

# Food Check Out Day Celebrated By Western PA Farm Bureaus

**GAY BROWNLEE**  
Somerset Co. Correspondent

**PITTSBURGH** (Allegheny Co.)—Two of the Ronald McDonald House's storage rooms on "Food Check Out Day," Feb. 9, were stockpiled with about two tons of foodstuffs, courtesy of the 18 western county Farm Bureaus in Pennsylvania.

Significantly, the celebration was held on the 40th day of the year, connoting the length of time the average family in the United States works to pay for its yearly food intake.

"Food Check Out Day gives us a chance to highlight how affordable food is in America," said Guy Donaldson, president of the Pennsylvania Farm Bureau.

The Pennsylvania Farm Bureau sought participation from the community when it began to collect donations of food and supplies for Ronald McDonald Houses (RMH) located throughout the state. Be-

sides Pittsburgh, RMH's are found in Philadelphia, Hershey, Scranton and Danville. Each was encircled by a district of county Farm Bureaus simultaneously celebrating the event.

"Ronald McDonald Houses provide a 'home away from home' for the families of seriously ill children receiving treatment at nearby hospitals," said Donaldson. "The houses depend on local volunteers and donations to operate."

The president added further that the Keystone State, distinctively, is home to the largest rural population in the nation. Farm Bureau members are occasionally among those traveling to the city and being lodged at an RMH because a very ill youngster is being treated with the latest medical technology.

"Ronald McDonald Houses provide much appreciated, home-like living quarters so families can be near their children during these stressful times," said Donaldson.

Somerset County, alone, delivered one ton of food and supplies to the Pittsburgh facility, plus a \$645 cash gift that was included in \$1,295 collected in the district.

Spokesperson Denise Rohrbaugh, Somerset, who was the western district contact with Camp Hill headquarters of the state Farm Bureau, gave a short address when the goods were delivered. She was accompanied to the ceremony by Somerset Farm Bureau directors, Phil Lehman, Don Shipley and Fred Bouch.

Denise's husband, Darryl Rohrbaugh also was a co-spokesperson. The couple took along their eldest son, Justin.

Also attending were representatives of Beaver, Butler,



**Somerset Farm Bureau officers gather at Walker's Farm Service in Somerset next to the van of goods and supplies collected for Ronald McDonald House in Pittsburgh. From left, are Phil Lehman and Don Shipley, directors; Greg Walker from Walker's Farm Service; Kurt Walker, vice-president; Harold Shaulis, president; Fred Boucher, director; Debra Ott, newsletter editor; Darryl Rohrbaugh, spokesperson and Phil Ott, director. Also Denise Rohrbaugh secretary and Erma Jacobs, treasurer.**

Lawrence, Cambria, and Jefferson County Farm Bureaus.

Mrs. Rohrbaugh was ecstatic about the success of the local effort in response to the letters of invitation she sent out. It was carpe diem for young people who "seized the day," and adopted the project. They were the student council of the Salisbury-Elk Lick High School, Somerset Boy Scout Troop 131, and the Meyersdale FFA Chapter. Also the Country Clovers and High Ridge 4-H Clubs which collected foodstuffs.

The representative body at Salisbury-Elk Lick held an all-grades homeroom content to win a pizza party for the most goods collected. The kids from

the state's second smallest school district, enthusiastically, raised 1,742 items for the Farm Bureau and RMH. First and 11th grades were the pizza winners.

Student council adviser, Louis Tuscano, said that every year student council launches a community project. It was special this time; however, spawned from the outpouring of help in 1998 when tornadoes devastated their community. It was a golden opportunity to pass to others the help that they, themselves, had received.

The scouts raised cash donations and collected food at two Giant Eagle Markets, County Market and BiLo Market in Somerset. The scouts at each station were joined by a Farm Bureau director.

The Meyersdale FFA, did a local project in support of Food Check Out Day. FFA officers on Feb. 9, went to the Meyersdale Shop 'N Save and paid the grocery bill for three very surprised and randomly selected shoppers. The chapter spent about \$200.

"The object is to let them know their food is a bargain,"

explained adviser, Jim Stutzman.

Shopper Norma Meyers said at first she wondered why so many youths in requisite blue, corduroy jackets were standing near the store check out lanes, as if expecting something to happen.

"I am surprised and thankful," she said, happily.

Even better, it worked out that state FFA officers—president Elio Chiarelli, Jr. and treasurer Adam Longenecker—were in town visiting the Meyersdale Chapter. So the young men with their hosts, participated in Food Check Out Day.

