families often have to answer. Pat Lagerman, Northumberland County Extension Agent, will reveal how to determine what is fair for your family, plus present a look at new options and consequences when distributing personal items.

Do you have treasures in your attic just gathering dust? Carol

Ulsh, proprietor of Tressler House in New Bloomfield, will dazzle you with ideas on how to put them to everyday use and display them with pizzaz. As an added bonus, members of Dauphin County Garden Clubs will decorate tables with themes surrounding old fashion nursery rhymes.

Are you confused about the fat replacers Olestra and Salatrim? Are they beneficial and do they really reduce calories and fat intake?

Join Marg Malehock, Cumberland County family living agent, to taste test samples and learn more about this new trend in manufactured foods.

Cost for the day, which includes luncheon and door prizes is \$15 per person. Registration deadline is May 26.

Additional information and reservation forms are available by calling Dauphin County Cooperative Extension office at (717) 921-8803 or 1-800-328-0058 during regular business hours from 8:30 a.m.-5 p.m.

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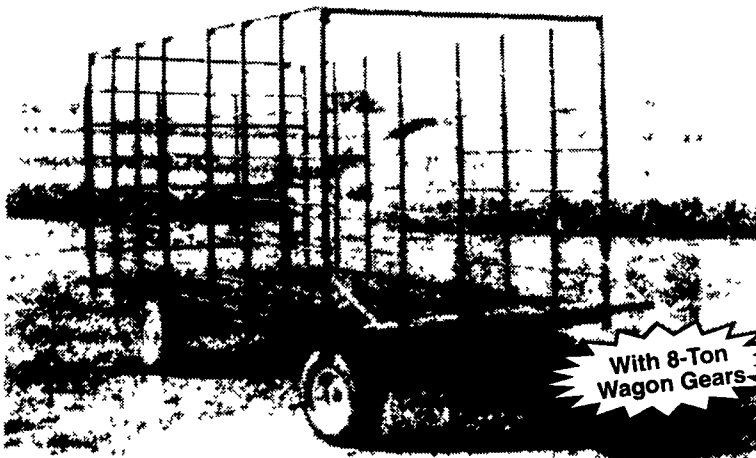
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