



Past presidents of the state organization include, seated from left, Arlene Witman, Marie Baughman, Martee Mentzer, and Ruth Richards. Standing from left are Dorothy Stricker, Lols Hughes, Edith Diehl, Luella Dupstadt, Naomi Bupp, and Mary Boyd.

Live, Love, Laugh, Learn Dominate Farm Women Rally

LOU ANN GOOD

Lancaster Farming Staff
READING (Berks Co.) — "The City of Reading is the Pretzel Capital of the world," said Ruth Walters, Berks County Farm Women president.

For this reason, the Berks Society of Farm Women, which hosted the annual Pennsylvania Society of Farm Women on Tuesday at the Riveredge Restaurant, thought it appropriate to have as its theme: "Mind, Body, Soul Entertwined Like A Pretzel That Keeps Us Whole." About 600 members of the statewide group met for its annual spring rally.

Dr. Leo Frangipane, surgeon at The Reading Hospital, reinforced the concept that mind and soul have a lot to do with the healing of the body. In his talk, "Live, Love, Laugh, and Learn," Frangipane recounted numerous anecdotes in his work with cancer patients to examine why some survive years longer than expected.

Some of his "secrets to life" include the following:

- Get up every morning and do something you like. You'll get old when you stop doing what you like.
- Bring who you are to your job.

He said this in reference to statistics that show the majority of heart

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Janet Schlegel reviews the book written by Dr. Leo Frangipane, speaker at the rally. Frangipane writes about cancer patients who survive and how attitudes affect healing.



The committee that planned the day's event were made up of women who were previous Berks County presidents of the organization. Seated from left are Janet Schlegel, Lillian Zechman, Catherine Yanos, Mary Fizz, Ruth Walters, Ellen Snyder, Dorothy Strickler, Carolyn Feeg, Wendy Lingle, Fern Phillipy, and Martha Klahr.

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