

Kids Korner

Kick Butts

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BEDFORD (Bedford Co.) - Bedford County has one of the most active TATU or Teens Against Tobacco Use Coalitions in the state.

Setting high standards these teens from Bedford, Everett, Northern Bedford, Hyndman, Tussey Mountain, and Chestnut Ridge students form the county coalition. Participants are good scholars, and active in school sports or other extra curricular activities. Advisors are volunteer high school teachers, Joyce Herncane, Trish Beidle, Tess Crawford, Ed Beidle, Phil Logue, and Julie Evans.

A fall conference kicks off the season with more than 100 students attending the all day event annually. It's a day for planning and getting ideas for upcoming activities.

This year, the students plan to hold a candlelight vigil on April 13, in front of the Bedford County Courthouse. Following an evening of singing and short speeches, the students will lead a candlelighting ceremony asking each participant to remember a loved one who has died as the result of smoking.

April is a big month for Bedford County's TATU and on April 15, the annual billboards will go into place. Located at such strategic spots as along Route 30, Route 220, and Route 26 leading into Saxton, the billboards, bearing anti tobacco messages, are all designed by the students.

During "Kick Butts" weeks which is also held in April, high school students help to educate the younger generation with a series of assemblies or puppet shows, written by the teens mostly.

Radio spots will be aired on local stations throughout the spring with messages created by the students such as this one from Northern Bedford.

"Each year there are more than 400,000 deaths in the United States caused by smoking-related illnesses."

"Is that how you want to die?"

The choice is yours....

"When you choose to smoke, you're not only hurting yourself but others too..."

"It's.. Dumb"

Stupid
Crazy
Dangerous
"Smoking kills!"
"Need I say more?"
Students from the Bedford County Coalitions attend the state conference in March.

They do an annual survey to check their own progress in each individual school. This year, Northern Bedford took a poll at a wrestling match to find that out of 137 individuals interviewed, 26 smoked and 111 did not.

Ten of those smoking smoked cigarettes, 5 used smokeless tobacco, and one smoked cigars.

Thirty two of those answering the questions said that someone in their household smokes while 96 households did not have members who smoked.

Ninety one were concerned with the effects of second hand smoke and 37 were not.

All of those who did not smoke preferred a home that was smoke free.

Another survey was done by inserting a questionnaire into the center of the local Chamber of Commerce paper asking businesses to notify the coalition if they are smoke free.

Students from Chestnut Ridge computer designed a clever "thank you," which will be framed and presented to each answering business.

One of the Bedford High School activities, which has been very successful was the creation of an activity book for elementary students.

Several pages from that booklet are shown on the "Children's Page" in this issue.

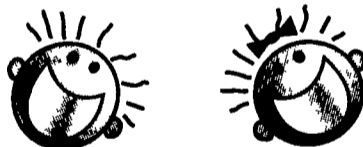
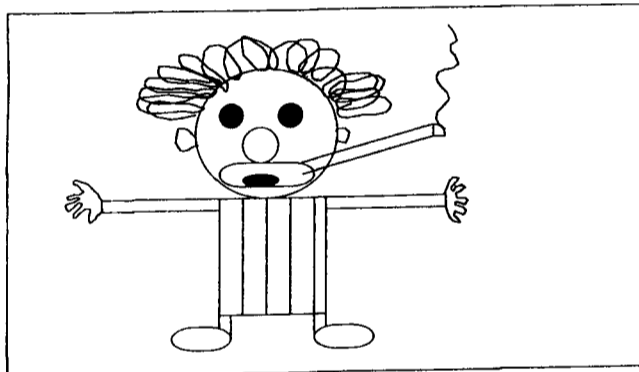
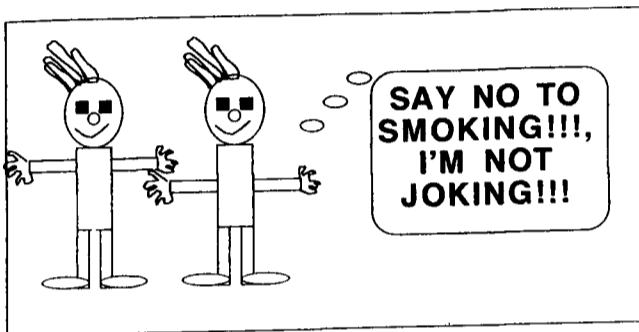
TATU has become a prestigious organization in Bedford County schools. When Tussey Mountain lost their long time volunteer leader, Glenn Young, this year, the students were so upset they found a replacement leader. "Some of them want to go into health related fields and felt it was very important to have an organization such as this," says their advisor, Phil Logue.

