

Cook's Question

(Continued from Page B8)

ANSWER — Donna Cleveland, Wellsboro, wanted good diabetic dessert recipes. Thanks to Anna Martin, Denver, for sending the following:

No Sugar Cookies

- 2 cups flour
- 1 teaspoon baking soda
- ½ teaspoon salt
- ½ teaspoon cinnamon
- ¼ pound butter, softened
- 1 teaspoon grated orange peel
- 1 large egg
- ½ cup orange juice
- ½ cup apple sauce
- ½ cup walnuts, chopped
- ½ cup dark raisins

Preheat oven to 375 degrees. In large bowl, combine all ingredients and stir until well mixed. Drop by tablespoon about two inches apart onto lightly greased cookie sheet. Bake about 20 minutes or until lightly browned. Remove cookies to rack to cool. Makes 2½ dozen.

Sugarless Apple Pie

- 6 medium apples
- 3 tablespoons corn starch
- 1 tablespoon cinnamon
- 12 ounce can frozen apple juice
- 1 tablespoon butter

Arrange apples in crust. Mix together cornstarch, cinnamon, and apple juice. Stir constantly while bringing to a boil. When it turns clear, remove from heat. Stir in butter. Pour over apples. Cover with top pastry. Place pie plate on a cookie sheet. Bake at 375 degrees for 40 minutes.



Lancaster Society 3

Lancaster Farm Women Society 3 met in January at the home of Mary Hill for great desserts and reading the by-laws. A guest appearance was made by Mary's great granddaughter's snake.

Members held the February meeting at Clara Shakespeare's home for a pound auction to help support the American Heart Association. Members enjoyed great food and fellowship. The next meeting will be at the home of Sonja Moyer, Boyertown.

York Society 26

York County Farm Women #26 met at Yocumtown Church for the March meeting.

11 members were in attendance.

Charlotte Hardy and Mary Lantz were hostesses.

After the luncheon the business meeting was chaired by president Athena Beshore.

A bus trip is planned for September 24 to the Dutch Apple Theatre to see "The Sound of Music."

Members will car pool to the Spring Rally in May.

Donations were given to the Cancer and Heart Funds.

Janet Lahr was sworn in as a new member.

Berks Society 4

The Berks County Society of Farm Women Group 4 met on March 10, at the home of hostess Lottie Hildenbrand, Boyertown.

The program for the evening included health quizzes. How much do you know about heart disease, arthritis the common cold, asthma, diabetes, and osteoporosis. Several members also had their blood pressure checked.

During the business meeting conducted by president Elsie Rottenberger, plans were made for those planning to attend the Spring Rally at River Edge, Reading, on May 12. Those wishing to attend are Mary Fizz, Elsie Rottenberger, Peg Mauer, Lottie Hildenbrand,

Verna Taylor, and Virginia Sloan.

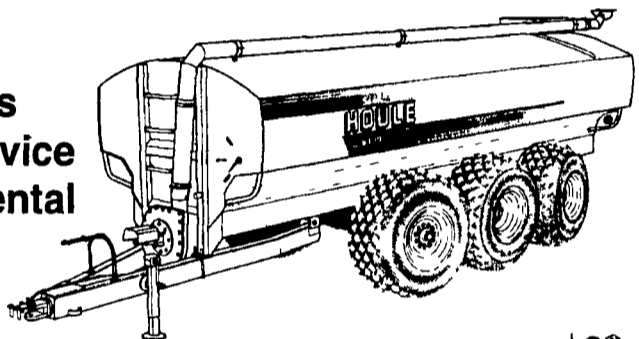
Lottie Hildenbrand was appointed to serve as second vice president and serve on the county convention committee. Members were reminded that Berks Heim Bingo is April 9, and to bring bingo prizes to the April meeting.

Virginia Sloan, Ways and Means committee reported members will be selling Stanley products again. The books will be distributed in April. The tentative date for the yard and bake sale is June 20.

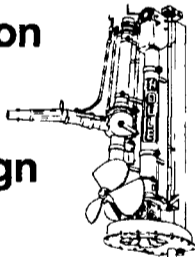
Ferne Kulp reported that flowers were sent in memory of Evelyn Becker, a member who passed away on Feb. 11.

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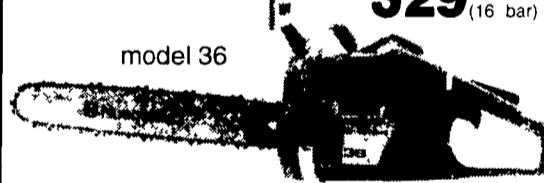
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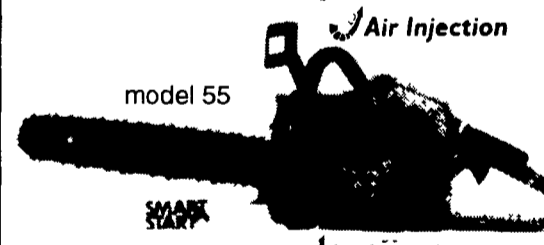


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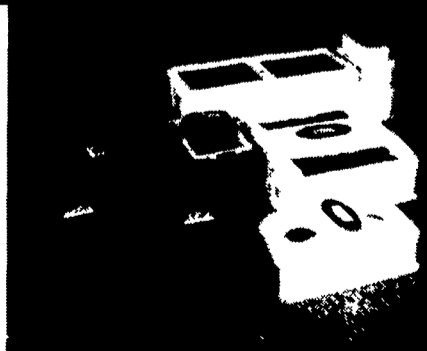
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