



Ten participants from the Ohio State University Extension meet with EFNEP advisers from York, Lancaster, Franklin, and Dauphin counties to exchange

ideas of what works and what doesn't in the EFNEP outreach.

Nutrition Advisers Exchange Effective Methods

LOU ANN GOOD
Lancaster Farming Staff
LANCASTER (Lancaster Co.)
—Game shows, a mop, and empty food containers sound like a strange combination.

But these are a few of the items that Susan Fisher calls creative teaching techniques.

Fisher is supervising extension

agent for Lancaster and surrounding counties' Expanded Food and Nutrition Education Program (EFNEP).

EFNEP's purpose is to teach cooking, meal planning, wise food buying, storage, and preservation to families on a limited budget.

In an effort to find new ideas and concepts for teaching, 10 nutrition

advisers from the Ohio State University Extension Service meet with EFNEP advisers from York, Lancaster, Franklin, and Dauphin counties to exchange ideas of what works and what doesn't in the EFNEP outreach.

Much of the curriculum used has been devised by the advisers who teach the classes. The exchange

offered time for the advisers to share what has worked for them.

The two-day meeting was filled with sharing information and hands-on learning. Dominating the exchange were comments such as "we could do that," "that is so neat," and "let's try that."

"I'm so excited about all the things we have learned," said Meri

Lynn Klingensmith, EFNEP adviser from Ohio.

Pennsylvanians felt the same way.

"The exchange really sparked enthusiasm in me," said Brenda Stallman, a Lancaster-based EFNEP adviser who has taught EFNEP classes for six years at Bar-

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