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the ultraviolet light and G1-Germs, a powder that simulated germs, by glowing under the UV light. She sprinkled some of the powder over a campers hands and then had the camper shake hands, one after the other. She then passed the UV light over the initial campers hands and down the line she went over the rest of the campers hands, to point out just how germs are passed on. She informed the campers that it takes at least 20 seconds of scrubbing their hands with soap and water to get them thoroughly clean. Using petrie dishes, Beth showed the campers how different germs grow and what they look like.

At the Corn Picker Station, manned by Jim Ladlee of the Clinton County Extension Office and Dave Snook was a corn picker simulator from the Department of Agricultural and Biological Engineering at Penn State. The one at a time the campers were instructed to grab a hold of a horizontal bar and squeeze it tightly. When the simulator made a certain distinctive sound the campers were to let go. The simulator had a digital meter on front of it to let the campers know just how long it took them to let go. They were then told by the instructors just how far they would have been pulled into a machine. The important lesson learned was, no one is stronger or faster than a machine.

The Shop Safety Station was conducted by Paul Bohnert. One of the first things he showed the campers is why shop safety is so important. He asked for two volunteers, each to put on one glove. One glove had three fingers missing the other had all four missing. He then asked the volunteers to pick up a set of keys and a pen. They had difficulty doing so.

He discussed with the campers also the importance of wearing proper attire while in the shop. Boots are essential,

definitely not any type of open toe shoe. Long pants that were not baggy were also important, and wearing a belt if necessary. Wearing a long sleeved shirt if helping to weld, and no matter what you were doing always have your shirt tucked in. Safety glasses with sides were also important as was ear protection and even at times a hard hat.

The campers were also reminded that when using electrical cords, always make sure that they had three prongs and were not frayed.

Chainsaw Safety was manned by Scott Owens. The first thing he did at the station was to show the campers a pair of good leather boots that someone had worn when they were using a chainsaw to cut a tree and the chainsaw 'kicked' back. If the man had not been wearing the proper footwear he may very well have lost some toes. Proper attire was also addressed at this station. Long sleeve shirt, leather boots with a good non-slip sole, chaps or jeans and gloves were on the list. As was an orange hard hat that is easily seen in the woods, especially if someone has fallen because of injury.

Andrew Marzka, Centre County Cooperative Extension Office, demonstrated bicycle safety at his station. Road safety was discussed as were common bike safety rules. Again proper clothing was stressed — no flare bottom pants, proper shoes — definitely no open toed shoes, and of course, always wear a helmet.

Steve Ferrara of Monsanto manned the Poison Prevention Station. The campers were shown common household products and it was explained that even some items that are not harmful when taken in small doses, such as salt, when taken in larger doses can make you very sick.

The campers were given Mr. Yuk stickers to take home, and with their parents, put them on

dangerous products to warn them and other children that these products are dangerous.

Karl Walizer, of Dotterer Equipment, was in charge of the Lawn Mower and Weed Eater Station. One of the first things he told the campers was when using a lawn mower to always first check the oil and only put gas in a cold engine, otherwise you could get burned. The campers were also instructed that when anyone did maintenance work on a mower it is important to always take out the spark plug so the mower won't accidentally start when the blade is moved. He also told campers how important it is for someone using a mower to be aware of what is around them and what is in the path of the mower. 98 percent of all windows that are broken in the house are done by lawn mowers pointed in the wrong direction. When discussing the weed eater, he told them that only the last 1/4" of the tip cuts the grass. Proper attire was also discussed: Goggles, ear protection, blue jeans or chaps, and of course gloves are essential.

At the Fire Safety Station, which was conducted by the Milheim Volunteer Fire Company, a non-toxic smoke filled trailer was set up for campers to crawl through so they had some idea of what it would be like to have to crawl out of their house if it was full of smoke. The campers were amazed how sometimes they could see in front of them and how sometimes they couldn't and how they could very easily lose their way in even such a small trailer. The campers were also shown how to feel along the walls to help keep their bearings straight.

After the campers had visited eight of the stations, they were then treated to a lunch of hot dogs, potato chips, apples, watermelon, cookies and milk, which was donated by local businesses and groups. Following

## Ida's Notebook

by  
Ida Risser



'Tis the season for canning fruits and vegetables. Much of our garden produce is frozen, but eventually our two freezers get full as do our two refrigerators. Then I hunt quart and pint jars for peaches, pears, pickles, and plums plus tomatoes.

This year our peaches are not very good quality as we did not spray them enough. Last year our one tiny tree gave us 30 quarts. Cucumbers stretch out the season by giving us some for weeks and so I can some every other day for weeks. Our grandsons gave me several packs of seed so that I would give them several quarts of my sweet spiced pickles. I'm thinking that their father taught them to like my pickles.

My husband protected his

sweet corn with an electric fence a few inches off of the ground. We are expecting a big crop if he can keep the groundhogs out of the patch. Our first crop has been eaten and frozen long ago.

The other week we took my sister and her husband along to our camper in Snyder county. We had a picnic lunch and then, after a boat ride, drove through state game lands.

Now you must enjoy driving through the woodlands to like several hours of seeing only trees and an occasional hunting cabin. But, we had an opportunity to talk and share. As a general rule we plan our days so full of activities that we seldom stop to simply visit. We need to plan for pleasurable hours as life is too short.

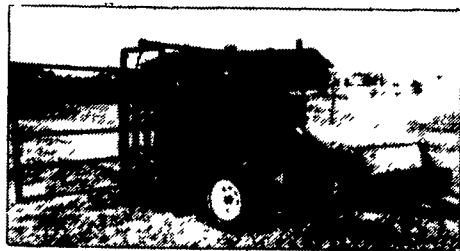
lunch was another demonstration by the Milheim Fire Company. The campers learned that there are three types of fires: A (wood and clothes), B (flammable products), and C (energized or electrical). The campers learned that in order to put out fire with a fire extinguisher they had to remember PASS, which stands for P-pull pin, A-aim for base of fire, S-squeeze handle, and S-sweep back and forth. The firemen showed the campers what they look and sound like with all their gear on.

Explaining to the group that if any of them are in a fire not to hide or run away from someone who could be looking for them who looked like this. The campers were then shown how to use a fire extinguisher, they lined up to try and put out a fire using the extinguishers assisted by a fireman.

At the end of the day after the last three safety demonstrations were held, the campers were treated to ice cream. Each camper received a certificate of participation.

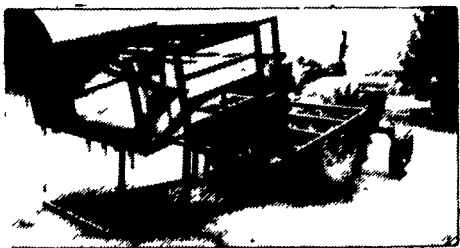
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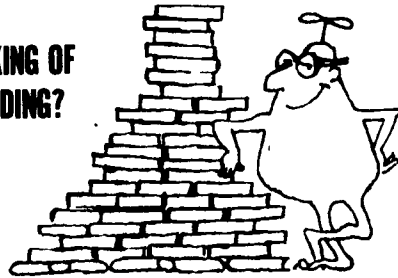
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