

Ida's Notebook

by
Ida Risser



This spring I dug my flower garden by hand. Then I planted seeds and waited for them to come up. Only a few were brave enough to show themselves. So, I re-planted, and now I'm waiting again.

The fact that our two young cats run through and play on the

loose ground does not help. Each morning they tumble around in a nearby bed of big daylilies. However, these are large enough to hold their own. A separate bed for calendulas is far enough away to escape their antics.

The larkspur reseeded themselves and another bed is an

ocean of blue with Shasta daisies around the edge. Allen's rosebed is also doing us proud as we have taken several bouquets to luncheons and banquets. So far insects have not chewed on their petals and so they are perfect. We have most every color in the rainbow.

Recently, I had a birthday and was pleased to get phone calls from our children and from friends. One was from a lady that I worked with in an office some 50 years ago. We had traveled together over the United States and into Canada. The pictures that we took have faded as they were some of the first colored photos. Since then the method of developing pictures has been improved.

We spent to weeks on a private train as we traveled to California. Nights were spent

HONESDALE (Wayne Co.) — Between 6.5 and 80 million people suffer from food borne illnesses each year. In 1993, an outbreak of hamburger infected with E. coli 0157:H7 was associated with four deaths and over 500 cases of illness.

At least 41 percent of these outbreaks can be prevented each year with proper time and temperature control in food service operations.

sleeping as we sped west and days were spent seeing the Grand Canyon, Denver, Salt Lake City and San Francisco. On the train with us were farmers from Ohio and it was a congenial group. Memories like these are pleasant.

Sanitation Training

Another 20 percent of these incidents can be eliminated by adequate kitchen sanitation and good personal hygiene of food handlers.

Penn State Cooperative Extension is sponsoring a six-hour food safety and sanitation training for food handlers.

* HACCP-Based inspections

The two-day training will be held at the Penn State Cooperative Extension office in Honesdale on June 22 and 29 from 9 a.m.-noon. Participants must attend both days of training.

For a \$15 registration fee, participants will receive a training manual and video to be used at their worksites. For more information or to make reservations, call Penn State Cooperative Extension at 717-253-5970 ext. 239.

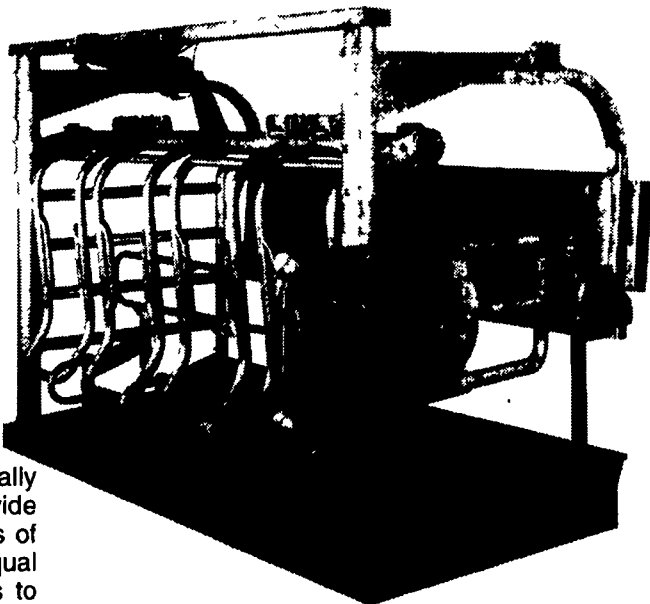


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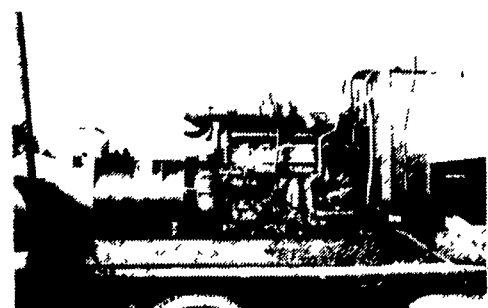
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