

Kids Korner

'Patty Melt' Plays It Safe With Food

HARRISBURG (Dauphin Co.) — "Patty Melt" isn't what it used to be.

Instead, combining a rap song, interactive skit, and a six-foot tall walking cheeseburger dressed in purple and day-glo pink, the Pennsylvania Beef Council is teaching kids about food safety.

Recently the mascot, "Patty Melt," and her friends made an appearance at Harrisburg's Downey Elementary School as part of the council's new school food safety program.

At the school assembly, teachers and students played the roles of colorful characters with names such as "Professor Bubbles" and "Sammy Salmonella."

It's all part of the 4-C's of food safety: COOL it, CLEAN it, COOK it, and don't CROSS it.

Here are some games, courtesy of Patty Melt.



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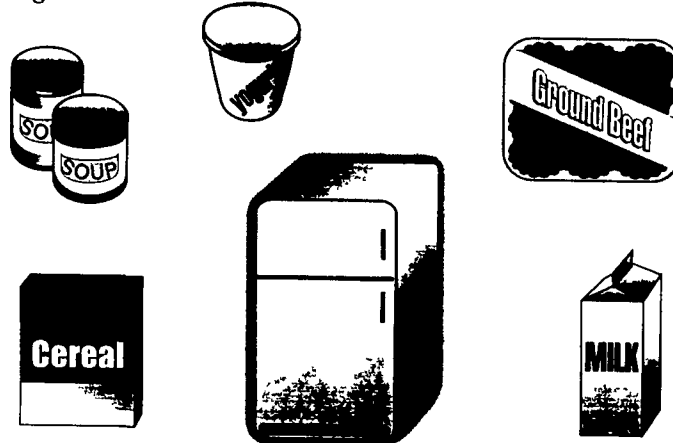
Read the verses from The 4-C's Rap to help you complete this Activity Sheet!

Cool it! See? That's Patty's first C,
When you buy some beef—You gotta listen to me
Put it in the fridge, within the hour
Then your burger will be givin' you power

Cool it! See? You gotta keep it cool,
At home, on the go, or even at school,
And when you thaw, take it out of the deep freeze
Place it in the fridge, that's the first of the 4-C's



Which foods should be kept cold? Draw a line from the food to the refrigerator.



Fill in the circle beside the right answer.

1. The temperature in the refrigerator should be:

- 50 degrees F
- 40 degrees F
- 80 degrees F

3. When I pack my lunch, I can keep it cold by:

- placing a frozen juice box in my lunch.
- placing a cold thermos or "freeze gel" in my lunch.
- all of the above.

2. Food that should be kept cold should be put back into the refrigerator

- within 1 hour
- it doesn't matter
- the next day

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Read the verses from The 4-C's Rap to help you complete this Activity Sheet!

Don't cross it is the last of the 4 C's rap
Raw here, cooked there, always leave a gap,
If you're keepin' them apart, you're chasing the bad guys,
Raw here, cooked there, you'll be known as wise

Don't cross it is another way to "se par ate",
Raw here, cooked there keeps both great
Now you'll stay healthy by knowin' your 4 C's,
Remember all these and food safety's a breeze!

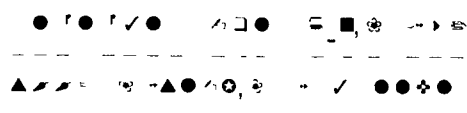


Try to find these words that describe Food Safety.

- Cool It
- Clean It
- Don't Cross It
- Cook It
- Wash hands
- Healthy
- Separate
- Patty
- Food Safety
- Germ
- Forty Degrees



Unicode the following message from Patty Melt:



CODE:



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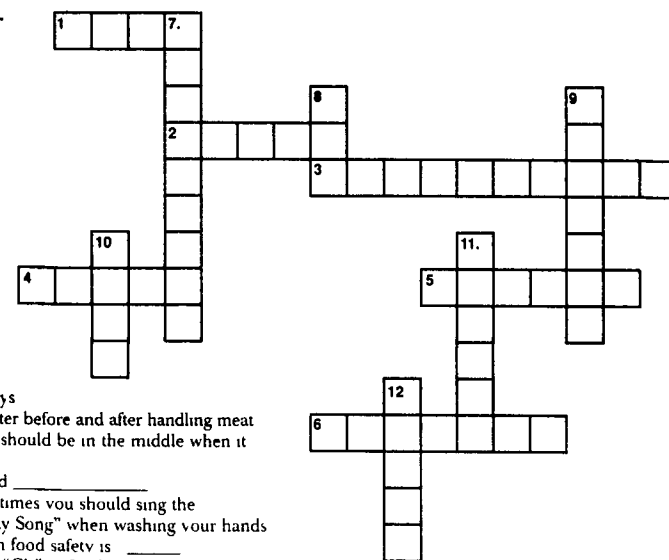
Read the verses from The 4-C's Rap to help you complete this Activity Sheet!

In the 4-C's rap, cook is the third C
Cook it now, because cook is the word, see?
Within 2 days of the "sell-by" date,
Gotta cook your beef to get an A plus rate

Cook your beef 'till it's through and through
Not red, not pink, don't wanna bring you down
With a little practice, you'll be cookin' with ease,
We're all cookin' now, that's the third of the 4-C's!



Try the 4-C's crossword puzzle.



ACROSS

- 1 You should always _____ the counter before and after handling meat
- 2 The color meat should be in the middle when it is cooked
- 3 Germ are found _____
- 4 The number of times you should sing the "Happy Birthday Song" when washing your hands
- 5 The third "C" in food safety is _____
- 6 Following the 4 "C's" in food safety will keep you _____

DOWN

- 7 What Patty Melt is
- 8 Cooked food should be placed in the refrigerator within _____ hour
- 9 The second "C" in food safety is _____
- 10 The color your cooked hamburger should not be
- 11 The first "C" in food safety is _____
- 12 Before you eat & after handling meat you should always wash your _____

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