

# Ida's Notebook

by  
Ida Risser



Almost Thanksgiving and we do have a lot to be thankful for again this year. We are both able to hop out of bed in the morning, which is more than a lot of people can do. Recently we've been visiting folks in hospitals and nursing homes, which helps us realize our blessings.

This year our gardens have given us ample produce and I canned and froze 344 quart of fruit and vegetables. The only crop that was not ample was the

sweet corn, which the raccoons ate. The other week someone asked what I still had in my garden. Till I was finished mentioning Swiss chard, tomatoes, radishes, parsley, peanuts, sweet potatoes, broccoli, squash, leeks and lima beans, they probably wished they had not asked. This year we dug several bushel of sweet potatoes and so our friends are sharing the crop.

My houseplants are finally all in the house. This year there

are only 84 on the windowsills and in the two bay windows. They keep me busy in the winter as the blooming ones do drop their blossoms, and I must water them quite often.

And, there are nine baskets of different kinds of bulbs and tubers in the basement. Not everything has been dug up as I really have too many as they multiply each year. If I only knew someone who wanted red cannas as I will leave them outside to freeze.

This year our daughter in New Jersey has invited us to her home for Thanksgiving. I shall miss putting a big turkey in the oven and making all the extra dishes. Maybe I can make some things to take along to her house.

# Cook's Question

(Continued from Page B8)

**ANSWER** Lynda Bell, Lincoln University, wanted a recipe for gingerbread with warm caramel sauce, which had appeared in the "Dinah Shore Cookbook," printed in the 1970s. Thanks to Bonny Ray, Derry; Ginny Wolf, Middletown, Md.; Stephanie Binner, Westminster, Md., and others for sending recipes.

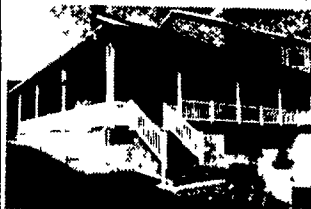
## Gingerbread With Caramel Sauce

1 cup molasses  
2 teaspoons baking soda  
1 teaspoon cinnamon  
1 teaspoon ginger  
¼ teaspoon nutmeg  
2 eggs, beaten separately  
½ cup sugar  
½ cup butter, melted  
2 cups flour (scant)  
1 cup boiling water  
Mix molasses, baking soda, and spices. Add sugar, butter, flour, and water; beat well. Add egg yolks and fold in whites. Pour in a greased ring mold and bake in a 350 degree oven for 35 to 40 minutes. (Don't worry if batter seems thin, it's supposed to be).

**Caramel Sauce:**  
2 egg yolks  
1 cup cream  
1 pound light brown sugar  
1 tablespoon butter  
1 teaspoon vanilla  
¼ teaspoon salt  
Add egg yolks and cream to sugar. Cook until creamy in double boiler. Add butter. When cool, add vanilla and salt. Serve on a large round platter with bowl that fits in the center of the ring after the gingerbread has been unmolded. Gingerbread and sauce are even nicer when served a little warm. Serves 8.

## MAINTENANCE FREE RAILINGS FOR PORCHES, DECKS OR BALCONIES

We have the expertise to design & create a system just to fit your need. Any Size, Different Styles



*Elite* vinyl railing systems offer low maintenance and durability.

- No Rust
- No Paint
- No Scraping
- UV Stabilized
- Smooth Surfaces
- Impact Resistant
- Lasting Beauty
- Non-Fading Colors
- Available in White
- Ivory
- Gray

Quality Workmanship  
Product Durability  
Customer Satisfaction

717-354-0524  
New Holland PA



## Heavy Duty Bale Movers

Finished with Baked on TGIC Polyester Powder Coating  
With Kverneland Forged Steel Spears • Electrically Heat Treated  
These spears are stronger & allow easier bale penetration

**COM 2502**

- Fits any 3 pt hitch or loader boom with 1 or 2 cylinders
- Easy to change from 1 to 2 spears
- 2500 lb capacity

