

Rodgers Named Cooperative Extension Director

UNIVERSITY PARK (Centre Co.) — Dr. Michelle S. Rodgers has been appointed director of Penn State Cooperative Extension and Outreach for the Capital Region, effective immediately.

As regional director, Rodgers will provide programmatic and administrative leadership for co-

operative extension and coordination for university outreach programs in the region's seven counties: Adams, Cumberland, Dauphin, Franklin, Lancaster, Lebanon, and York.

"The Capital Region, which encompasses Pennsylvania's agricultural bread basket as well as

several urban centers, faces a unique set of issues," Rodgers says.

"With receipts totaling more than \$2.5 billion, agriculture is the leading industry in the region," she explains. "The size of this industry means that there is intense demand for educational program-

ming to help agricultural producers maintain cutting edge management and production skills and stay competitive in today's global economy.

"At the same time, these counties are home to more than 1.5 million people who have diverse program needs in youth development, family relationships and community development," she adds. "I hope to foster extension education efforts that will focus on these issues in a balanced way."

After receiving her B.S. in home economics education from Indiana University of Pennsylvania in 1980, Rodgers spent about nine years as a Penn State Cooperative Extension home economics agent in Lancaster and Berks counties. From 1989 until her appointment as regional director, she served a combined eight years as assistant to the regional directors of the Capital and Southeast regions. In that capacity, she assisted in staff development, program planning and development, budgeting and personnel matters. From July 1994 to April 1995, she was interim regional director for the Capital Region.

Rodgers received her M.S. in rural sociology in 1988 and her Ph.D. in agricultural education with a minor in public administration in 1997, both from Penn State. She is a member of numerous professional organizations



Dr. Michelle Rodgers and has received several national and regional awards and honors, including a National Extension Leadership Development internship in 1996-97.

A resident of Akron, Rodgers will be based at the Capital Region cooperative extension office at Penn State Harrisburg.

The Capital Region was one of eight restructured regions created as part of an overall effort to enhance cooperative extension and engage the entire university in a broadened outreach effort. Cooperative extension, with offices in each of Pennsylvania's 67 counties, transfers research-based information to Pennsylvania's citizens through non-formal educational programs designed to meet locally identified needs.

GOOD FOOD INC.



Processors Of Syrups, Molasses, Cooking Oils, Funnel Cake Mix, Pancake & Waffle Mix & Shoofly Pie Mix

See Our Original Line Of Golden Barrel Product Plus All Kinds Of Beans, Candies, Dried Fruit, Snack Mix, Etc. At Reduced Prices

If your local store does not have it...
SEND FOR FREE BROCHURE

GOOD FOOD INC.
W. Main St. Box 160
Honey Brook, PA 19344
610-273-3776
1-800-327-4406

GOOD FOOD OUTLET
3614 Old Philadelphia Pike
Intercourse, PA 17534
(Just east of Kitchen Kettle Village)

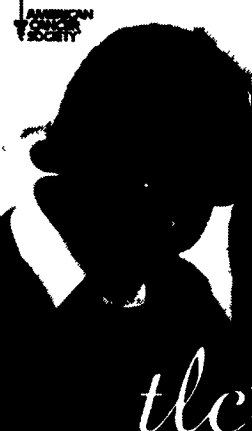
L&S SWEETENERS
388 E. Main St.
Leola Pa 17540
717-656-3486
1-800-633-2676





Accepted • We Ship UPS Daily

FOR WOMEN



Tender Loving Care

(NAPS)—The American Cancer Society is providing cancer survivors with a special kind of "tlc". This free, nonprofit magazine/catalogue offers hard-to-find products for women with treatment-related hair loss as well as longtime survivors.

For a free copy of "tlc," call 1-800-850-9445. Service representatives are available 24 hours a day, seven days a week to help with fitting issues, Medicare reimbursement and other related questions

UNCLAIMED FREIGHT CO. AND LIQUIDATION SALES INC.

Clip This Valuable Coupon

RECLINER



Reg. Ret. \$389.95
OUR CASH PRICE \$129.95

WITH COUPON \$89.88



Sectional Closeout

Reg Ret \$1689.95
CASH PRICE \$599.95

Take an additional \$50.00 Off With Coupon



CATNAPPER Lounger

Reg Ret \$849.95
Dealer Refusal **YOU PAY \$249.04**

Under Wholesale Can't Beat! 200 to Sell Won't Last!

CLAIM YOUR BARGAIN

FREE SET OF 6 SOUP MUGS

\$50 Retail Value
With Basset or Serta bedding purchase only We Absolutely Have the Best Prices on Bedding

Clip This Valuable Coupon

TWIN/DOUBLE FUTON BUNK BED



Trailer Load • Dealer Refusal with 8' Futon Mattress

Reg Ret \$899.95
Reg Low Price \$329.95
SPECIAL CASH PRICE \$279.95

BASSETT MATTRESS & BOX SPRING

	Reg Ret	OUR CASH PRICE	SPECIAL
Single	\$589.95	\$259.95	\$129.95
Double	\$729.95	\$309.95	\$159.95
Queen	\$859.95	\$399.95	\$219.95
King	\$1099.95	\$519.95	\$279.95

Clip This Valuable Coupon

4 DRAWER CHEST



Pine Finish and Brass Hardware
Reg. Ret \$149.95
OUR CASH PRICE \$69.95

WITH COUPON \$39.04

SERTA MATTRESS & BOX SPRING

	Reg Ret	OUR CASH PRICE
SINGLE	\$609.95	\$149.95
DOUBLE	\$719.95	\$189.95
QUEEN	\$809.95	\$249.95
KING	\$1129.95	\$299.95

PRICES INCLUDE BOTH PIECES

BIG SELECTION OF WOOD & METAL BUNK BEDS HUNDREDS OF OTHER ITEMS!

3019 Hempland Road, Lancaster 397-6241

We are a five store chain not affiliated with any other stores.
Stores in: LANCASTER • YORK • CARLISLE, PA
LANCASTER STORE HOURS: Mon.-Fri. 9-9 • Sat. 9-6 • Sun. Noon-5

- No Refunds
- No Exchanges For purchases with a check, bring FINANCING
- No Exchanges drivers license and phone numbers AVAILABLE
- Cash & Carry

Not responsible for typographical errors. We reserve the right to substitute gift items

Ida's Notebook

by
Ida Risser



Our oldest daughter has a birthday this first week in December. If I write about her, I know that I cannot do justice to her and all of her activities.

She always was an independent child and when she started school she happily skipped to the bus leaving me feeling sad and forsaken.

In sixth grade she ran the school library as there was no librarian that year. She was easily able to do school work and tend the library. As I remember, she was second in a class of several hundred when she graduated from high school.

Her exuberance really showed the day she came into the kitchen with a letter from Alfred University in New York state telling her that she had a full scholarship. They paid everything during her four years while she earned her B.S. degree and also an R.N. degree. From the time that she was five years old, she intended to be a nurse. After graduation she worked in Rochester for a year and then traveled to Seattle to get a master's degree in medical and surgical nursing. She had a house along Lake Washington and owned a sailboat. We visited her several times as she lived there and raised a family in the next 20 years. Due to her husband's work, they moved several times.

Now that she lives in New Jersey she has been on several na-

tional committees as she is a nurse practitioner and sees patients all day. She traveled to Washington, D.C. to help write the tests for other nurse practitioners. And, she also writes for a Nurse Practitioner magazine by condensing articles pertaining to the nursing profession. This summer when our family was in the mountains, she had a two-hour telephone conference as a group planned the rules for treating asthma.

She has come a long way from the little girl who lived on a dairy farm and fed the calves.