



JANUARY 10-16, 2000

PLOUGH MONDAY, JANUARY 10.

PROFITIOUS FOR GIRLS

January 14 is considered a particularly good day for the birth of girls, according to the ancients. A baby girl born on this day will claim Capricorn as her sign, with its characteristic strengths of indomitable courage and clear organizational skills. Numerology gives her the number 5 (1 plus 4) for resilience, and Mercury is her planet, bestowing mental prowess. Capricorn is associated with the knees, so those born under this sign should take special care not to overdo physical activities that tax those joints. Downhill skiing, football, rugby, and high jump might not be Capricorn's best choice of sports. Moderation is the key.



Of all the wild beasts of land or sea, the wildest is woman.

- Menander

TIP OF THE WEEK

Take stock before the grocery checkout. Do you have more fruits, vegetables, and whole grains than processed foods, fatty snacks, and sweets?

DESSERT SALAD

- 3 large apples ('Braeborn', 'Fuji', or 'Granny Smith')
- 1 small bunch seedless grapes, red or green
- juice of 1 lemon
- 1/2 cup vanilla yogurt
- 1/2 cup chopped walnuts or almonds
- 1 bunch fresh mint

lemon juice. Cut grapes in half and combine with apples. Stir in yogurt and nuts. Save out a few sprigs of mint for the garnish, then chop enough to make a scant 2 tablespoons, and stir it into the fruit mixture. Serve as a luncheon salad or a light dessert. Makes 4 servings.



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THE OLD FARMER'S WEATHER PROVERBS



Holly berries shining red mean a long winter, 'tis said.

Cold is the night when the stars shine bright.

It is a bad wind that doesn't blow for someone.

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the sky high prices that many producers had to pay for feeders this Fall, especially in the Midwest Feedlots sold finished cattle mostly steady at 68 00 and 108 00 dressed. Demand was good this week for local Holstein steers and prices held fully steady, while slaughter heifers finished steady to 50 higher with Monday being the only good test. Slaughter cows closed the week 50 to mostly 1 00, and instances 2 00 higher on heavy Breaker cows (less than 80 pct lean). Slaughter bull trading turned active late in the week and prices ended 50-1 50 higher. Supply included 35 percent slaughter steers, 5 percent slaughter heifers, 48 percent slaughter cows, 4 percent bulls, with the balance feeders.

SLAUGHTER STEERS High Choice and Prime 2-4 1205-1485 lbs 69 75-73 75 Choice 2-3 1205-1480 lbs 68 00-71 75, high dressing 1-2 up to 74 25, 1480-1630 lbs 66 00-68 75 Select and low Choice 2-3 1040-1515 lbs 65 00-69 50 Select 1-3 945-1350 lbs 61 00-67 25

HOLSTEIN STEERS Package High Choice and Prime 2-3 1515 lbs 63 60 Choice 2-3 1265-1685 lbs 57 75-61 00, package heifers 1611 lbs 55 75 Select and low Choice 2-3 1100-1715 lbs 54 00-58 25 Select 1-2 1030-1455 lbs 51 50-55 00

SLAUGHTER HEIFERS High Choice and Prime 2-4 1210-1380 lbs 69 75-70 75 Choice 2-4 1130-1385 lbs 67 25-69 50, few high dressing 1-2 up to 72 25 Select and low Choice 2-3 1025-1450 lbs 61 75-67 00 Select 1-3 925-1390 lbs 55 50-61 75

SLAUGHTER COWS PERCENT LEAN WEIGHT BULK
Breakers 75-80 pct lean over-1400 lbs 40 00-44 75 37 50-40 75

Boners 80-85 pct lean over-1200 lbs 38 00-42 00 35 00-38 75 Lean (Hi-Yield) 85-88 pct lean over-1200 lbs 37 50-41 25 34 00-37 50 Lean 88-90 pct lean over-1000 lbs 34 50-38 00 32 00-35 00 Lean (Light-Wt) 85-90 pct lean 750-1000 lbs 31 50-35 75 28 00-32 00

