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Everett Newswanger, Lancaster Farming's editor, left, and Mike Harris, Heritage House representative, look through the hundreds of photos submitted by readers to be considered for publication in the book, A Century of Farming . The book is at the printers and scheduled to be delivered by November 15, in time for Christmas giving and the turn of the century. Deadline to save with pre-publication prices is October 10, 1999.

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Conference Addresses Women's Concerns

DAUPHIN (Dauphin Co.) — So you want to retire? Can you?

Stressed out and want to get away? What about life after 40?

Acknowledging that women face many issues in managing home, family and work, Penn State Cooperative Extension offices in the mid-state area are holding a conference for women on Thursday, October 21, at the Dixon University Center, Harrisburg.

Conference doors open at 8:45 a.m. Pennsylvania Treasurer Barbara Hafer will be the opening keynote speaker. Hafer is the first Republican woman in history to serve as both treasurer and auditor general

Her message at the conference will be "Women's Leadership Role in the 21st Century."

Keynote speaker for the noon luncheon is Sheila Dow-Ford, senior vice president and chief council of PHEAA. Dow-Ford was president of the Greater Harrisburg YWCA, currently serves on the board of the Harrisburg Academy, and is an active member of the United Way. Her comments will encourage women to prioritize their time and enhance family relationships as they balance family, work, and community.

Conference participants may choose to attend concurrent sessions in the morning. Patricia Powley, Penn State Cooperative Extension agent in Dauphin County will focus on "Retiring in the 21st Century" and the steps individuals should consider as they prepare for retirement Speakers from Penn State Geisinger Women's Health Center will share information on how to sustain your health so you can live an active and productive lifestyle at age 40 and beyond.

In the afternoon, attendees will learn about "Aromas to Sooth the Soul" Certified Aromatherapist Liz Pezzuti will share information on a variety of natural oils that will aid in relaxation, reduce stress, and promote a healthy sense of well being.

Early registration fee for the conference is $20. Registration deadline is October 4. For additional information or to receive a registration brochure, contact your local Penn State Cooperative Extension office in Cumberland, Dauphin, Juniata, Mifflin or Perry County.

Dauphin County residents may receive registration information by calling Dauphin County Cooperative Extension at (717) 921-8803 during regular business hours 8:30 a.m. – 5 p.m.