**3 PT 2502**

- For 3 point hitch
- Easy to change from 1 spear to 2
- 1500 lb capacity

**2 PT 1000**

- Attaches to lower 3 pt arms only
- Safety chains prevent flip around
- 1000 lb capacity

**3 PT 1252**

- Easy to change from 1 spear to 2
- 1250 lb capacity
- 1 7/8" CRS-C1144 steel spear

**Feed Big Round & Regular Bales or Stacks**

**SSL 2500**

- Great for front loaders
- Mounts in minutes
- 1500 lb capacity

**Hay Bale Feeders with 4', 5', 6', 8' & 10' panels**

**PFL 4000**

- Front end loader fork
- Includes chain & binders
- 1500 lb capacity



All Herbs Plus One Mineral!



I lost 52 lbs on NEW IMAGE PRODUCTS. Everyone I knew wanted to try the products so I became a distributor. I am a single Mom and really needed an extra income. My first check from the company was 07 and last month's check was over \$5,000. The products have helped my diabetes, depression, arthritis, migraine headaches, varicose veins, high blood pressure, cholesterol, fibromyalgia, high triglycerides, also my twin boys with bronchitis, asthma and A D D. Nil does not make any health claims this is strictly personal testimonies of product users.  
Joy Morris

\$1.00-A-Day

Feel Great! Lose Weight!

JUST 3 TABLETS AT BREAKFAST

**NEW IMAGE PLUS®**

\$29.95 One Month's Supply

NEW HIGH ENERGY SOURCE

### The ingredients are all safe and natural

Gum Karaya, American Desert Herb, Guarana, Korean Ginseng, Bee Pollen, White Yellow Park (Weiderwinde), Bladder-wrack (Fucus Vesiculosus), Gotu Kola, Licorice Root, Reish Mushroom, Astargalus, Ginger Root, Rehmannia Root, and Chromium Picolinate (300 Micrograms per 3 tablets taken once a day) Has been known to work great on weight loss, cholesterol, high & low blood pressure, arthritis pain, sugar problems, varicose veins, and many, many more!

Big Energy Response  
Lose Pounds & Inches

**NEW IMAGE TOTAL™ \$31.95** With Pine Bark, Grape Seed, Blue Green Algae

The First And Only Antioxidant of It's Kind

10 additional nutrients

20 Times More Powerful Than Vitamin C

50 Times More Powerful Than Vitamin E

- May help circulation
- Improves joint flexibility
- Works to lower cholesterol
- May help diabetes
- "Free Radical" producers
- May help Alzheimer's
- Increases energy less fatigue
- Decreases Hemorrhoid/prostate
- Resists Free Radicals

### \* INTRODUCING NEW PRODUCTS \*

**NEW IMAGE CLEANSE™ - \$21.95**  
(90 tablets) 1 Bottle

Provides safe, gentle and effective relief from irregularity and as a colon cleanse. All natural herbs and Aloe Vera

**NEW IMAGE MULTI™ - \$29.95**  
(90 tablets) 1 Bottle

Provides you with the basic foundation of nutrients to build and maintain optimum health. Multi vitamin

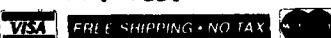
### DISTRIBUTORS WANTED!

Call or Write For Distributorship Information or To Order Product  
Your Independent Distributor is

**Gerald & Margie Jones**

75 Goodyear Rd. Carlisle, PA 17013

1-888-788-5572 Toll Free



### ARE YOU SERIOUS ABOUT WEIGHT LOSS?

NEW IMAGE WEIGHT MANAGEMENT SYSTEM - \$119.00

NEW IMAGE CLEANSE™ - \$21.95

NEW IMAGE MULTI™ - \$29.95

NEW IMAGE TOTAL™ - \$31.95

NEW IMAGE PLUS® - \$29.95

NEW IMAGE WEIGHT MANAGEMENT SYSTEM - \$119.00

## Paul B. Zimmerman, Inc.

295 Woodcorner Rd. • Littitz, PA 17543

717/738-7365

1 mile West of Ephrata

Call or write for additional information & the name of your nearest dealer

Hours:  
Mon. thru Fri.: 7-5  
Sat. 7-11