



JAN. 26-FEB. 1, 1998

St. Thomas Aquinas, Jan. 28.

FREEDOM DAY!

Let freedom ring!" is the refrain for Black History Month in February. Educator and historian Dr. Carter G. Woodson began the tradition with "Negro History Week" in 1926. He chose February because of the birthdays of Abraham Lincoln (Feb. 12) and Frederick Douglass (Feb. 14). Noted African-Americans who celebrate February birthdays include Rosa Parks (who refused to move to the rear of a segregated bus); all-star Hank Aaron; Pulitzer-prize novelist Alice Walker; Nobel-prize novelist Toni Morrison; opera soprano Leontyne Price; actor Sidney Poitier; Black Panther cofounder Huey Newton; and basketball star Michael "Air" Jordan.



Truth burns up error.

- Sojourner Truth

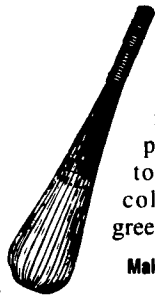
TIP OF THE WEEK

Road salt or woodstove ashes may help your driveway but harm pets' feet. Wash their feet and apply bag balm.

BLACK BEANS AND RICE SALAD

- 1/2 cup long-grain white rice
- 1-1/2 cups canned black beans, drained
- 1/4 cup chopped fresh parsley
- 1/2 medium red onion, chopped
- salt and freshly ground pepper, to taste
- 2 teaspoons olive oil
- 2 tablespoons chicken stock
- 1 teaspoon prepared Dijon-style mustard
- 1 tablespoon lemon juice

Cook rice as usual and rinse to cool, drain. Add beans, parsley, onion, and salt and pepper. Whisk together remaining ingredients and pour over salad, toss well. Serve cold. Serve over greens, if desired.)
Makes 4 small servings.



THE OLD FARMER'S WEATHER PROVERBS



If there is snow on St. Brigit's Day (Feb. 1), the ditches will be filled with rain come spring.

Thunder in February frightens the maple syrup back into the ground.

A February spring is worth nothing.

Of all the months in the year, curse a fair Februeer.

Carlisle Livestock

Carlisle, Pa. January 20, 1998
SLAUGHTER CATTLE: STEERS, NO HIGH CHOICE AND PRIME; CHOICE 1100-1450 LBS. 66.00-68.00; SELECT AND LOW CHOICE 60.00-65.75; SELECT AND CHOICE 1500-1800 LBS. 58.25-67.50; SELECT LIGHT 53.00-59.25.
HOLSTEINS: SELECT 50.00-64.75; COMMERCIAL 40.25-48.00.
HEIFERS: CHOICE 63.75-66.25; SELECT LIGHT 54.00-58.75.
COWS: STRONG DEMAND! BREAKING UTILITY AND COMMERCIAL 38.00-41.00; CUTTER AND BONING UTILITY 34.50-39.50; CANNER AND LOW CUTTER 28.75-34.00; BIG MIDDLE 35.00-37.75; SHELLY 28.00 AND DOWN.
BULLS: HOLSTEINS 1685 LBS. 47.00. FEEDER CATTLE: STEERS 400-900 LBS. 53.00-60.00; HEIFERS 400-900 LBS. 54.00-65.00; CALVES RETURNING TO FARM, ACTIVE! HOLSTEIN BULLS #1 95-130 LBS. 90.00-108.00; HOLSTEIN HEIFERS #1 65.00-80.00; BEEF X BULLS TO 85.00.
SWINE: HOGS US#1-3 220-290 LBS. 34.50-41.00, 200-210 LBS. 31.00-34.00. BOARS: OVER 300 LBS. 16.00.

SOWS: ACTIVE! US#1-3 300-600 LBS. 29.00-43.00; THIN/WEAK/ROUGH TO 27.00; FEEDER PIGS BY THE HEAD, 18-25 LBS. 28.00-29.00, 28-35 LBS. 26.00-30.00.
GOATS: BY THE HEAD, MED. AND LARGE NANNIES AND BILLIES 61.00-115.00, FANCY KIDS 60.00-72.50, SMALL/THIN KIDS 5.00-20.00.
LAMBS: GOOD AND CHOICE 50-60 LBS. 127.50-150.00, 60-80 LBS. 112.00-152.00, 80-130 LBS. 75.00-97.50.
SHEEP: ALL WEIGHTS 38.00-60.00. SALE EVERY TUES. 5:30 P.M. FOR RABBITS, POULTRY AND EGGS, 6:30 P.M. FOR LIVESTOCK, STARTING WITH CALVES.
SPECIAL FED CATTLE SALE TUES., FEB. 3.
SPECIAL FEEDER CATTLE SALE TUES., MARCH 3.
STATE GRADED FEEDER PIG SALES FRIDAY, JAN. 23.
PEN LOTS OF CATTLE SOLD IN ORDER RECEIVED; EARLYBIRD PENS CLOSE TUES. 2 P.M.

Valley Stockyards
Athens, Pa.
January 19, 1998
Report Supplied By Auction
HOLSTEIN HEIFER CALVES TO 107.50.
VEAL CALVES, NONE.
VEALER BULL CALVES TO 117.50.
SLAUGHTER CALVES 34.00 AND DOWN.
LAMBS TO 125.00.
SHEEP TO 42.50.
HOGS, 200-250 LBS., TOP TO 46.00.
SOWS, NONE.
BOARS, NONE.
PIGS EACH 11.00-33.50.
HEIFERS, FAT, TO 48.50.
STEERS, NONE.
STEERS, FEEDER, TO 50.50.
BULLS 33.00-42.00.
COWS, GOOD, TOP 41.00, 32.25-37.50.
COWS, MEDIUM, 27.50-31.75.
COWS, POOR OR SMALL, 26.75 AND DOWN.
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PONIES, NONE.
GOATS 39.00-98.00.

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Coming—Mon. Feb. 16th through Sat. Feb. 21, 1998