Cook's Question

(Continued from Page B8)

Rice Chelo (Iranian)

21/2 cups rice

- 2 tablespoons salt
- 1/2 cup butter
- 1/2 cup hot water

Wash rice thoroughly. Cover rice with lukewarm water and place salt in it. Let set overnight or tow hours. Pour 7 quarts water into large pot and bring to a boil.

Add 1 cup water that rice has been soaked in. Remove the foam. Drain the rice, and sprinkle gradually into boiling water; add 1 cup cold water to the rice.

Remove the foam occasionally. Let boil until rice is tender. Drain. Rinse with lukewarm water. If too salt, rinse again. Melt butter, add half cup hot water. Divide mixture in half. Add rice to 1/2 butter mixture. Put over low heat. Place damkori* over pot. After 10 minutes, remove cover, insert knife blade in rice.

If the vapor comes out, pour the remaining half of the mixture over the rice. Replace cover. Cook over very low heat until all the water has been absorbed. Remove from heat. Let stand 2 or 3 minutes. Remove cover. Serve rice, a layer of rice remains at the bottom of the pot. Remove it with a spatula and serve. This toasted rice is call "tak dig."

*Note: Damkori is a lid made of raffia encased in a washable. removeable cover to absorb the moisture when cooking rice. I a damkori is not available, wrap a clean cloth around the pot lid.

Bread Pudding Custard Style

Soak 2 cups bread crumbs in 1 quart scalded milk. Cool. Mix in half cup sugar.

1/4 cup melted butter

2 slightly beaten eggs with 1/2 teaspoon salt, 1 teaspoon vanilla or nutmeg or cinnamon.

Pour into greased 8-inch in diameter deep baking dish. Bake 45 minutes in a 350 degree oven. Serves 8.

ANSWER - R. Himmelberger, Reading, wanted a recipe for Ranger Joe cookies. Thanks to Mrs. Daniel Yoder, Lewistown; Florence Fritz, Andreas; Denise Angstadt, Oley; Martha Weaver, Newville; Sandy Sheffer, Glen Rock; and others for sending recipes.

Ranger Joe Cookles

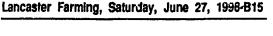
- 1 cup shortening
- cup granulated sugar 1 cup brown sugar
- 1 2 eggs
- 1 teaspoon vanilla
- 1/2 cup chocolate chips
- 1 teaspoon baking soda
- 1/2 teaspoon baking powder
- 2 cups flour
- 2 cups rice crispy cereal
- 2 cups quick oats
- cup coconut
- 1/2 teaspoon salt
- 1/2 cup walnuts

Mix in order given. Roll into small balls, then flatten with fork. Bake on greased cookie sheet. Bake at 350 degrees for 10 minutes. Do not overbake for chewy cookies.

Ranger Cookles

- 1 cup shortening
- 1 cup brown sugar
- 1 cup granulated sugar
- 2 eggs, beaten
- 2 cups flour
- 1/2 teaspoon baking powder
- 1 teaspoon baking soda
- 2 tablespoons cold coffee
- 3 cups quick oats
- 2 cups rice crispy cereal
- 1 cup coconut
- 1/2 cup nuts (optional)
- 2 cups chocolate bits (optional)

Cream shortening and sugars. Add eggs and beat until fluffy. Sift flour, add baking powder. Dissolve soda in cold coffee. Add dry ingredients to cream mixture alternately with coffee. Beat until ingredients are well blended. Add oats, rice crispy cereal, coconut, and blend into mixture. Roll in small balls and place on greased baking sheet about 2-inches apart. Press flat with fork. Bake at 350 degrees for 12-15 mintues. Makes 100 cookies.

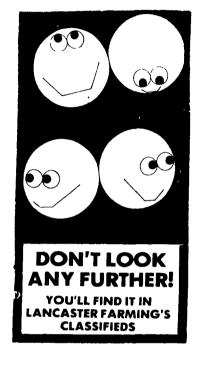


ANSWER — More readers have requested the recently published recipe for Auntie Anne's pretzels. Here's one from our files.

Auntie Anne's Soft Pretzels

- 1¼ cups warm water
- % cup brown sugar
- 1 tablespoon yeast
- 1 teaspoon vanilla
- 2 cups all-purpose flour
- 2 cups bread flour

Mix together ingredients. Roll into pretzel shapes. Place on cookie sheets, let rise 30 minutes. Sprinkle with pretzel salt. Bake at 450 degrees until browned. Dip into melted butter





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