

Beekeepers Learn Strategies For Success

UNIVERSITY PARK, (Centre Co.) - With crippling diseases, parasitic mites, and a potentially harsh winter threatening honey bee colonies, Pennsylvania's beekeepers are meeting to share ideas and gath-

er information that could mean the difference between success and failure.

Novice and experienced beekeepers alike can learn more about bee biology, mite and disease control, and good hive man-

agement practices during the Pennsylvania State Beekeepers Association's annual winter meeting, Nov. 13-14 at the Country Cupboard Inn in Lewisburg.

The meeting will open on the afternoon of Nov. 13 with a session for beginning beekeepers or those who want to learn more about the basics.

"Winter is the best time to start beekeeping," said Jennifer Finley, association president and entomology research technician in Penn State's College of Agricultural Sciences. "By starting in winter, new beekeepers will have the knowledge and equipment they need to be successful when the spring bee season rolls around."

Workshops will address the biology of bees, management through the seasons, mite and disease management, honey production and uses of honey. An alternative Friday afternoon session will give leaders of county bee organizations an opportunity to share program ideas, resources and other information.

On Nov. 14, workshops for experienced beekeepers will cover roadside marketing of bee products; alternatives to Apistan for the control of varroa

mites; a report on Pennsylvania apiary inspections; information on a new bee pest, the small hive beetle; background on the Mid-Atlantic Apiculture Research and Extension Consortium; a National Honey Board update; and a roundup of Penn State honey bee research projects.

Presenters will include bee experts Scott Camazine, Maryann Frazier and Jennifer Finley of Penn State's entomology department; Dewey Caron of the University of Delaware; Joerg Schmidt-Bailey of Rutgers University; Robert Skidmore of West Virginia University; Jim

Steinhauer of the Pennsylvania Department of Agriculture; Jill Clark of Dutch Gold Honey; and Master Beekeeper Jerry Ely of Susquehanna County

An apiary products show also will be held, with awards for the best honey, beeswax and honey baked goods. In addition, Ann Harmon, honey cookery writer for Bee Culture magazine, will present a honey cookery demonstration.

For more information on the annual meeting or for registration details, contact Yvonne Crimbring at (717) 673-8201.

Dealing With Grief During The Holidays

(Continued from Page B12)

your love forever. What made you special will live in me forever. I love you."

Here are some more ideas on coping with the holidays from Michele:

Plant a balled tree in memory of the deceased. Make or buy an ornament for the tree that represents the missing person. Design a Christmas card. Volunteer by helping at a homeless shelter or at some other charity.

Survival Self-Check

• Misattribution of control: Am I spending more time and worry on things that I cannot control, while ignoring those things that I can actually control?

• Guilt: The only purpose of guilt is to help remind us when we have done some wrong. How

much guilt have I been feeling lately? Is it possible to let some or all go?

• Invasion of boundaries: Am I having difficulty saying no? Am I letting people take too much of my time and energy?

• Sense of humor: When was the last time I laughed?

Sometimes by examining our thoughts, we can recognize that our thought processes are adding more stress to our emotions. Redirect your thought processes. Learn to set boundaries.

More information and ideas on dealing with the loss of a loved one during the holiday season is available. Send \$1 to the Berks County Cooperative Extension, P.O. Box 520, Leesport, PA 19533-0520. Be sure to include your name and complete address.

Wreath Making Workshop

WESTMINSTER, Md. - The Carroll County Extension Office is offering a workshop on Holiday Wreath making on December 1. The Class will be offered twice: From 10 a.m. - 12 p.m. and 7 p.m. - 9 p.m. Both classes will be held at the Carroll County Extension Office in Westminster.

Frederick artist and Master Gardener Rena Damskey will instruct on making holiday wreaths and garlands from natural materials. Participants will complete a wreath, swat or garland.

All participants should bring

pruners and some type of wreath from (grapevine, straw, wire, etc.) to fit the size of the wreath they would like to make. Bring too, there will probably be time and materials for one large and one small wreath. All other materials including greens and bows will be provided.

There is a \$25 charge for the workshop. Participants must register in advance. Class size will be limited. The closing date for registration is November 26. For questions or to request registration materials, call Lisa on Mondays or Thursdays at the Extension Office (410) 386-2760.



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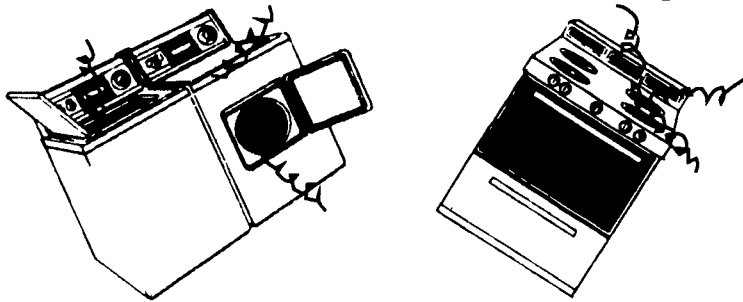
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