

Ida's Notebook

by
Ida Risser



Our peas are beginning to grow. This year I planted four kinds as we usually do in the spring. I've also put in twice as many onions as usual because I could not buy a smaller amount. My husband made almost 100 small newspaper containers to start seeds. The equipment and instructions were a Christmas gift. He shared a lot with our daughter as she and her young son have a garden in New Jersey. He has started so many cabbage and broccoli plants under lights in the basement. And, he won't even eat cooked cabbage. Recently, I gave away some of our cats and kittens. It was hard to part with them as I helped to raise them. But, we

had accumulated too many as they lived in our heated garage. Let's hope they will be happy on their new dairy farm home. They were black, black and white, grey and white and several calico ones. Allen built another blue bird house for a post in our yard. We believe that all three will be occupied as there are many bluebirds in our yard each morning. The other day the pussy willow tree that I ordered arrived. There are two burning bushes to be planted somewhere too. The question is where to put them so that they will have the best chance to grow. So many of the azalea bushes that I've planted have not survived. Maybe they

Slam Dunk At State Basketball Championships

PITTSBURGH (Allegheny Co.) - The Pennsylvania Dairy Promotion Program (PDPP) was asking young fans if they've "got milk?" last month as thousands of high school basketball fans poured into Hershey Park Arena to cheer on their favorite boys and girls basketball teams.

Eight hundred children under age 12 were given free "got milk?" T-shirts, sports nutrition brochures and milk sport drink recipe cards as part of PDPP's sponsorship of the Pennsylvania Interscholastic Athletic Association's (PIAA) state basketball championships. Basketball programs also contained fun puzzles, dairy trivia,

and nutrition information aimed to entice boys and girls to drink more milk.

"We wanted the kids to associate milk with the good nutrition it takes to become a high school state basketball finalist," said Holly Gerke, coordinator of the PDPP and PIAA sponsorship. "The hard work and dedication of high school state champions and dairy farmers is a natural connection for dairy promotion. Good nutrition that includes dairy products is an important part of any athletes regular training program."

PDPP was the underwriting sponsor of the basketball broadcasts shown in media markets throughout Pennsylvania. "Got milk?" commercials appeared at regular time-outs for those viewers who watched the games at home.

Area dairy princesses assisted with the PDPP sponsorship of PIAA by passing out thick milkshakes to children attending the games. These children then had

the opportunity to pose for a free milk mustache picture and receive a plastic cup to remind them to get the calcium they need.

Sports enthusiasts can read about the results of the championships on PIAA's website at www.piaa.org. When moving the cursor over the "got milk?" banner, fans can activate the connection to the MilkPEP website, www.whymilk.com for additional milk and sports nutrition information.

PDPP concluded its sponsorship of the 1997-1998 school year with the basketball championships. They also underwrote the state football championships held in Altoona in December.

PDPP contracts with the American Dairy Association & Dairy Council Mid East to conduct advertising, marketing and nutrition education on behalf of dairy farmers in 33 counties in western and north central Pennsylvania.

are not the kind to live outside over the winter. When I weeded my flower beds this year, I noticed that even some mums have died.

Maybe I'll try cona flowers as they usually live through the winter. Each summer is a surprise in the plant world.

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