



# OPINION

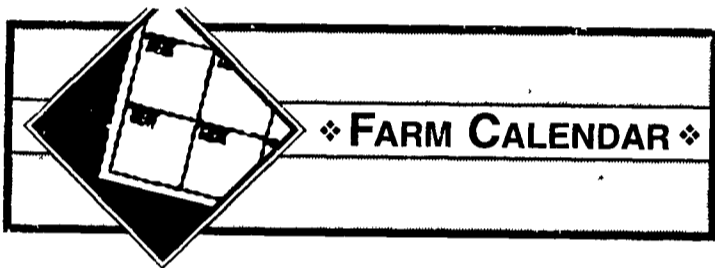
## A Good Thing To Do

In many situations that arise in agriculture, what is good for one segment of farmers is not as good for others. Livestock farmers want low grain prices for feed. And grain farmers want high grain prices to insure a profit from their fields.

So when you support the production of ethanol from our grain crops, it may seem like you are talking against what livestock farmers would want. But as Dan Glickman, national ag secretary, wrote earlier this year in Farm Bureau News, ethanol is a clean-burning fuel that has created thousands of jobs and provided a multi-million-dollar boost to our rural communities.

Of course, foreign oil companies want to see an end to the federal tax exemption for ethanol. But the more we produce and use homemade fuel, the less reliant our nation is on foreign countries for oil. In addition, ethanol is good for the environment. New research shows that ethanol can reduce greenhouse gas emissions when used instead of traditional fossil fuels.

To bring the livestock industry along with grain farmers, we need to keep the price of milk and meat high enough so everyone can make a profit. To grow extra corn for fuel need not disrupt the agricultural economy. Let's use a renewable source for at least some of our fuel needs. This seems like a good thing to do.



### FARM CALENDAR

#### Saturday, August 22

Pa. Holstein Central Championship Show, Huntingdon Fairgrounds, Huntingdon, 6 p.m.  
Warren County Holstein Club Sale, Warren Fairgrounds, Pittsfield, 11 a.m.  
South Central District Dairy Show, Farm Show Complex, Harrisburg.  
Crawford County Fair, Meadville, thru Aug. 29.  
Susquehanna County 4-H Livestock Clubs 4-H Livestock Auction, Harford Fairgrounds, Harford, 1 p.m.

#### Sunday, August 23

West End Fair, Gilbert, thru Aug. 29.  
Williamsburg Community Farm Show, Williamsburg, thru Aug. 29.  
Somerset County Fair, Meyersdale, thru Aug. 29.  
Garden Tractor and ATV Pull, Oley Fire Company, noon.

#### Monday, August 24

Southeast District Dairy Show, Kutztown Fairgrounds.  
Hookstown Fair, Hookstown, thru Aug. 29.  
Mountain Area Fair, Farmington, thru Aug. 29.  
Elizabethtown Fair, Elizabethtown, thru Aug. 29.

#### Tuesday, August 25

Northeast District Jersey Show, Troy Fairgrounds, 9:30 a.m.  
2nd Annual Ephrata Agway/EARS Golf Tournament, Fairview Golf Course, Quentin.  
South Mountain Fair, Arendtsville, thru Aug. 29.  
Animal Production Food Safety Workshop, Radisson Airport and Hotel and Conference Center, Columbus, Ohio.

Narrow Row Corn Field Day, Penn State Southeast Field Research Farm, Landisville, 7 p.m.

#### Wednesday, August 26

Animal Production Food Safety

Workshop, Embassy Suites, Omaha, Neb.

#### Thursday, August 27

Animal Production Food Safety Workshop, Doubletree Hotel Denver, Denver, Colo.  
Timber Harvesting In North Jersey Woodlot, Lorenzen Woodlot, Whitehouse, N.J., 6 p.m.  
Field Day, Mahlon Lapp's, Peach Bottom, 10 a.m.-3 p.m.  
Pa. State Plowing Contests In Conjunction With Olde Tyme Days, Manchester, seminar 1 p.m., matches begin Aug. 28.

