

# Cookbook Available At Grange Farm Show Booth

HARRISBURG (Dauphin Co.) - For 125 years, the members of the Pennsylvania State Grange have fulfilled the mission of making Pennsylvania a better place to live through community service work and participation in legislative affairs at the local, county, state, and federal levels.

During that time, individuals who have purchased Grange cookbooks have helped Grangers accomplish that mission.

Now, as the Grange cele-

brates its anniversary in 1998, the organization has released a new cookbook to commemorate the occasion. Grange cookbooks will be available at the Grange's Farm Show booth, located in the Main Exhibit Building near the Maclay Street entrance.

"The accomplishments of the Grange speak for themselves," James C. Mentzer, public relations director of the Pennsylvania State Grange, said, "as do the recipes that fill our cookbooks. Pennsylvania

State Grange cookbooks are truly legendary in many kitchens around the world."

A hallmark of Grange cookbooks is their versatility.

"A cook has a complete menu in this cookbook," Becky Michalka, women's activities director, said. "From the first course to the last, the possibilities are endless. No matter your taste, you will find a recipe to satisfy your sweet tooth or please your palate."

Michalka said the anniversary cookbook recipes have also passed the test of time.

"These are recipes that are made in Grange member's kitchens and tested by Grange families," Michalka said. "And, the recipes in this cookbook contain ingredients that are typically found in most homes."

The anniversary cookbook is also very accessible and educational.

"Alphabetized sections from A to Z, a table of contents and an index make this 488-page cookbook ideal for cooks who are on the go," Michalka said. "We also included four pages of information relevant to people who are concerned about leading a healthy lifestyle, and to raise awareness among those who may not be as concerned about their health, but should be."

Michalka said there is a section dedicated to saturated fats and oils, a cholesterol content chart, which includes information about total fat in grams,

and definitions of food labeling terminology.

The Grange has four other cookbooks and each is quite successful.

The 1984 (red) edition, and the 1972 (white), were recently reprinted due to customer demand. Other Grange cookbooks, include: the 1925 green hardbound, which sells for \$9; and the 1992 green softbound. Grange cookbooks, except the 1925 edition, sell for \$13 each. There is also a \$3 shipping/handling charge on all books.

They can be ordered by sending the appropriate funds to the Pennsylvania State Grange, 1604 N. Second St., Harrisburg, PA 17102, or by contacting a local Grange member. For more information, call the state office in Harrisburg at 1-800-552-3865. The Pennsylvania State Grange has over 30,000 members and is a rural, agricultural and community service organization dedicated to improving the lives of Pennsylvanians.



## Berks Society 4

The Society of Farm Women, Berks Co. #4 held their annual Christmas party on Dec. 9 at the home of our hostess Mary Fizz, Boyertown. During the social hour members exchanged Christmas gifts, enjoyed Christmas carols play on the organ by Mary Fizz, and took a quiz about other lesser known holidays in November and December. Most members did not do very well.

During the business meeting conducted by President Elsie Rothenberger, the Ways and

Means Committee reported a profit of \$81.40 from Stanley Products sales. The Sunshine Committee had Christmas cards to be signed to be sent to members, Evelyn Becker, Manor Care Nursing Home, Pottstown, and Marguerite Rush, Boyertown. Georgeanna Fullerton will be getting a gift for her grandson who is in the hospital.

Christmas cookie trays for shut-

ins will be distributed by individual members. Virginia Taylor-Sloan purchased and delivered the gift items for Berks Heim Santa's Corner.

The State Convention is January 12 at the Foun, Harrisburg. Mary Fizz, Virginia Taylor-Sloan, and Verna Taylor plan to attend. The next meeting will be at the home of Ferne Kulp, Boyertown.

## Lancaster Society 20

Lancaster Farm Women No. 20 met at the home of Mary Wimer with Marion Hastings as co-hostess on Thursday, December 4. Following the brunch, the scripture was read by Marion who read the Christmas story taken from Luke. All joined the praying the Lord's Prayer and repeating the Pledge of Allegiance.

In answer to the Roll Call, the 17 members present stated what they want for Christmas. Dorothy Crawford reported six cards had been sent.

Caroline Mettles gave a very interesting talk about the Hans Herr House stating Hans Herr came over to this country with his father in 1710.

The president stated this will be the last year to have the Christmas Party at the Fire Hall due to the steps. Also, beginning in January the monthly meetings will be held at 1 o'clock in the afternoon instead of 10 a.m. The meeting closed by singing "Brighten the Corner." to meet in January with Dorothy Eckman with Helen Tout as co-hostess.

## Tracy Family

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plays on the defensive end and has had lots of playing time this season. For the past three years, Ryan has also participated in the school's Lacrosse team and works with a local landscaping business.

John also plays soccer and lacrosse. But his most outstanding accomplishment was participating in Odyssey of the Mind. Schools hand-pick highly motivated and gifted students to participate in the event. John's team won state and regional competitions and went on to represent the state of Pennsylvania in world competition.

"It was like a mini-olympics. Team members wear identical T-shirts and caps and need to solve problems by using creative solutions. This year, the world Odyssey of the Mind was held at the

University of Maryland. John's team was given \$100 to make a car and trailer. They spent one night a week working on the project from November through March.

Projects are judged on creative solving, engineering, and presentation. In addition, at the world competition, members were given a spontaneous problem to solve. The team place 13th out of 64 teams.

All three of the brothers were or are in the school's gifted program, on the school's honor roll, and all are artistic. John likes to draw cartoons and puts surprising twists on them. Ryan sketches outdoors scenes and computer assisted architectural drawing.

The Tracys also raise beef cattle and Shorthorns on their farm, but do not show them.



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