

Daview Farm

(Continued from Page B6)

es to raising kids, Teresa said, "Be honest and fair. When folks come to buy stock, be honest all the way through so that others need never worry about being swindled. The best way to teach kids is to have them watch their parents doing business."

Going through the teen years and being heavily involved in dairy promotion leaves no time for getting in trouble.

"We encourage Erica to be in a lot of promotions. The dairy princess promotion is a really good promotion for dairy products," Teresa said.

Dad has also gotten a few emotional rewards from his daughter's involvement in the industry. He said, "When other dairy farmers comment on her speech, it gives me a proud, good feeling."

While Erica and her mom were on the road promoting dairy products, her brothers took care of her chores in the barn.

Erica was part of the team to win the state Dairy Bowl and place second in the division. In 1995, the team won at the national level.

Cats are prolific on the farm. Sixty cats—all named and easily

differentiated by sight. The felines have come to the farm in some unusual ways. One delivery happened when a tractor trailer load of sawdust was delivered to the farm. Two kittens fell off the truck and were immediately adopted by a mother cat.

"We spend lots of time with cats. They are great stress relievers," Teresa said.

Erica collects stuffed cows. Her mother collects other cow paraphernalia.

In her spare time, Erica enjoys, country line dancing, cooking, baking, and reading romance novels.



**Family Living
Focus**
Beth Van Horn
Centre Co.
Extension Agent



What To Do When Food Turns Moldy

Mold tells us better than words when we have kept leftovers too long. Molds are living symbols of spoilage and decay. They work so quickly that it takes a bit of ingenuity to dispose of some foods before molds do.

Molds are actually fungi with thread-like roots that spread below the surface of food. A stalk extends above the surface. Spores at the end of the stalk spread the mold from place to place. They give mold its distinctive color.

Molds generally prefer a warm, humid environment, but, as we all know, some grow very well in refrigerators. Molds

develop more quickly on foods with high sugar or salt content, which is why mold often appears on jams, jellies, and salt-cured meats.

No all molds are bad. Penicillin, a well-known antibiotic, is produced from two molds. Molds also help in the production (especially the flavoring) of some wines and cheeses.

A clean refrigerator can retard mold growth. Now is a good time to thoroughly clean your refrigerator. Toss out old food, and clean the refrigerator walls and racks with a solution of one tablespoon of baking soda dissolved in one quart of warm water. Check the temperature in the refrigerator to make sure it is below 40 degrees Fahrenheit. Always inspect foods before

you buy them. Be especially careful when buying cheese, fresh fruits and vegetables, and bakery products.

Even with the cleanest refrigerator and your best efforts at the supermarket, your food still may be subject to mold growth. If you see mold when you first open a newly purchased package or container and suspect it was there when you bought it, you owe it to the store management to take the product back, or at the very least, call the store. Otherwise, the store's management may never know it has a storage problem.

If you see a bit of mold on hard or firm foods such as hard cheese, firm-type fruits, such as pears, and smoked turkey, it is safe to remove one inch around and below the mold spot with a knife. Take care not to touch the mold with your knife.

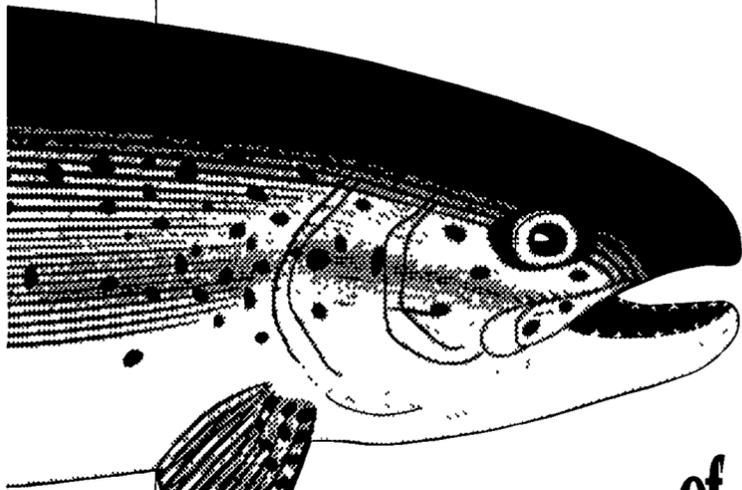
Molds spread quickly on soft foods, such as bread, cake, cottage cheese, and jam. If you see more than a speck of mold growth on these foods, the best advice is to throw them out.

When in doubt about a food's safety, it is best to throw it out. Although we never want to be wasteful with food, it is silly to threaten our health by eating spoiled foods.

Whatever you do, it is best not to taste or even sniff mold. Although it will not cause food poisoning, it can lead to respiratory problems or allergic reactions for sensitive individuals. Source: Colorado Cooperative Extension.

Pennsylvania Streams and Lakes

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LOST STREAM MAP

The STREAM MAP OF PENNSYLVANIA was completed in 1965 after a thirty-year effort by Howard Higbee, a former Penn State Professor.

The map is also known as the LOST STREAM MAP to some anglers.

Professor Higbee succeeded in creating a map of the highest detail possible...a map that shows every stream and lake. He painstakingly plotted by hand, the location of 45,000 miles of streams onto a 3 x 5 foot map.

The map sold extremely well - until it was lost several years later. Incredibly, the printer entrusted with the original drawing and printing plates declared bankrupt, then carelessly hauled Higbee's 30 years of work to the landfill.

The few remaining dog-eared copies became a prized fisherman's possession. Professor Higbee was offered \$400 for one of his last maps. And state agencies were forced to keep their copies under lock and key.

The experts had always told Professor Higbee that reprints were impossible, because the maps were printed in non-photographic blue.

Then, in 1991, at the age of 91, Howard Higbee's dream came true. Computers made it possible to reprint the map. Holding an updated map, Howard said, "I never thought I'd live to see this day."

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