York County Beekeepers, Penn State Extension Office, meeting room 2, 7 p.m.

#### Friday, August 28

Fundamentals of Beekeeping, Days Inn, Penn State, thru Aug. 30.

3rd Annual Virginia Cattlemen's Summer Roundup, Wytheville Community Center and farm tours, thru Aug. 29.

Centre County Grange Fair, Centre Hall, thru Sept. 3.

Grazing Field Day, Aaron M. King, Ronks, 10 a.m.

#### Saturday, August 29

Second Annual Harrisburg Grange Fair, Harrisburg, 8 a.m.-3 p.m.  
Maryland State Fair, Timonium, Md., thru Sept. 7.

#### Sunday, August 30

Indiana County Fair, Indiana, thru Sept. 5.

#### Monday, August 31

#### Tuesday, September 1

The Great Allentown Fair, Allentown Fairgrounds, thru Sept. 7.  
Erie County Fair at Wattsburg, Wattsburg, thru Sept. 6.  
Greene-Dreher-Sterling Fair, Newfoundland, thru Sept. 7.  
Big Knob Grange Fair, Rochester, thru Sept. 5.

#### Wednesday, September 2

Stoneboro Fair, Stoneboro, thru Sept. 7.  
Sullivan County Fair, Forksville,



## Now Is The Time

By John Schwartz

Lancaster County Agricultural Agent

### To Plan Fall Alfalfa Seeding

According to Robert Anderson, Lancaster County Extension Agronomy Agent, alfalfa seeding time is near. In Pennsylvania the current seeding rate for a pure seeding of alfalfa is 15 to 20 pounds per acre. The amount of seed needed for successful seeding is dependent on the condition of the seed bed and the seeding method.

Under ideal soil conditions, the seeding rate may be reduced. Factors which allow for reduced seeding rate include insuring good germination by providing good seed to soil contact, having adequate moisture and sufficient heat units to have the plant growing well before the first killing frost. In Pennsylvania more seeds are lost to diseases and insects.

The recommended rate is 18 to 20 pounds per acre without a fungicide and insecticide treatment and 15 to 17 pounds per acre with a fungicide and insecticide treatment. This should give you the optimum number of at least 19 plants per square foot the seeding year.

thru Sept. 7.

Wyoming County Fair, Tunkhannock, thru Sept. 7.

#### Thursday, September 3

Somerset County Fall Classic, Fairgrounds, Meyersdale, 7 p.m.

Allegheny County Fair and Expo, Pittsburgh, thru Sept. 7.

Vegetable Study Circle, Kutztown Produce Auction, 7 p.m.

#### Friday, September 4

#### Saturday, September 5

Northwest District Dairy Show, Crawford County Fairgrounds, Meadville.

Mon Valley District Dairy Show, Washington County Fairgrounds.

Juniata County Fair, Port Royal, thru Sept. 12.

#### Sunday, September 6

Spartansburg Community Fair, Spartansburg, thru Sept. 12.

Cambria County Fair, Ebensburg, thru Sept. 12.

### To Select Alfalfa Varieties

Variety selection is a key factor in maximizing alfalfa yields. Robert Anderson, Lancaster County Extension Agronomy Agent, recommends selecting a high yielding variety which is disease resistant or tolerant. The Pennsylvania Alfalfa Variety Trials for last growing season are available at your county Penn State Cooperative Extension office. This report ranks the alfalfa varieties which were on test for fall dormancy, bacteria wilt, fusarium wilt, phytophthora root rot, aphid resistance and verticillium wilt. In addition, the report gives the yields over a one to four year period, depending on the number of years the variety was on test. The tests were conducted at both Rock Springs and Hershey PA.

### To Be Aware Of Silo Gas Dangers

Each year at silo filling time and for a short period afterward, farmers risk the danger of silo gas

which may cause death to humans and livestock.

