

(Continued from Page B15)

ANSWER — Peggy Miller of Leesport has a surplus of goat milk and wanted recipes, formulas, and any other ideas for using the excess milk. Thanks to Linda Martin, Lititz, who sent this recipe and also several food recipes for using excess milk. Look for the food recipes in the "Cook's Question" section.

Goat Milk Soap

3 pints cold goat milk
 1 can lye
 5 pounds lard
 4 tablespoons Borax
 1 dram scented oil without alcohol
 2 cups ground oatmeal
 2 ounces glycerine
 Mix lye into milk by sprinkling slowly over a 30-minute time period. Have bowl on a pot holder as the mixture will become very hot. The mixture will turn orange. Cool to 85 degrees.

Warm lard to 85 degrees. Mix lard and all other ingredients gradually, stirring slowly.

Oatmeal can be ground in a blender until powdered. Separate with a flour sifter and measure.

Pour soap into a lined box. Allow to set 24 hours before cutting into bars. Keep soap covered with a cloth. The soap must cure three weeks before wrapping. Aging is very important.

Soon after the soap is made, there is still free lye in it, so be careful when handling. When lye and fat are brought together under the right conditions, they react to make soap. This process is called saponification.

Be sure to use only stainless steel or glass bowls and a wooden spoon when making the soap.

Mother's Day Surprise

Surprise your mother, wife or grandmother by sending one of her recipes that you enjoy. Include a few sentences about her and a picture if you have one. Submissions will be printed in the May 10th issue, but must be received in our office by May 3. Send to Lancaster Farming Attention: Lou Ann Good, P.O. Box 609, Ephrata, PA 17522.

ANSWER — Bette Ann Bleam, Green Lane, wanted directions for making wreaths from rope-style baling twine. Thanks to Brenda Oberholtzer, Nottingham, for sending the following instructions.

Baler-Twine Wreaths

Large Braid: Cut 12 lengths of 92-inch twine. Tie ends together on one end with a twister. Repeat 2 more times so that you have three groups of 12. Put three groups together and tie one end with an 8-inch piece of twine and braid them together (not too tightly). Tie other end. Lay a brick on end to hold while braiding.

Small braid: Do exactly the same as the large braid except cut 82-inch lengths.

Small wrapping braid: Cut 9 lengths of 60-inch twine. Tie one end together with a 6-inch piece of twine and braid tightly. Tie other end together with a 6-inch piece of twine. Lay large braid on outside of 15-inch wire frame, overlapping at bottom.

Lay small braid on inside of frame, overlapping ends at bottom.

Take small wrapping braid and wrap completely around both braids and wire at the bottom tucking ends in back.

Turn wreath over and with a 2-yard piece of jute or heavy string and a large-eye needle, sew both braids to the wire frame taking large stitches. Remove holding ties and unravel ends of braids and trim to about 8-inches.

Add dried materials desired, gluing them into the twine.

Shake The Salt Habit

LANCASTER (Lancaster Co.) — Learn how to choose a diet moderate in salt and sodium at the Shake the Salt Habit workshop held at the Farm and Home Center. Taught by Nancy Wiker, family living agent, the free workshop will teach how to identify sources of salt and sodium in the diet, tips on reducing salt, alternatives for seasoning foods, and how to modify recipes.

The workshop is offered twice on May 1, from 10-11:30 a.m., and from 7-8:30 p.m.

Register by sending your name and address to Extension Training Center, Farm and Home Center, 1383 Arcadia Rd., Lancaster, PA 17601-3184 or call (717) 394-6851.

Represent #1 Industry

KITTANNING (Armstrong Co.) — Become part of Pennsylvania's Number 1 agricultural industry — the dairy industry.

The Armstrong County Dairy Promotion Committee is accepting applications for dairy prince, princess, and ambassadors.

Motivated, dairy-related single persons between 13-24 years of age are needed to promote the local dairy industry. No experience is necessary. Training will be provided.

For an application or more information, call one of the following before April 30: Marlene or Janet Freehling (412) 548-5220; Willetta Beers (412) 545-6419; Betty or Anna Calhoun (814) 257-8846.

Video Report

The Two Thousand Mile Harvest with Dylan Winter is the video story of the men and machines that follow the ripening grain from south to north. Every year ten of the world's largest combines follow the cereal harvest of North America. Writer and broadcaster Dylan Winter joins the team for the five-month journey from Texas over the heartland of the United States to Lethbridge in Alberta, Canada. The Payne family and their crew of eighteen show

what life on the road is like through their working days—coordinating moves from site to site, coping with machinery on a grand scale, progressing with humour and ingenuity through the unpredictable and evocative Midwestern landscape.

Dylan's unconventional approach interprets this unique annual event as the ultimate Harvester's road movie. For more information or to purchase contact Diamond Farm Enterprises, Box 537, Alexandria Bay, New York, 13607. Phone: (613) 475 1771.

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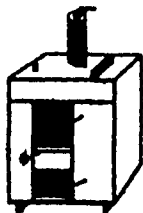
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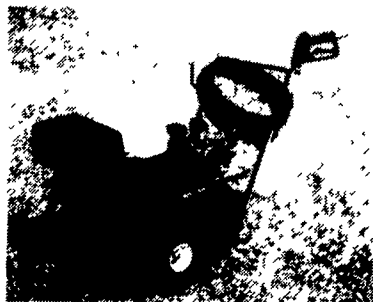


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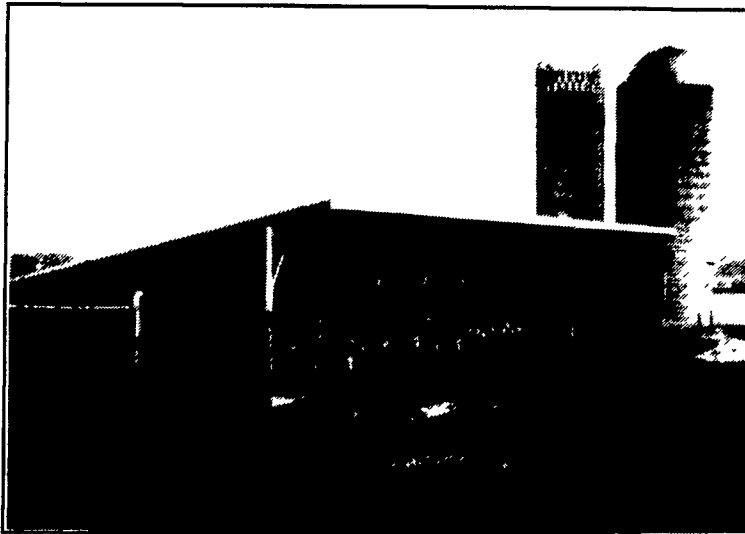
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