The other shoppers whose groceries were paid by the FFA were Lewis A. Zook and Ted and Joann Minnick, who all have Meyersdale addresses.

"They all did a fantastic job," said Denise Rohrbaugh, elated. She highly commended the young adults for generating high interest in Somerset County's second annual Food Check Out Day and RMH Pittsburgh, which serves 800 families each year.

Walker's Farm Service, Somerset, provided space for all the donations until they were delivered on Feb. 9 to RMH Snyder of Berlin, an agri-link business, donated some 10 boxes filled with the snack food varieties it produces.



**Denise Rohrbaugh**

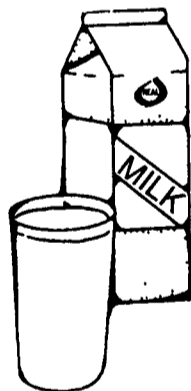
**Mahoning Outdoor Furnaces**

Cut Your Heating Costs With Our Outdoor Furnace

- Standard Model Burns Wood, Coal or Wood by-products
- Multi-Fuel Model Burns Wood, Coal, Oil or Gas

Adapts to any existing heat system Installation & Accessories Available

Salisbury, Pa. Office  
**(717)624-3639 • (717)624-4188**



"In only three weeks of using the Chi Machine, I lost 15 pounds effortlessly - and hospital lab tests showed that my blood cholesterol level dropped from 225 to 160 mg"

**How do I use my Chi Machine?**

\* Place the machine on a rug Lie on your back and put your ankles in the grooves of the footrest on top of the machine

\* Set the timer switch to activate the machine for the number of minutes you desire First time users should start with 2-5 minutes

\* The footrest will begin to move back and forth, carrying your feet briskly from side to side This movement will carry up through your legs and torso, throughout your entire body, causing you to wiggle back and forth - that's right like a fish swimming in water

\* All you do now is relax and breathe deeply, letting the machine rock you gently but firmly for a maximum of 15 minutes

\* When the time is up and the machine stops, remain lying down for another two to five minutes, relaxing and breathing deeply, enjoying the remarkable afterglow - chi - as it moves throughout your body

"In two months of using the Chi Machine, my thighs, hips, stomach and buttocks now look as good as they did when I was in my 20's - and I'm almost 52"

Introducing  
**The Chi Machine**  
The Sun Harmony Aerobic Exerciser

**It does the work - You get the aerobic benefits.**

**A totally unique device which promotes the body's own natural absorption of oxygen.**

**100% satisfaction guaranteed!**

**For More Information**  
**1-800-468-4909**  
**717-354-4929**  
**Leave Message**

**Does your body get the oxygen it needs?**

(Adapted from a quiz by Dr. Eigi Noguchi)  
Check all the boxes which apply to you -

- I wake up tired, even after eight hours of sleep
- I sleep restlessly, waking up frequently
- I suffer from chronic fatigue
- I have poor physical endurance
- I tend to be moody and irritable
- I am susceptible to colds and flu
- I suffer from allergies
- I frequently feel tense and on edge
- I am frequently constipated
- I have frequent pain in my shoulder and/or back
- I have weight problems
- I crave sweets, alcohol or soda

If you checked more than three boxes, your body might not be assimilating sufficient oxygen Please consult your physician You may wish to have your blood oxygen levels tested - before and after you begin to use the Chi Machine



"My research has convinced me that lack of oxygen is the root of most or perhaps even all disease"  
- Dr. Shizuo Inoue

**PROBLEM MILK?**  
**Don't Dump Your Hard Work Down The Drain!**  
Making Cheese With Your Milk Preserves Its Value  
4-Milking Penalty Warm Milk No Milk Market  
**CALL THE CHEESEMAKER**  
**We'll Take Care of Everything**  
**Toll Free 888/624-3373**  
**717/933-4385**

**FURNITURE**

CLOSED SUNDAYS, NEW YEAR, EASTER MONDAY, ASCENSION DAY, WHIT MONDAY, OCT. 11, THANKSGIVING, CHRISTMAS & DECEMBER 26TH

**FISHER'S FURNITURE, INC.**

NEW AND USED FURNITURE  
USED COAL & WOOD HEATERS  
COUNTRY FURNITURE & ANTIQUES

BUS. HRS. MON.-THURS. 8-5  
FRI. 8-8, SAT. 8-12

BOX 57  
1129 GEORGETOWN RD.  
BART, PA 17503