SLAUGHTER BULLS Yield Grade 1 1205-1860 lbs 48 50-55 00, outstanding black 1590 lbs 60 00 Yield Grade 2 1135-2345 lbs 40 75-50 00 Bullocks Select 1-3860-1440 lbs 48 00-55 00

CALVES Compared to last week, demand for veal calves was good again this week and prices closed 2 00-3 00 higher. Larger slaughter calf trading was also active and the market ended as much as 20 00 higher than last week's thin test. Holstein bull calves returning to feed finished their amazing close of the 20th century with no signs of slowing. Fresh bull calves finished only 12 00 lower than last week's record breaking market. Holstein heifers ended the week 40 00 50 00 higher.

VEALERS Good and Choice 70-110 lbs 20 00-45 00, late mostly 27 00-36 00 Standard and low Good 60-90 lbs 10 00-25 00

SLAUGHTER CALVES Good and Choice 200-350 lbs 78 00-106 00, 350-550 lbs 65 00-85 00
RETURNED TO FARM Holstein bulls 90-125 lbs 135 00-178 00 Planer-type bulls 90-125 lbs 73 00-160 00, weaker calves 70-105 lbs 20 00-60 00 Holstein heifers 80-120 lbs 275 00-365 00 Planer heifers 70-100 lbs 110 00-300 00

Carlisle Livestock

Carlisle, Pa.
January 4, 2000

Report Supplied By Auction

SLAUGHTER CATTLE: STEERS, NO HIGH CHOICE AND PRIME OFFERED! CHOICE 1050-1500 LBS. 66.50-70.50; SELECT AND LOW CHOICE 61.75-66.25; HEIFERS CHOICE 65.75-70.00, SELECT AND LOW CHOICE 55.00-65.50; COWS, ACTIVE! BREAKERS 40.50-46.50, BONERS 36.00-40.50, LEAN 32.50-39.50, LOW DRESSING LIGHT DOWN TO 29.50, BIG MIDDLE 38.50-42.75, SHELLY 28.00 AND DOWN; BULLS 1350-1500 LBS. 48.50.

FEEDER CATTLE: HEIFERS, HOLSTEINS 400-800 LBS. 68.00-90.00, BULLS, HOLSTEINS 600-800 LBS. 64.50-65.00; CALVES RETURNING TO THE FARM, HOLSTEIN BULLS #1 90-135 LBS. 110.00-143.00; HOLSTEIN HEIFERS #1 85-95 LBS. 200.00-250.00, #2 75-85 LBS. 125.00-185.00; BEEF X HEIFERS 85-95 LBS. 77.50-90.00.

SWINE: HOGS US#1-3 220-270 LBS. 36.00-37.25, 280-300 LBS. 34.00-38.00, 310-485 LBS. 30.00-34.00; BOARS OVER 400 LBS. 6.00; SOWS US#1-3 ACTIVE! 350-650 LBS. 32.00-36.00; FEEDER PIGS THE HEAD 15-30 LBS. 12.00-18.00.

GOATS: BY THE HEAD, LARGE NANNIES 60.00-95.00, FLESHY GOATS 34.00-55.00, SMALL/THIN 26.00-33.00. LAMBS: GOOD AND CHOICE 75-150 LBS. 68.00-104.00.

SHEEP: ALL WEIGHTS 30.00-49.00. SALE EVERY TUES. 5 P.M. FOR RABBITS, POULTRY AND EGGS; 6:30 P.M. FOR LIVESTOCK, STARTING WITH CALVES; SPECIAL FED CATTLE SALE TUES., JAN. 18; STATE GRADED FEEDER PIG SALES FRI., JAN. 14; PEN LOTS OF CATTLE SOLD IN ORDER RECEIVED. EARLYBIRD PENS CLOSE TUES. 2 P.M.

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