

# Cook's Question

(Continued from Page B8)

**ANSWER** — Linda Bupp, Westminster, Md., wanted a recipe for a no sugar angel food cake. Thanks to Betty Light, Lebanon, for sending one.

## Chocolate Angel Food Cake

½ cup cocoa  
1 cup cake flour  
1½ cups granulated fructose  
1½ cups egg whites  
¼ teaspoon salt  
1½ teaspoon cream of tartar  
1 teaspoon vanilla extract  
¼ teaspoon almond extract  
Preheat oven to 325 degrees. Grease 10-inch tube pan. Sift cocoa, cake flour and ¼ cup fructose together four times; set aside.

Beat egg whites with salt until foamy. Sprinkle cream of tartar over egg whites, beat until stiff but not dry.

Fold in remaining fructose, 1 tablespoon at a time. Fold in vanilla and almond extracts. Fold in dry ingredients a little at a time. Pour into a greased 10-inch tube pan. Bake for 60 to 70 minutes.

Variation: For regular angel food cake, eliminate the cocoa.

**ANSWER** — Jane Freed, Perkasio, wanted a recipe for custard pumpkin pie. Thanks to Leah Fisher, Intercourse, for sending the following answer, which makes five 9-inch pies. Also, a pumpkin custard pie from Jean Wissler, New Holland, appears on page B6.

## Pumpkin Pie

3 cups pumpkin sauce  
2 quarts milk, heated to almost boiling  
1½ cups sugar  
1½ cups brown sugar  
1 teaspoon salt  
1 teaspoon cinnamon  
¼ cup flour  
10 eggs, well beaten  
Drain cooked pumpkin well before beating or putting

through a food processor until smooth.

Mix together dry ingredients. Add pumpkin and dry mixture. Add hot milk and eggs. Beat. Bake at 400 degrees for 10 minutes. Reduce oven heat to 350 degrees and bake 30 minutes.

**ANSWER** — A New Jersey reader had lost her recipe for a wonderful muffin that contained carrots, apples, raisins, etc. Thanks to Nancy Kramer, Newmans town, for sending a recipe.

## Morning Glory Muffins

2 cups white flour  
2 cups whole wheat flour  
2 cups sugar  
4 teaspoons baking soda  
2 teaspoons cinnamon  
¼ teaspoon cloves  
Combine above ingredients. Add the following and mix well:

4 cups apples, peeled, shredded  
1 cup carrot, shredded  
1 cup coconut  
1 cup raisins  
1 cup chopped nuts  
Add the following and stir until moistened:  
1½ cups oil  
½ cup milk  
4 teaspoons vanilla  
3 eggs, beaten

Line 36 muffin cups with paper liners. Fill cups ¾ full. Bake at 350 degrees for 20-25 minutes or until toothpick inserted in center comes out clean.

# Farm Women Societies

## Berks Society 4

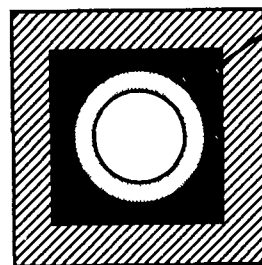
The Berks County Society of Farm Women Group 4 met on Sept. 2, at the home of Elsie Rothenberger, Boyertown, for a "come as you are" meeting.

During the business meeting, plans were made for seven members to attend the county convention. Attending are Elsie Rothenberger, Mary Fizz, Feme Kulp, Lottie Hildenbrand, Geroganna Fullerton, Virginia Taylor Sloan, and Verna Taylor.

During the social hour, a secret pound auction was held with Lottie Hildenbrand acting as auctioneer.

The Ways and Means Committee distributed Stanley catalogs and will take orders until the next meeting, which will be held at Woodside Villa, Bectlesville. Members will celebrate an "Everybody's Birthday Celebration." All members should bring a \$5 gift to be exchanged.

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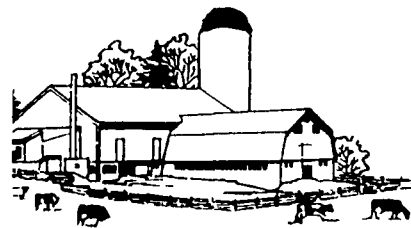
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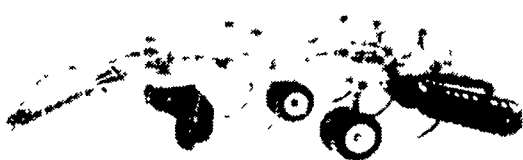
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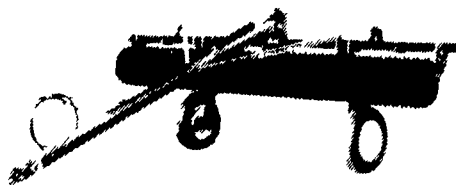
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