



Nutrition education specialist Aimee Warner reviews milk handling with Northeast School District food service employees in Manchester.

Schools Offer Cool Milk

CARLISLE (Dauphin Co.) — Maintaining good milk quality in our schools is the number one method to increasing milk consumption of school-aged children. Students choose milk more often when it's consistently served cold and fresh.

That's why Dairy Council Middle Atlantic has launched a "Cold Is Cool™" school milk quality assurance program in 14 school districts throughout the Middle Atlantic region. Dairy Council will offer resources, including a "Cold Is Cool™" milk handling seminar and milk cooling equipment, to help more than 150 schools ensure kids get

the coldest milk possible.

The schools were identified during the recent "Totally Cool Milk Temperature Study" conducted by the Dairy Council with Middle Atlantic school districts. The temperature study required schools to monitor milk and cooler temperatures for three consecutive days.

According to Carolyn Weaver, Dairy Council nutrition education specialist, the goal of the temperature study was to determine if milk maintained a proper temperature throughout the entire meal period. "Kids will drink more milk when it is served cold," said Weaver, "there-

fore making children milk drinkers for a lifetime."

To thank schools for participating in the seminar and their commitment to serve quality milk, Dairy Council offered each elementary school attending the milk handling seminar a choice of two portable milk coolers.

"School food service directors are thrilled that Dairy Council is helping them improve their school milk and cooler temperatures," said Weaver. "They're committed to improving milk quality in all of their schools so that every carton of milk is served cold, fresh and good-tasting from truck to tray."



Above, Dr. Ed Mills instructs students in boning out veal rib during the Veal 101 Seminar sponsored by Pennsylvania Beef Council and Penn State University. Participants learned how a cut of meat can decrease in value by the slip of a knife.

Right, Carrie Bomgardner, PA Beef Council, congratulates Adam Simon of The Montgomery Grill.



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