The greatest danger of lethal gases is from 12 to 72 hours after filling a silo. Silo gas may be produced by any crop that is ensiled regardless of soil type or fertility level. There are three gases produced by the ensiling process. Nitrogen dioxide is reddish brown. Nitrogen tetraoxide is yellow.

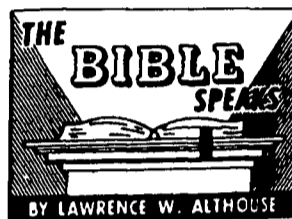
The third gas is nitric oxide which is colorless. Following a few simple rules will prevent the tragedy of a silo gas accident.

1. Run silo blower for 15 to 20 minutes before going into a silo and keep it running while in there.

2. Stay out of the silo for at least one week after filling, two weeks if possible.

3. Ventilate silo room for two weeks after filling and 4. Keep doors between silo and livestock closed.

*Feather Prof's Footnote: "Teamwork: Pitch in, share talents and enjoy the rewards of winning!"*



### THE CURE FOR ANGER

August 23, 1998

#### Background Scripture:

Proverbs 12:16; 14:17,29; 15:18; 16:32; 19:11; 22:24,25; 25:28; 27:4; 29:20,22

#### Devotional Reading:

Matthew 5:21-26

I have known a few people who did not have enough anger for their own good, as well for others. But, mostly, I have known people who have too much. For these people, anger is a poison in their lives that injures both themselves and others. It is a sickness that places us and others under a severe handicap. But it is one that can be cured.

John Hunter, a doctor in 19th century England, had a heart attack that nearly took his life. As a physician, he knew that his emotions could affect his heart and he said, "My life is in the hands of any rascal who chooses to annoy and tease me!" Yet, despite this understanding, he became angry one day and dropped dead from a heart attack. We don't know what it was that angered Dr. Hunter, but I wonder whether it was important enough to die for.

When I lead congregations in a two-day seminar, "Adventure in Healing and Wholeness," I ask participants to write down the three things that anger them most. Then I ask, "Are any of these worth dying for? Are any of these worth poisoning your mind, body and heart, as well as those of others?"

#### THE WAY WE ARE?

Someone I was counseling admitted he had a terrible temper, but he brushed it off saying, "That's just the way I am!" — as if it were a condition of which he had no control. Plutarch has written: "I learned that anger is not incurable if one wants to cure it." I agree: unless we are seriously mentally ill, we can cure our anger and temper problems.

Our mistake is assuming that feelings are the seat of our anger and feelings seem to be beyond our control. But the seat of anger is not in the feelings, but in the

way that we think. Anger is caused, not by what happens to us, but by the way we perceive and interpret what happens to us. Thus, angry thoughts cause angry feelings and it is always possible to change our thinking — if we want to.

Listen to Proverbs: "The vexation of a fool is known at once, but the prudent man ignores an insult" (12:16). "He who is slow to anger has great understanding . . ." (14:29) "Good sense makes a man slow to anger, and it is his glory to overlook an offense" (19:11). He is talking about how the man thinks, rather than how he feels. He thinks with good sense when confronted with an offense. He prudently ignores the insult. He is not interpreting these situations as threatening to his well-being.

#### NO SUCH RULE

There have been more than a few times when I have interpreted something someone said to be a challenge that demanded an angry response. It is as if there is an implacable rule: if he says this, I must respond with this. But there is no such rule. If I must respond in a certain way to what another says or does, then they, not me, are in control of my life. But they are in control only if I permit them to be.

Dr. Hunter said, "My life is in the hands of any rascal who chooses to annoy and tease me." Do you notice in these words a mind-set that virtually guarantees that he will lose control? These people are "rascals" and they "choose to annoy and tease him." He has given control over his life to these "rascals."

To control the feelings that have the power to poison and destroy our lives, we need to change the way we think about ourselves, about other people and about what is really important in life." Plutarch was right, if we want to cure anger, we can!

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