

York Dairy Princess Pageant

Is June 20

JOYCE BUYP

York Co. Correspondent

YORK (York Co.) — Three young women will compete for the title of York County Dairy Princess during the annual pageant planned for Saturday, June 20, at the 4-H Center, beginning at 7:30 p.m.

Competing for the crown and the opportunity to serve as the county's dairy industry spokeswoman for a year are Heather Crowl, Jessica Pomraning and Jessica Yohe. This year's dairy court will also include two candidates for dairy maid, and one each for the positions of dairy miss and li'l dairy miss.

Heather Crowl, 16, is the daughter of Joyce and Ellis Crowl, McCall's Ferry Road, Airville. She is a junior at Red Lion Area High School and active in the school's chapter of the FFA. Heather owns 22 head of Holsteins, Milking Shorthorns and Brown Swiss in the family's Joy-El dairy herd and especially enjoys showing cattle as a 4-H dairy club member. She has been one of York County's Dairy Maids for three years.

Jessica Pomraning, 16, is the daughter of Myron and Teresa Pomraning, Slab Road, Delta. Jessica is a junior at Red Lion Area High School where she is in the marching band, year book staff, and cast member of the school musical. She is also a member of the Airville 4-H community club. The Pomraning family milks 60 head.

Jessica Yohe, 16, is the daughter of Kathy and Jerry Yohe, York. She is a junior at Spring Grove Area High School and member of the track and field teams. Jessica is employed part time at both Hardee's Restaurant and Stump Acres Dairy Farm, where her father works with the 1,200 acre, 100 milking-head operation.

April Daugherty and Janet Yohe are candidates to represent the county's dairy industry as Dairy Maid participants.

April Daugherty is 14 and the daughter of Terry Anne and Phillip Daugherty, Lemon Street, York. An eighth-grader at New Freedom Christian School, April enjoys softball. She helps with the family's herd of dairy cattle and has assisted with dairy promotion programs with her sister, current York Dairy Princess, Amanda Daugherty.

Janet Yohe, 14, is the daughter of Kathy and Jerry Yohe, York. She is a ninth-grade student at Spring Grove Area High School, active in the school orchestra as well as volleyball, basketball and track events. Janet is currently the vice-president of the York Lutheran Youth Organization.

Ten-year-old Amanda Hoover, candidate for Dairy Miss, is the daughter of Rose and Paul Hoover, East Prospect. The Hoover family raises and milks a herd of dairy goats.

Li'l Miss candidate is Amber Thoman, four-year-old daughter of Gail and Gary Thoman, Dunkard Valley Road, Dallastown. Amber has helped with dairy promotions with her mother, coordinator of the York

dairy promotion activities.

The York Dairy Princess and Promotion Committee is inviting the county's dairy producers and related businesses to help with financial support of the

princess program. Contributions may be sent to the York County Dairy Princess Committee, c/o treasurer Gary Thoman, 1886 Dunkard Valley Road, Dallastown, PA 17313.



Vying for the York Dairy Princess title, are, from left, Jessica Yohe, Heather Crowl, and Jessica Pomraning.



York dairy promotion candidates who will participate in the annual pageant include, from left, Amanda Hoover, Dairy Miss candidate, current York County Dairy Princess Amanda Daugherty, Li'l Miss Candidate, and dairy maid candidates, April Daugherty and Janet Yohe.

Publications For Home Care Providers

HERSHEY, Pa. (Dauphin Co.) — With a growing trend toward shorter hospital stays, families are assuming more responsibility for home care. Two new publications are designed to assist families with this often difficult task: "Home Care Guide for Advanced Cancer" and "Home Care Guide for HIV and AIDS."

"These publications are designed to give family members or friends caring for people with serious illnesses the information they need to provide the best and most informed home care possible," said Dr. Peter S. Houts, editor of both books and professor of behavioral science and medicine at Penn State's College of Medicine. "This manual is to be used while working cooperatively with health professionals."

The "Home Care Guide for Advanced Cancer" is for use during the terminal period of care when quality of life, rather than length of life, is the primary purpose for caregiving. Topics include what to do before and

after the moment of death, the grieving process, and supporting younger people as they cope with death and funerals.

The "Home Care Guide for HIV and AIDS" covers such topics as appetite problems, emotional and social stress related to HIV/AIDS, and coping with depression.

"Home Care Guide for Advanced Cancer" has been published on the Internet at the American College of Physicians web site, <http://www.acponline.org>. Viewers can read and download the chapters for free.



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