

Cook's Question

(Continued from Page B8)

ANSWER — Pam Laubach, Orangeville, wanted a recipe for chewy sugar cookies similar to those sold at malls and a recipe for animal crackers. Here's a recipe from Gloria Sweigart, Manheim.

Rolled Sugar Cookies

Cream together:

- 2 cups sugar
- 1 cup shortening (room temperature)
- 3 eggs
- 2 teaspoons vanilla

Add:

- 5 cups flour
- 4 teaspoons baking powder
- 1 teaspoon baking soda
- 1 teaspoon salt
- 1 cup milk

Mix together well, add enough more flour to make dough thick enough to roll. Roll and cut with cookie cutters or just cut into rectangular pieces. Bake at 375 degrees about 12 minutes.

ANSWER — Carl Schintzel, Rockaway, N.J., wanted a recipe for seasoned rice with cubed pieces of veal. Thanks to Stan Kitchen, Dallas, for sending recipes.

Beef or Veal Round With Rice

- 1 quart hot boiled rice
- 3 tablespoons lard
- 2 dry onions
- 7 green onions
- 2 pounds beef or veal round
- 3 tablespoons flour
- 1 can tomato paste
- Salt and pepper

Trim meat and put in skillet with lard, salt, and pepper. Fry well and when brown, add flour, dry onion, chopped fine, tomato paste; fry a few minutes more than add gradually two cups water. Allow this to cook slowly, adding water until the skillet is almost full of water and then add, after an hour's cooking, green onions, chopped fine. This meat requires about two hours' slow boiling in the gravy. Be sure to add water from time to time to keep skillet almost full, turning the meat over every 15 minutes. The gravy is delicious and should be served with boiled rice.

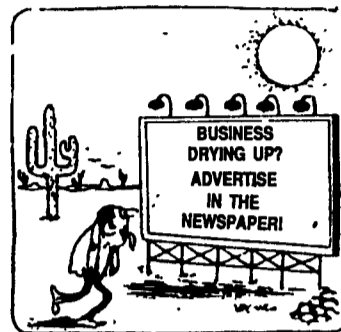
Rice Ragout

- 1 cup rice
- 3 quarts water
- 1 tablespoon salt
- 2 pounds chuck steak or veal, cubed
- 4 cups canned tomatoes
- 1 large onion
- 1 clove garlic
- 10 whole cloves

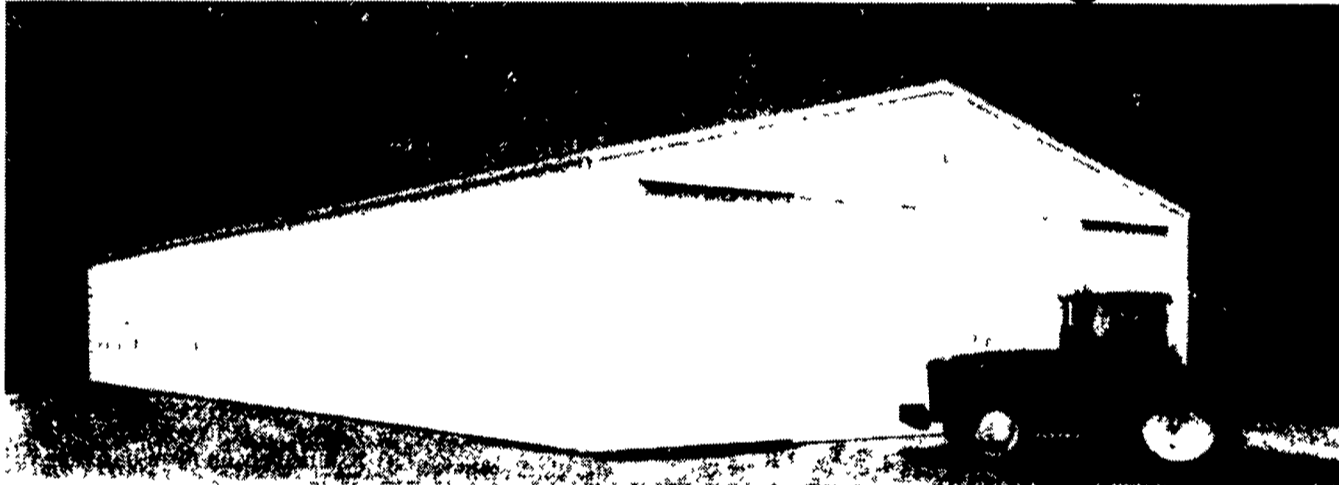
- 2 teaspoons salt
- Pepper

Sear meat cubes in a deep kettle; add tomatoes, onion, garlic, cloves, and salt, and simmer for about two hours or until meat is tender. Remove the clove of garlic and serve at once over hot boiled rice. If you prefer a thick sauce, remove the meat when tender and reduce the liquid about one half. Cook the rice. Serve on a round chop dish with rice heaped in center of dish and meat and gravy around.

6 1-cup servings.



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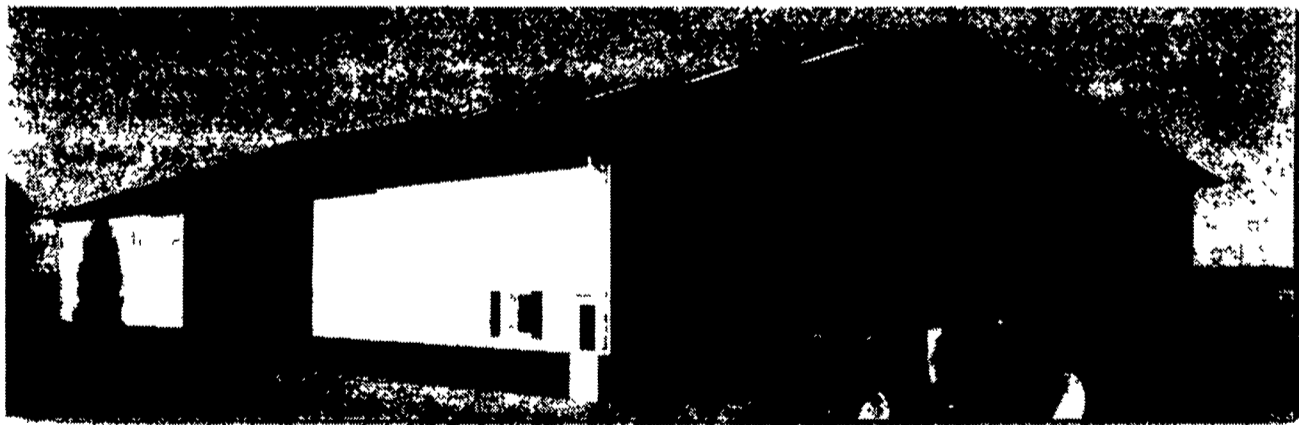


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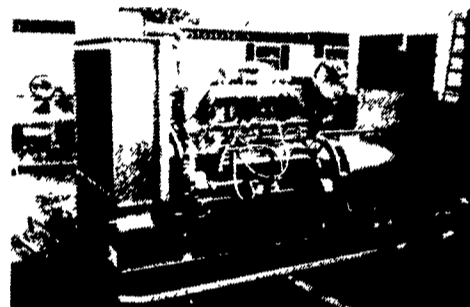
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