TATU even inspired a Hyndman High School student to write a song called, "Ashtray Mama" which will be sung on the radio this spring.



Students from Bedford High School present a puppet show to second graders. Travis Leap, Hyndman, entertains his peers with a self-written song, "Ashtray Mama"

put an X on the incorrect pictures.



When You Wish...

What do you see when you look up at the night sky? If it's clear, you can probably see thousands of stars. But did you know there are thousands more that are not visible to the naked eye?

The universe has billions of galaxies, and each galaxy has hundreds of billions of stars. The stars you can see when you look up at the sky are in our own galaxy, which is called the Milky Way.

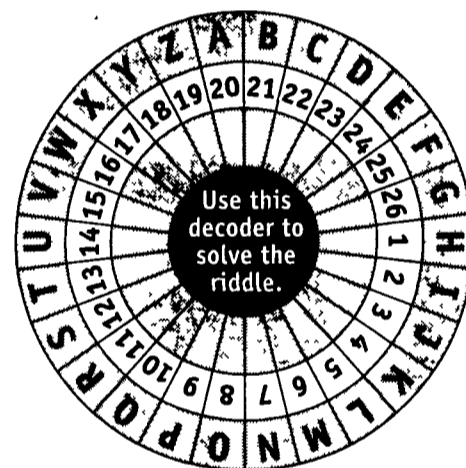
Along with the stars in each galaxy, there are clouds of dust and gas. Stars are actually big balls of gas, mostly hydrogen, that give off heat and light. They are born from the clouds of dust and gas. As more and more gas is pulled into a cloud, the cloud starts to spin. Atoms of gas bump into each other. As the bumping gets faster and faster, they create heat energy, which makes the cloud hotter and hotter. Once it gets so hot, the cloud starts to glow.

The glowing cloud is known as a protostar. The protostar will continue to grow, and the bigger the star gets, the longer it will live.

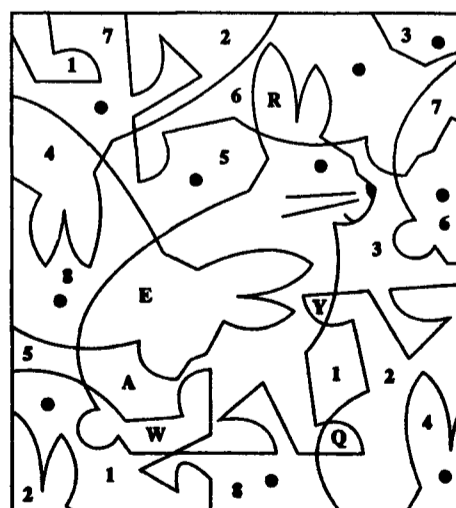
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What is worse than raining cats and dogs?

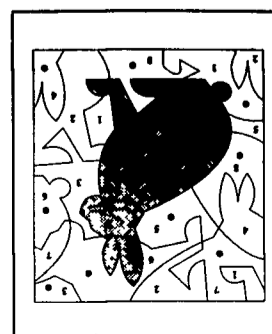
1 20 2 5 2 7 26 13 20 17 2 12



HIDDEN PICTURE



Color in each space that contains a letter.



Egg Hunt

Watch real chicks hatch. Hunt for eggs where animals and insects hide their eggs, and learn about the variety of animals that come from eggs.

On Sunday, April 16, from 11 a.m. to 5 p.m., families are invited to the Hands-On-House, Children's Museum of Lancaster, 721 Landis Valley Road, Lancaster, for the Eggeceptional Egg Hunt.

Admission is \$5 for adults and children plus \$1 "eggstra" per child. Reservations are not required. For more information, call (717) 569-KIDS.

Match the part below with the color that part turns, when you smoke



Red



Yellow



Black