

My ancestors certainly saved many scraps of paper. Some are recipes to improve the health of animals and some are for humans. The ingredients listed are often foreign to me.

I'm reading from a booklet handed out by a Dr. D. Fahrney & Son of Hagerstown, Maryland. They sold Health Restorer, Teething Syrup, Peerless Liniment and Syrup of Wild Cherry. Their Health Restorer will cure "all disease originating in impure blood and disordered liver." The

"impure blood" covered all the diseases imaginable.

However, this small 1880 booklet is interesting to me because my grandfather, Benjamin Landis, kept all the records of his hired man in it. Levi Roland worked for him by the day and each day's work is listed from April 4, 1885 to September 1. He started by plowing day after day, then hauled manure and planted corn. Later they made hay and harvested wheat. They worked with tobacco and oats and then started plowing all over again.

Even more interesting is how the money was doled out to him by my grandfather bit by bit. Butter was 36¢ for 2 pounds and 1 gallon of vinegar was 20¢. He bought lard for 121/2 ¢ per pound and apple butter 121/2 ¢ a quart. He was given small amounts of cash to go to the store for muslin, calico, shoe polish, bonnet stuff, and garters. The store was only a mile away in the village of Oregon and was owned by a Bard. It was a combination store and post office.

In today's modern world it is difficult to imagine how life was in 1885. They walked on dirt roads, they paid toll when they drove horses, they heated their houses with wood, they ate what they raised on their own land, and when they got sick, I suppose they tried Dr. Fahrner's medicine to regain their health.

Active Parenting Workshop

YORK (York Co.) — Penn State Cooperative Extension will be sponsoring an Active Parenting of Teens and Preteens workshops starting Monday, October 19, 7 p.m. It will be held on six consecutive Monday evenings at Penn State Cooperative Extension, 112 Pleasant Acres Road.

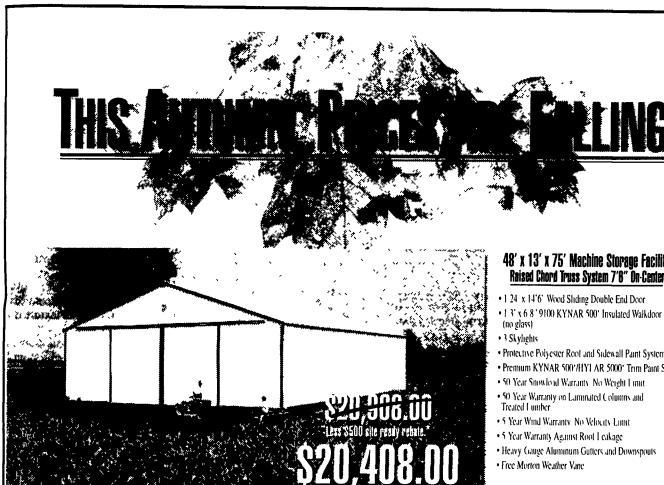
This workshop is specifically for parents of preteens and teens to help parents understand today'd tough teen issues and initiate effective communication with teens. The video and group discussion will help parents learn how to "get cooperation" from your teen-ager

and avoid common teen conflicts. The sessions also addressed critical issues such as drug and alcohol use, teen sexuality, and violence. You will also learn positive parenting skills and learn what techniques to avoid. Parents tell us the skills they learned in these sessions "really work."

Advanced registration is required. The deadline is October 14. The fee for the course includes a 250-page parent guide. The cost is \$20 per person or \$30 per couple. Call Penn State Extension at (717) 840-7408 for registration in-

ARTIN

got milk?



48' x 13' x 75' Machine Storage Facility Raised Chord Truss System 7'8" On-Center

- 1 24 x 14'6' Wood Sliding Double End Door
- · Protective Polyester Roof and Sidewall Paint System
- Premium KYNAR 500'/HY1 AR 5000' Trim Paint System

- · Heavy Gauge Aluminum Gutters and Downspouts

800-447-7436

O Box 399, Morton, IL 615

www.mortonbuildings.com
© 1998 Morton Buildings.lnc

MORTON

WV Contractors License #WV 007848

34 W. Mohler Church Rd. Ephrata, PA 17522 Tel: 717-738-0300 Fax: 717-738-4329 **Gutters Clogged and** Overflowing?

GENERATORS

Sales ★ Service ★ Rentals

Complete Generator Systems PTO* Portables * 2-1600 KW

"We Service It If You Have It

And Sell It If You Need It"

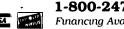
Not Looking Forward To Cleaning Them Out? Have Gutter ProTech™ Installed. Rain Gets In, Leaves and Debris Stay Out

See our display at the Business Expo at the F&M Sports Center 10/14 & 10/15 Booth 216



TENSENIG'S

Call today for a Free Estimate 265 E. Meadow Valley Rd., Lititz, PA 17543







717-733-7160 • 717-627-6886







54' x 14' x 90' Deluxe Machine Storage Facility Raised Chord Truss System 7'8" On-Center

- 1 24 x 15 6 AlumaSteel' Sliding Double End Door
- 1 22 6 × 14 AlumaSteel' Sliding Double Sidedoor * 1 3 x 6 8 9100 9 Lite KYNAR 500 Insulated Walkdoor
- 24 x 3 9 Lite Insulated Sliding Windows with Screens
- 8 Skylights
- 236 x36 'Cupolas (no lans) • | Vented Sidewall Overhangs
- 2 Gable Overhangs Continuous Ridge Ventilation System
- Revolutionary FLUOROFLEX 2000' Roof Paint System Premium KYNAR 500 /HYL AR 5000' Sidewall
- 50 Year Snowload Warranty No Weight Limit

· Exterior Hi Rib Steel Wainscot with Interior

- 50 Year Warranty on Laminated Columns and Treated Eurober
- 20 Year Paint Warranty Including Red Rust
- 10 Year Wind Warranty on Doors No Velocity Limit
- Year Wind Warranty on Building No Velocity Limit
- 5 Year Warranty Against Roof Leakage
- Heavy Gauge Aluminum Gutters and Downspouts
- Free Morton Weather Vane
- * Other now? Pepar, wite remediationer in fundation before, January 31, 1999 and received a State of the Other now? Pepar wite remediated for the mediate of the Company of the State of the State of the Other now? Pepar with a state of the ANNIAR SHEE Trademark of FILL Annaham IN A HYLAR SHEET Trademark of Austrona U.S.A. D.L.COROTTEN SHEET and Alumaniac U. Trademarks of Norton Buildings Inc.

Now On THE WORLD WIDE WEB

GETTYSBURG, PA - 717-624-3331 • PHILLIPSBURG, NJ : 908-454-7900