

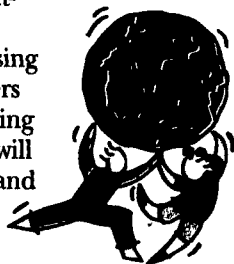
FAMILY MATTERS

Kidz Korner

Earthshaking News for Kids

You would be surprised at the variety of ways you can help save the Earth. Here are just a few:

1 Gather up old toys, books, games and puzzles that you don't want or use anymore and find places that can use them, like hospitals and libraries. Or have a garage sale. The things you've outgrown are still valuable. By passing them on to others instead of throwing them away, you will make less trash and save precious resources.



2 Don't dump harmful liquids on the ground on purpose. The earth is like a sponge that soaks everything in. Dumping even common, everyday things on the ground will pollute groundwater.

3 Plant flowers, trees or shrubs in your backyard. It's a great way to provide food for the birds, butterflies and other creatures that live near you. Or start a brush pile with bushes and branches for small animals to use as "cover." If they know they can hide themselves when they need to, they're more likely to visit you. ☺



'way to Go, VanGo!

The Susquehanna Art Museum's new VanGo! museum on wheels is on the road, touring the state with original art made from found objects and assembled from renewable materials.

The exhibit, entitled ReUSE, ReNEW!, is designed to teach students about recycling, urban management and conservation.

VanGo! is a retrofitted bus that brings original works of art to sites across Pennsylvania, visiting schools, community groups and just about any place where people request "the art museum that comes to you."

This latest exhibit reflects the growing interest and concern about the environment by today's artists. Many of them are increasingly voicing their fears about environmental abuse by using found objects as a statement about the importance of recycling and valuing our earth.

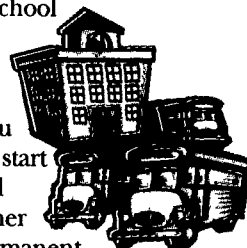
These artists, who have organized into groups such as "the dumpster divers," are attempting to spur environmental awareness through their unique works.

For further information on VanGo! or to schedule a visit to your area call 717-233-8668. ☺

Is your school pulling its weight?

If your school already recycles office paper, corrugated paper and aluminum—good for you! If it also recycles materials such as glass, newsprint, plastics, steel and bimetallic cans, and leaf waste, even better!

But if your school does not have a recycling program yet, you should help start one. You will need a teacher or other permanent school employee to serve as recycling coordinator, but there are a lot of things you, the students, can do to get a program up and running successfully. Call 800-346-4242 today! ☺



Help for a Healthy Home

In every home, large or small, new or old, city or country, there are potential risks to your family's health and the environment. Home-A-Syst, a cost-effective, state-operated, national pollution prevention program, helps you identify these risks.

Home-A-Syst begins with a checklist of questions to identify problem areas:

- How safe is your drinking water?
- Do you use hazardous household products safely?
- Is there lead-based paint in your home?

Then, when you find potential concerns, Home-A-Syst can help you develop an action plan to reduce the risks. ☺

In Pennsylvania, contact Home-A-Syst State Coordinator Cathy Bowen at cbowen@psu.edu or call 814-863-1614.

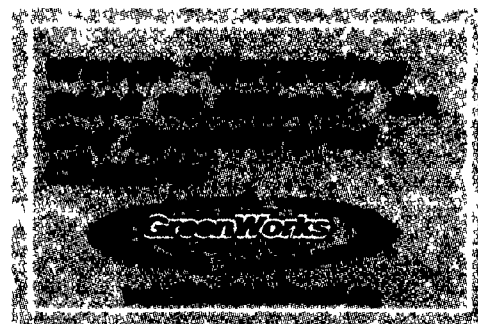
Just use less...

You can reduce the amount of trash you make simply by buying products that are reusable, refillable or concentrated.

Take a look through your trash. Identify what you are throwing away.

Here are some other helpful hints:

- Use a sponge rather than paper towels.
- Buy concentrates
- Buy fresh produce without packaging
- Avoid double-bagging
- Avoid single-use products.
- Repair, rather than replace, broken items
- Donate unwanted materials to charity.
- Have your name removed from junk mailing lists



License to



Don't throw your old license plates away! Recycle them at curbside or at your local PennDOT office. Or have them made into cool, environmentally friendly items!

For the PennDOT office nearest you, call 877-726-8824 or visit www.state.pa.us

Or contact *Littleearth Productions* in Pittsburgh. It recycles old plates into custom products such as CD holders, photo albums and purses! And for each custom order, it will donate \$1 to the Environmental Fund for Pennsylvania. Call 877-537-5283 or visit www.littleearth.com ☺

DEP RECIPES

Bread Pudding

INGREDIENTS

- 2 cups stale bread, cubed
- 2 cups scalded milk
- 1/4 cup sugar
- 2 eggs, beaten
- 1/2 tsp salt
- 3 tbsps butter
- 1 tsp vanilla
- 1/2 tsp nutmeg

THE ULTIMATE RECYCLABLE... & a tasty treat!

Place bread cubes in greased baking dish.

Add butter and sugar to scalded milk.

Add salt, vanilla and nutmeg to eggs.

Mix milk mixture and eggs.

Blend milk and egg mixture with bread cubes.

Place baking dish in pan of hot water.

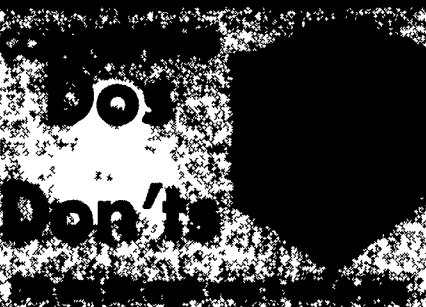
Bake at 350 degrees for 1 hour.

A knife should come out clean when inserted.

Serve hot with cream or milk.



Thank you very MULCH for COMPOSTING



DON'T compost diseased plants or leaves

DON'T compost persistent weeds like poison ivy, multiflora rose, bindweed or quackgrass.

DON'T use human or pet feces

DON'T compost meat, dairy products and vegetables cooked with animal fats

DON'T compost plants that have gone to seed